

MEETS: 12:30 H, 204 SC 1
 FORMAT: Seminar
 WEEKLY READING: 2 Chapters
 EVALUATION: 50%-Attendance; 50%-Presentation
 READINGS: On reserve
 DESCRIPTION: Discussion will be on the chemical and theoretical basis for the origin of life. Discussion will include: chemical environment of early life, self replicating systems, contemporary models for precursor formation, and experimental evidence.

BI 523 PRINCIPLES OF MICROSCOPIC TECHNIQUE (4)
 Wimber, 488 SC 1

MEETS: 8:30-12:20 UH, 65 SC 2
 FORMAT: Lecture/Lab
 AVERAGE CLASS SIZE: 12
 WEEKLY READING: 1 chapter
 READINGS: Humason, ANIMAL TISSUE TECHNIQUES
 DESCRIPTION: Techniques are covered for preparing biological materials for viewing with the light microscope. This includes fixation, dehydration, infiltration, embedding, sectioning, and staining. Specialized methods for autoradiography, cytochemistry, and freeze sectioning are also introduced.
 COMMENTS: Most students find this a rather demanding course in terms of time. Offered on P/NP or graded basis.

Center for Innovative Educational Development (formerly SEARCH)

DS 184 BEGINNING BALLROOM DANCE
 Bucher, 330 GER

MEETS: 19:00-21:00 UH, 350 GRX
 FORMAT: Studio
 AVERAGE CLASS SIZE: 50
 SPECIAL FEES: \$20.00 Students, \$25.00 Community
 EVALUATION: 100%-Attendance
 DESCRIPTION: This is a general survey course which will cover a wide variety of ballroom dances including swing, foxtrot, waltz, polka, chacha, rumba, tango, schottische, and charleston. The class is fun and is a great place to get to know your fellow students as well as to develop lifelong dancing skills.
 COMMENTS: Pass/No Pass only.

REC AND INTMRLS, BEGINNING SWING DANCE
 Bucher

MEETS: 17:30-19:00 UH, Weeks 1-5
 FORMAT: Studio
 AVERAGE CLASS SIZE: 40
 SPECIAL FEES: \$15.00 Students
 DESCRIPTION: Basic swing dance from the big band era of the forties and fifties. These are fast, fun,

partnering dances and can be done to modern as well as older Jazz and big band music. Each class will cover approximately 20 variations. Fun, very energetic, and a great place to meet your fellow students.

REC AND INTMRLS, INTERMEDIATE SWING DANCE
 Bucher

MEETS: 17:30-19:00 UH, Week 6-end
 FORMAT: Studio
 AVERAGE CLASS SIZE: 40
 SPECIAL FEES: \$15.00 Students
 DESCRIPTION: Basic swing dance from the big band era of the forties and fifties. These are fast, fun, partnering dances and can be done to modern as well as older Jazz and big band music. Each class will cover approximately 20 variations. Fun, very energetic, and a great place to meet your fellow students.

REC AND INTMRLS, BEGINNING ROCK AND ROLL
 Bucher

MEETS: 19:00-21:00 H, 350 GRX
 FORMAT: Studio
 AVERAGE CLASS SIZE: 25-30
 SPECIAL FEES: \$15.00 per person
 DESCRIPTION: This class will explore beginning rock and roll dance styles from the mid-nineteen fifties. These dances were developed from previous "swing" dances of the thirties and forties and were still danced with partners. Fun and very energetic; a good workout.

REC AND INTMRLS, BEGINNING LATIN DANCING

MEETS: 17:30-19:00 MW, Weeks 1-5, GRX 352
 FORMAT: Studio
 AVERAGE CLASS SIZE: 25-30
 SPECIAL FEES: \$15.00 per person
 DESCRIPTION: This class will cover beginning Latin dances and will emphasize rumba, merengue, and salsa, but will also include tango, cha cha, cumbra, and other Latin ballroom dances.

REC AND INTMRLS, JITTERBUG, LINDY HOP, AND CHARLESTON-DANCE FROM THE 20'S AND 30'S

MEETS: 17:30-19:00 MW, Weeks 6-end, 352 GRX
 FORMAT: Studio
 AVERAGE CLASS SIZE: 20
 SPECIAL FEES: \$15.00 per person
 DESCRIPTION: This class will explore Lindy hop, jitterbug, and charleston dance styles in depth and requires knowledge and experience with basic swing dance. The class will be fast-paced and very energetic. A great class for intermediate swing dancers who want to expand their knowledge of dances and swing styles.

PLANNING A PREFERRED FUTURE
 Holmes

MEETS: March 5, 6:00-10:00; and March 6, 1:00-5:00 HF
 FORMAT: Lecture/Discussion/Seminar

SPECIAL FEES: \$30.00
 DESCRIPTION: This 8-hour seminar is designed for self-directed students who want to make their futures happen. We will learn how to develop creative attitudes and abilities in order to plan actions and forecast personal futures. This planning process relies on an oscillation between alternatives and selections. In the course of the seminar, you will move from considering "what is," to choosing "what will be." By using your awareness of information concerning a situation, you will have an opportunity to develop an individual action plan for your own preferred future. A free introductory lecture will be given March 3rd from 4:00 to 5:00 in the EMU room 167.
 COMMENTS: Preregister by March 5th in the INNOVATIVE EDUCATIONAL DEVELOPMENT office in room M110 of the EMU.

FOCUSING: CLARITY, EASE AND OPTIMUM PERFORMANCE
 Eiring

MEETS: 15:30-17:30 W
 FORMAT: Lecture/Discussion/Experiential
 SPECIAL FEES: \$25.00
 DESCRIPTION: Developed by psychologist, Eugene Gendlin, this bodily sensed intuitive technique underlies all experiential psychotherapies. Its applications extend into the areas of peak performance (both athletic and academic), preventive medicine, practical problem solving and creativity. Because it clarifies our subliminal knowing. Focusing refines intuition and releases stress, thus creating the freedom for full self-expression. Focusing is a proven method for tapping the natural wisdom of the body/mind--by integrating both hemispheres of the brain it allows your heart to speak to your mind and leaves you with a sense of ease and personal well-being.
 COMMENTS: To register, sign up in the INNOVATIVE ED office in the EMU room M110. Begins January 14 and ends February 4.

AIKIDO: KI STYLE
 Vincent

MEETS: 19:00-21:00 UH
 SPECIAL FEES: \$25.00
 DESCRIPTION: Aikido-a disciplined study of self-awareness; a harmonious blending of body, mind, and spirit. This non-aggressive Japanese martial art places emphasis on centering, balance and relaxation, as well as on self-defense techniques. Training is designed to reduce tension, increase flexibility and heighten awareness of inner energy (called "ki" in Japanese). Classes will begin with warm-up routines and Ki development exercises. Several basic and practical self-defense arts will be taught, with ample time allowed to practice. Sessions will also include Jo (staff) practice, Ki massage for relaxation, breathing exercises, and/or brief meditation.
 COMMENTS: To register, sign up in the INNOVATIVE ED office in the EMU room M110. Begins January 8 and ends March 12.