aspect of his work; his guided meditations for pain are taught at medical schools nationwide schools such as Stanford,
Baylor and the University of

In the eight or so years since.

Levine has maintained his philosophy.

"I was showing (the participants) techniques for bringing in their awareness and not guarding their hearts in the midst of intensities." he says.

Levine uses the word "we," not "I" when he discusses his work. His wife, Ondrea, has worked with him for several years he says, but he also gives credit elsewhere: to God, which for Levine is, "the underlying reality, the space in which all change is occurring.'

Does Levine ever get depressed about his work? No.

"But there are times," he says, "when I have to let the helplessness break my heart or else I would get depressed."

The workshop will be held Tuesday at the Unitarian Church, 477 East 40th Ave... from 10 a.m. to 5 p.m. Cost is \$40 for students and seniors. \$50 for others.

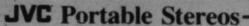
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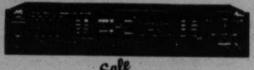
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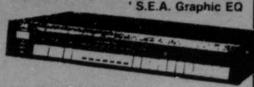
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