



Photo by Hank Trotter

Home-designed T-shirts offer cheap individuality and a chance to exercise your creativity.

from the Sunday comics, sayings, puns, notable quotes, caricatures of political figures, still-lives, or even your own self-portrait.

When you have all your materials and have pre-washed the shirt, you're ready to begin. It's a good idea to protect the floor with old Emeralds or other newspapers. Cover a piece of cardboard with plastic and slide it between the front and back layers of the shirt. This will prevent the paint from seeping through to the back side.

Let your left brain take over and see what happens. When your masterpiece is completely dry (overnight is best), iron it with a hot iron from the back

side of the shirt to permanently set the paint. From then on, the T-shirt can be washed normally.

This winter, when searching for fun and exciting indoor activities, painting T-shirts is a creative and rewarding way to

use your spare time; then when spring rolls around you will have an array of designer originals to wear. Just watch. You'll be the envy of all your friends.

Lori Stephens

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