

**B14 ASUO COURSE GUIDE**

**DESCRIPTION:** Bowling score could be better? Want to polish your technique? This class offers you the opportunity to refine techniques and bowling style through league play. Individual attention is offered for personal bowling skill development.

**PE-I 253 RACQUETBALL II (1)**

**AVERAGE CLASS SIZE:** 22  
**PREREQUISITES:** RACQUETBALL I or equivalent  
**SPECIAL FEES:** \$20.00  
**DESCRIPTION:** Tired of spending hours on the phone trying to lineup a racquetball game? Look no further! Racquetball II will provide you with the opportunity to enlarge upon your present skills, refine technique and utilize game strategies.

**PE-I 255 TENNIS II (1)**

**AVERAGE CLASS SIZE:** 24  
**PREREQUISITES:** TENNIS I or equivalent  
**SPECIAL FEES:** \$20.00  
**DESCRIPTION:** By popular demand, Tennis became an activity for the "masses as well as the classes." If your basic strokes, backhand, forehand, and serves, are solid, accept the challenge of learning new strokes and strategies through game playing.

**PE-I 353 RACQUETBALL (1)**

**AVERAGE CLASS SIZE:** 24  
**PREREQUISITES:** RACQUETBALL II or equivalent  
**SPECIAL FEES:** \$20.00  
**DESCRIPTION:** Just when you thought you had learned it all, you discovered Racquetball III! Practice advanced level skills and strategies. Improve your play as a result of game analysis. Apply your knowledge and ability to class tournament play. A valuable experience for the advanced player.

**PE-I 355 TENNIS III (1)**

**AVERAGE CLASS SIZE:** 24  
**PREREQUISITES:** TENNIS II or equivalent  
**SPECIAL FEES:** \$20.00  
**DESCRIPTION:** Do the terms Wimbledon, Forest Hills, and French Open motivate your untapped tennis ambitions and aggressions? Tennis III is designed to teach you competitive skills and attitudes. You will learn drop volleys, serves that twist, deceptive approach shots and all the advanced strategies to make them successful. Be ready for the next singles or doubles tournament. Come to the court and put your game to the test-sign up for Tennis III!

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## Outdoor Pursuits

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**PE-O 167 WILDERNESS SURVIVAL (1)**  
Blanchard, 172 GRX

**MEETS:** 14:30-16:20 M and 19:00-20:50 U  
**FORMAT:** Lecture/Outing

**AVERAGE CLASS SIZE:** 45  
**WEEKLY READING:** 30 Pages  
**EVALUATION:** 10%-Homework; 50%-Attendance; 40%-Final  
**READINGS:** Harp, WALKING SOFTLY IN THE WILDERNESS

**DESCRIPTION:** Wilderness Survival is a generalized course designed to prepare students for participation in the Outdoor Pursuits classes. The topics include a wide range of safety and environmental issues, such as hazards, survival, outdoor first aid, search and rescue, map and compass use, and minimal impact travel. The course consists of eight lectures supplemented by slide shows and other media, plus a one day outing.

**COMMENTS:** The course is required as a pre- or co-requisite to most of the wilderness and backcountry outdoor pursuits classes, and is recommended for all participants in the outdoor classes.

**PE-O 177 RIDING I (1)**

**AVERAGE CLASS SIZE:** 12  
**SPECIAL FEES:** \$90.00  
**DESCRIPTION:** Enjoy an Eastern tradition in the West-- Horseback Riding. Designed for the novice or inexperienced rider, level I teaches balance seat riding using both bareback and English saddle.

**PE-O 178 JUMPING I (1)**

**AVERAGE CLASS SIZE:** 12  
**PREREQUISITES:** Riding ability  
**SPECIAL FEES:** \$100.00  
**DESCRIPTION:** Experienced riders, sharpen up on posting and cantering, and then be introduced to jumping. Emphasis is placed on a safe, non-abusive position over low single and double fences and cavalletti.

