

**Coffee Bean of the Month**



**Costa Rican**  
**\$4.65** per pound  
 50¢ Off Per Pound

860 E. 13th 344-7894

Editor's note — Pac 10 projections is a contest between four Emerald sportswriters attempting to pick the winners each week in the Pac 10 race.



## Pac-10 Projections

Emerald Sportswriters/ Running Record	USC (3-2) at Oregon (4-1)	California (2-3) at Oregon State (1-4)	Washington State (2-3) at UCLA (3-2)	Washington (5-0) at Stanford (3-2)	Oklahoma (3-0) at Texas (4-0)
Brent De La Paz (0-0)	USC 28-24	OSU 19-16	UCLA 24-10	Wash 35-17	Texas 21-20
Al Lazo (0-0)	Oregon 21-17	Cal 14-3	UCLA 17-0	Stan 31-30	Texas 27-20
Robert Collias (0-0)	Oregon 28-19	Cal 35-3	UCLA 24-14	Wash 35-10	Texas 14-10
Jesse Burkhardt (0-0)	Oregon 21-14	OSU 16-14	WSU 24-13	Wash 28-20	Texas 31-24



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## emu Food Service

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and experience the flavor of Italy.  
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#### House Specialities:

#### FRESH HOME-MADE CALZONE

Stuffed with seasoned Italian beef, cheddar and mozzarella cheese. Baked until golden brown and served with a zesty meat sauce.

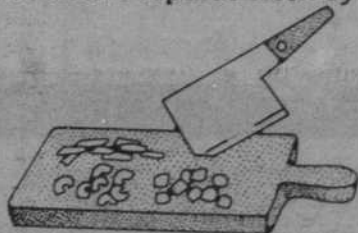
*Vegetarian Calzone Too!*

#### OUR OWN SPECIAL SPAGHETTI

Your choice of 100% semolina or spinach pasta topped with our freshly prepared meat or vegetarian sauce.

#### LASAGNE

Three kinds of cheese and a spicy meat sauce make this popular entree an Italian-American favorite. Prepared fresh by our chef daily.



*Each entree served with salad or a la carte.*

*Still a great place for crisp salad bar fixin's with an array of condiments, scrumptious gyros sandwiches, french roast coffees, and other gourmet delights. Located just a cloud or two above the Main Desk.*

**Dining only: 10:30 a.m. to 2 p.m.**

## USSCA ski clinic offered

A cross-country ski clinic, coordinated by the United States Ski Coaches Association, is scheduled Oct. 20 from 9 a.m. to 4 p.m. at Amazon Community Center, 2700 Hilyard St.

An outdoor session will be held Oct. 21 at Campbell Senior Center, 155 High St.

The clinics are open to cross-country skiers of all abilities, coaches, instructors and ski shop personnel. The U.S. ski team coaching staff will trace the latest techniques developed through their sports medicine program.

Topics include ski techniques, instructional drills, equipment and brief discussions on sports psychology and physiology. Films and videos of top-level racing and instruction sequences will also be presented.

The clinics are sponsored by the Eugene Parks and Recreation Department Outdoor Program. Cost is \$10 for USSA and

USSCA members and \$12 for non-members. Interested persons may register at the River House, 301 N. Adams St.

For more information, call 687-5329.



Emerald file photo  
*Winter has its blessings. When snow packs the mountains, it's time to dust-off the old skis and hit the slopes.*

## WILDERNESS FIELD STUDIES EARN COLLEGE CREDIT

Natural history, field ecology, wilderness history and management. Courses for 1985 in the Sierra Nevada, Utah and Hawaii. Spring/Summer/Fall quarters.

**For information, write or call:**



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