

# Rape awareness taught

Women should gain control of the situation and refuse to give up when warding off potential rapists, rape-awareness expert Robert Sanford said in a campus seminar Tuesday.

Sanford, a former member of the Seattle Police Department, is the creator of Personal Protection Seminars. He now tours the United States lecturing on personal protection and rape awareness.

Men attack the women they see as easy targets, Sanford said. "It's not sex, it's not the most beautiful, it's the one he sees as easily attacked."

While there is no guarantee against rape, certain learned responses can decrease the chance of being attacked, he said. Walking aggressively and with purpose, facing people squarely and maintaining eye contact are important, he said.

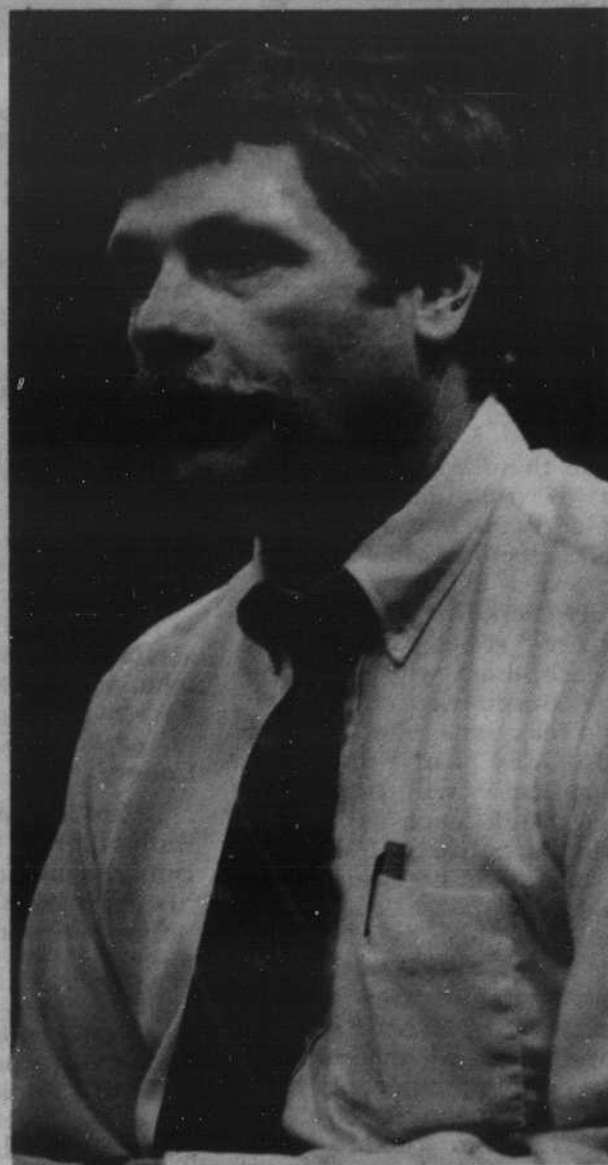
Women in an attack situation are often trapped by their own good manners, he said. "Women were raised to act like victims."

The most effective ways to get out of an attack situation safely are to keep some distance between yourself and the attacker and to get a third person into the confrontation. Most attackers choose their victim carefully and are not expecting a fight, Sanford said.

Most rapes occur in either the victim's or the attacker's home, and there is an 80 percent chance that the woman knows her attacker, according to statistics cited by Sanford.

Being mentally prepared to handle any threatening situation before it happens is the most important thing a woman can do to protect herself, Sanford said.

Sanford will speak again tonight at 8 p.m. in the Bean West Conference Room. Both women and men are encouraged to attend.



Robert Sanford

## Program focuses on coast

By Jolayne Houtz

Of the Emerald

The classroom is an old Coast Guard boathouse, in which 20 students sit, listening to a professor discuss environmental problems of the coastal area.

The program?

People and the Oregon Coast, a University-sponsored, interdisciplinary program limited to 40 students, which focuses on biology, landscape architecture, political science and geography, according to Dave Rusk, student coordinator of the program.

The seminar, offered Spring term, is aimed at understanding the nature of human social and environmental problems and finding ways to solve them, Rusk says.

Classes are open to all undergraduates, regardless of major, and are held at the University's Institute of Marine Biology in Charleston, southwest of Coos Bay.

Those involved in the program pay the same fees as students living in University dorms, Rusk says.

Students receive a two-week orientation to the community

and its unique social and environmental problems, after which the major focus of the program is independent research in three of the four major disciplines.

Each week a particular topic is emphasized, such as fishing, timber or agriculture, and teachers give their individual perspectives.

The problems of the area are closely tied to its environmental problems, such as the lack of land-use planning, and to the fact that Charleston is an economically depressed tourist area, Rusk says.

Each student finishes his or her research and presents it in an open house where community members can come and listen.

"It was the best experience of my education. It's a strong program that deserves attention," says Mary Beth Nearing, a student who participated in the program two years ago.

Interested students are invited to participate in a crab feed on Oct. 22. There will also be slide shows on Oct. 16-18 and 23-25. For information contact Dave Rusk in Suite 1 EMU.



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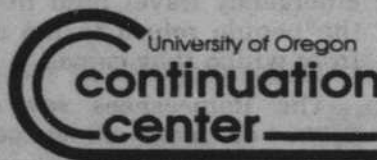
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**IMPORTANT NOTE:** "Take-a-Duck-to-Lunch" is a Community Event of the 1984 University of Oregon Homecoming. It is an effort designed to introduce and inter-relate members of the business community with students.

It is our goal to "match" volunteers with vocational and study interests. An example would be a pre-law student and a practicing attorney. The business person hosts the student selected during lunchtime the week of Homecoming - October 22nd through the 26th.

It will be the responsibility of the Homecoming Committee to "match" and contact two volunteers to be paired. The business person will then phone the student to arrange the date and location of the lunch meeting. It will also be the responsibility of the business party to pay for the lunch!

By completing the application form below, you are offering to take part in an important and relevant way for the Eugene and Springfield business community to recognize the resource abundant in the U of O student body-and, vice versa!

### Take-a-Duck-to-Lunch Application

YOUR NAME \_\_\_\_\_

RESIDENCE ADDRESS \_\_\_\_\_

WORK ADDRESS (IF ANY) \_\_\_\_\_

DAY PHONE NO. \_\_\_\_\_ EVENING PHONE NO. \_\_\_\_\_

MAJOR FIELD OF STUDY \_\_\_\_\_

CAREER GOAL \_\_\_\_\_

DATE(S) AVAILABLE \_\_\_\_\_ TIME OF DAY \_\_\_\_\_

INTERESTS/HOBBIES \_\_\_\_\_

YOUR SIGNATURE \_\_\_\_\_

Please return your completed application by 10/16/84 to: MONA BUCKLEY, U of O Alumni Office, 221 Johnson Hall

Extra Applications at  
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