The University of Oregon

CONTINUATION CENTER

in association with

- The College of Education, Division of Counseling and Educational Psychology
- The College of Human Development and Performance School of Music
- Women's Studies

SPONSORS THE FOLLOWING EVENTS

CONFERENCES • WORKSHOPS • SHORT COURSES



THE AMERICAN WOMEN CONDUCTOR/COM-POSER SYMPOSIUM

Mainstreaming February 21-23, 1986 School of Music, Beall Hall Two University of Oregon graduate or undergraduate credits are available for participating in the Symposium and completing an assignment Course: MUE 408G-TLN 7900 Student Fee: \$10

The University of Oregon is pleased to present the American Women Conductor/Composer Symposium, sponsored by the Center for the Study of Women in Society, the School of Music and the Continuation Center.

The focus of this year's Symposium is Mainstreaming. a topic inviting presenters and participants to explore the integration and advancement of women conductors and composers in the various levels of the professional hierarchy of composing and conducting.

Participants will benefit from this unique opportunity to exchange information, share networking skills, and consider the work and ideas of Symposium presenters and guests in informal settings, as well as during formal presentations and concert performances.

Symposium Highlights

 Keynote Address: Elinor Armer, Between Vision and Marketplace *Lecture Workshops topics include Orchestration: Color, Courage and Politics, Composition and Im-provisation Through Attentional Strategies, Multimedia Works, The Composer as Conductor: The Conuctor as Composer, Music as Metaphor, The Vitality of High Visibility and American Symphony Orchestra League Services for Conductors and Composers

• Panel Discussion topics include Panel Discussion topics include Perspectives on Successful Profes-sional Networking, The Theater and the Concert Hall, Mainstreaming. Being First is Not Enough, and Defining Success. Recognizing and Utilizing Short Term Successes as Energy for Long Term Goals. • Evening Performances, including the Sunday evening Symphony Orchestra Grand Finale



The Second Annual Northwest Symposium on

MEN & MASCULINITY Seasons of Adam

January 22-24, 1986 Eugene Conference Center

One University of Oregon academic credit is available for attending the Symposium and completing an assignment. Course: CSPY 408G-TLN 7611 Student Fee: 130

The Second Annual Northwest Symposium on Men &

Masculinity, sponsored by the University of Oregon College of Education, Division of Counseling and Educational Psychology, and the University of Oregon Continuation Center, extends the focus of last year's Symposium into new and different aspects of the male experience.

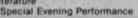
Through provocative panel discussions, general session presentations, and informational and experiential workshops, the Symposium will define, discuss, question and challenge old notions of masculinity.

Symposium Highlights

- Keynote Address by Harry Edwards: Masculinity Stymied
- General Sessions on Masculinity and Ethnicity and Masculinity: The Generational View
 Experiential Workshops topics include Warriors & Wimps, My Father's Son, Human Sexuality, Anger, Momentum: Men's More ment Workshop and Men and Spirit

 Discussion Workshops topics in-clude: Why Men's Studies? and Masculine Roles in Media and
- Literature

 * Special Evening Performance





HALLEY'S COMET WORKSHOP

January 11, 1986 Lane ESD Planetarium

One hour of credit is available for attending the workshop and completing an assignment arranged by the instructor.
Course: PH 407M—TLN 8485 Fees: \$25 for students

The thirtieth recorded visit of Halley's Comet to Earth's skies will be presented in detail at an all day workshop. Topics will include the best times and places for viewing the comet; attitudes about comets; images of Halley's Comet in art and literature; what Halley's Comet may tell us about the composition of the solar system; and how collisions with comets may have altered life on earth in the distant past.

An additional Lecture Tour to Arizona to view Halley's Comet will take place April 2-6. Credit will also be available for this program during spring term.



BODY IMAGE

Thursday evenings beginning January 9, 1986 7:30 to 9:20p.m. 207 Chapman Hall

Two University of Oregon credits are available. Course: WST 410M-TLN 8473 Student Fee: \$25

Barbara Weinstein, Instructor Body Image, sponsored by Women's Studies, deals with areas of vital interest today-the increase of eating disorders and the pursuit of thinness as an ideal for women. Concentrating primarily on the 20th century, participants will look at what constitutes an eating disorder, including anorexia, bulimia, compulsive overeating and obesity. By understanding the cultural milieu that encourages the rise of abnormal eating behavior, we can begin to understand some of the major issues and prob-

lems that face American women

Topics Include

- Changing stereotypes of female beauty.
 • Diet and culture
- Reducing diets
 The "selling" of women as a

- commodity

 Appearance of the "femme fatale"

 Changing dietary patterns in America

 Specific eating disorders

 Understanding fat and thin in the context of women in contemporary society

 Practical solutions for today's women



5TH ANNUAL HEALTH AND FITNESS IN THE WORKPLACE CONFERENCE

February 24-25, 1986 **Eugene Conference Center** One University of Oregon credit is available for participation. Course: HDEV 480G—TLN 5974 Student Fee: \$25 The University of Oregon Col-lege of Human Development and Performance and the UO Continuation Center are proud to present the 5th Annual Health and Fitness in the Workplace Conference. This year's Conference will focus on the development and practical application of fitness and health management programs. Experts from industry, hospitals, government agencies, social service organizations and research institutions will bring together the latest information

on what health management

share in the workplace.

practices can mean for all who



MOUSING AROUND

ion: January 17 - February 7 Friday 3:30 - 5:20p.m. 210 Lawrence Student Fee: \$45

2nd session: February 14 - March 7 Especially for children ages 6-11. Use

the friendly Macintosh computer in an atmosphere of fun and learning.

THE LANGUAGE OF THE CLASSROOM

CI 410G; 3 credits

7 - 10p.m. Thursdays, January 9 - March 20 Instructor: Steve Lafer Student Fee: \$204

This course examines the use of language in the classroom towards achieving better learning environments.

IMAGINE THAT!

7:30 to 9:20p.m. 176 Education Student Fee: \$35

The University of Oregon Continuation Center is pleased to offer the popular, exciting, seven-week, noncredit course entitled imagine That! Attracting students of all ages, the class focuses on the use and practical application of relaxation techniques, creative visualization, affirmations and goal setting. Blending instruction and theory with individual group exercises, the course is designed to give students practical experience in applying the above techniques in literally every facet of life.

FACULTY/STAFF MICROCOMPUTER

CLASSES The Continuation Center is pleased to offer four classes on the IBM Personal Computer and the Apple Macintosh. Each class is 11/2 hours and meets once each week. The cost of the class is

Introduction to the **Macintosh Computer**

January 20 to February 17 Monday, 1:30 - 3:00p.m. 310 Gilbert

Beginning Lotus 1-2-3 on the IBM PC

January 28 to February 25 Tuesday, 8:00 - 9:30a.m. 309 Gilbert

Word processing on the IBM Personal Computer

January 23 to February 20 Thursday, 8:00 - 9:30a.m. 309 Gilbert

Advanced Lotus 1-2-3 on the IBM PC

January 29 to February 26 Wednesday, 8:00 - 9:30a.m. 309 Gilbert

To register for any of these classes or to obtain further information or a brochure, contact the Continuation Center, Ext. 3536