



***“When we left the mountain
it looked unchanged. No difference.
None of us could say the same
about ourselves.”***



*“And to all you folks out there who
think you can't do it—I did!”*

At Outward Bound® it's not just what you do, but how you feel about it afterwards that counts.

Our courses are tough—they're meant to be—but not beyond the reach of anyone who tries. They're fun. And safe as human ingenuity and experience can make them.

At Outward Bound we teach you outdoor skills. From rock-climbing to canoeing. But we're also something of a course in self-reliance (a course in self-reliance where you also have to learn to trust *the group*).

Outward Bound will *not* teach

you to be a man. Nearly half the students, for one, are women. Few are really athletes. Lots are over thirty. What you need is a bit of pluck, and the yen to spend some time in some of this country's most spectacular settings.

Everyone brings something different to Outward Bound and takes something different away. But whatever your experience—we guarantee it won't be trivial.

 **Outward Bound!**



For information and brochure:

800-243-8520