**PE-O 180 XC SKIING I (1)**  
Douthit, 180 ESL

**MEETS:** 15:30 U (5 classes)  
**FORMAT:** Lecture/Discussion/Outing  
**AVERAGE CLASS SIZE:** 20  
**SPECIAL FEES:** \$38.00  
**EVALUATION:** 10%-Fitness; 15%-Gear and Clothing; 20%-Skills; 35%-Attendance; 20%-Final  
**DESCRIPTION:** This is a course for beginners, emphasizing introductory cross country ski techniques on groomed trails and gentle slopes at one or more developed ski areas.  
**COMMENTS:** Students with an interest in back-country or wilderness skiing may want to consider the Ski-Touring Preparation and Ski-Touring I classes.

**PE-O 181 SKI TOURING PREPARATION (1)**  
Strong, 172 GRX

**MEETS:** 19:00-21:50 M (Starts Jan. 12) 107 ESL  
**FORMAT:** Lecture/Discussion  
**AVERAGE CLASS SIZE:** 20  
**WEEKLY READING:** 20 Pages  
**PREREQUISITES:** WILDERNESS SURVIVAL- may be taken concurrently  
**SPECIAL FEES:** \$20.00  
**EVALUATION:** 50%-Attendance; 20%-Ski Touring worksheet; 30%-Final  
**READINGS:** Packet  
**DESCRIPTION:** This is a course designed to prepare students for participation in the Ski Touring I and/or Ski Touring II outings. Topics include conditioning,

selection and use of equipment, avalanche awareness and hazards, waxing, thermoregulation and clothing, cold related injuries, trip planning, and preparation.

**PE-C 182 SKI I (1)**  
Strong, 172 GRX

**MEETS:** 5:30-19:00 H (8 Weeks)  
**FORMAT:** All day outings  
**AVERAGE CLASS SIZE:** 120  
**SPECIAL FEES:** \$200.00-220.00  
**EVALUATION:** 20%-Skills; 80%-Attendance  
**DESCRIPTION:** This course is taught on a contractual basis by one or more local ski areas. Students are transported in large "bus tour" type buses and have one, 1 1/2 hour lesson per day. The fee for the program includes transportation, lessons, and lift tickets. Some areas include rentals at no additional cost. Prices will be posted at Registration.

**PE-O 184 SNOW CAMPING PREPARATION (1)**  
Strong, 172 GRX

**MEETS:** 19:00-20:50 every W Beginning Jan. 7, 105 ESL  
**FORMAT:** Lecture/Discussion  
**AVERAGE CLASS SIZE:** 20  
**WEEKLY READING:** 20 Pages  
**PREREQUISITES:** Wilderness Survival/Backpacking Preparation and Backpacking I outing.  
**SPECIAL FEES:** \$20.00  
**READINGS:** Packet  
**DESCRIPTION:** This course prepares students for participation in the snow camping outing. Topics include planning and preparation, clothing and equipment, places to go, route selection and evaluation, avalanches and snow hazards, survival, snow shelter construction (snow caves, kilooks, and quinzees), and techniques for staying comfortable in a cold environment.

**PEO 277 RIDING II (1)**

**AVERAGE CLASS SIZE:** 12  
**PREREQUISITES:** RIDING I or equivalent  
**SPECIAL FEES:** \$90.00  
**DESCRIPTION:** Arena riding offers opportunity to develop skills of controlling the large posting trot, and cantering before you trail the countrysides of Eugene. Gymkana techniques and games offer fun challenges for every rider.

**PE-O 278 JUMPING II (1)**

**AVERAGE CLASS SIZE:** 12  
**PREREQUISITES:** JUMPING I or equivalent  
**SPECIAL FEES:** \$100.00  
**DESCRIPTION:** Review and sharpen your jumping basics in the riding arena and then be ready to hit the trail. Learn jumping on a cross-country course of 6-8 miles in length, with all natural obstacles.

**PE-O 280 XC SKIING II (1)**  
Blanchard, 172 GRX

**MEETS:** 16:30 U (3 classes)  
**FORMAT:** Lecture/Discussion/Outing  
**AVERAGE CLASS SIZE:** 18  
**PREREQUISITES:** Sound Beginning XC or Ski-Touring skills, or substantial downhill skiing