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Spotlight

Former bowling guru returns

With Ultimate Frisbee and running as the latest fads, it's hard to imagine that University bowling classes once attracted 400 students a term.

Bowling was booming during the 1950s and 1960s, with varsity bowling teams that made their way to Northwest regional championships, and leagues of Greek and faculty bowlers.

One major force behind this bowling madness was Lou Bellissimo, nationally known bowling coach, instructor and author of a best selling book. For 22 years before his retirement in 1972, Bellissimo inspired University students.

But Bellissimo has made a reappearance this year to coach the varsity and junior varsity bowling teams and instruct bowling for University faculty and staff.

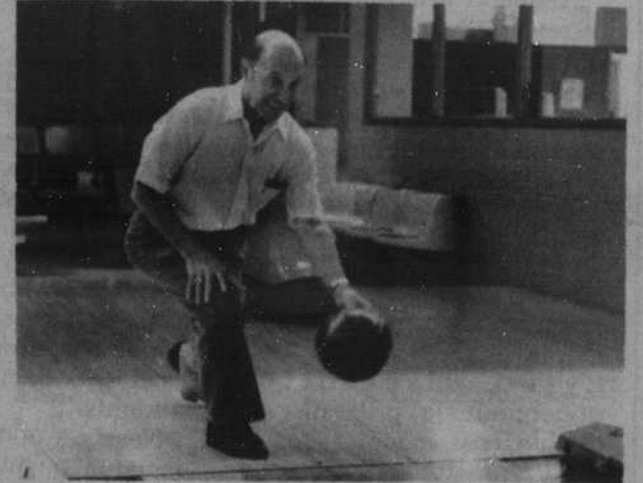


Photo by Karen Stallwood

University bowling coach Lou Bellissimo draws upon his 60-plus years of expertise to share his skill and love for the game.

"I also foresee drawing a lot of support from today's students whose parents learned to bowl under Lou."

Bellisimo, looking spry at age 78, has plenty of years of experience. He has bowled for more than 60 years, since he began hand-setting pins in Pennsylvania as a boy.

In 1949 Bellissimo came to Oregon to farm, but his passion for bowling was still with him. He was soon managing the Recreation Center's bowling lanes, and shortly after became the University's bowling instructor and coach.

"The instructor before me would sit back and smoke a cigar and read the paper while the kids bowled," Bellissimo recalls. "And then he would grade them on their score."

"I concentrated on form and personal instruction," Bellissimo says. "If the kids were delivering the ball right I would give them a good grade."

This is a partial reason for the success of bowling during Bellissimo's stay at the University.

And while his class was popular with students, his book, "The Bowler's Manual," became a best seller. More than 250,000 copies have been sold since 1965.

In the book, Bellissimo describes the techniques that helped his University varsity team to win 10 out of 13 Northwest championships in the 1950s and 1960s.

"And we never lost to Oregon State or Washington," Bellissimo says proudly.

Bellisimo has hardly slowed down during 12 years of retirement. He has taught bowling at Lane Community College and has held bowling workshops from Alaska to Saudi Arabia.

But after taking his bowling act on the road for a time, Bellissimo has returned to his roots.

Tryouts for Bellissimo's bowling teams will be held beginning Monday and running through Oct. 5 at the EMU Recreation Center. Staff and faculty bowling lessons begin Wednesday. Call the Recreation Center at 686-3711 for more information.

By David Carlson



Photo courtesy of Lou Bellissimo

Lou Bellissimo, in his earlier days as a bowling instructor at the University, stands beside his students through their instruction and training.

Dexter Simmons, EMU Recreation Center manager, says he hopes Bellissimo's return will put University bowling back in good standing.

"He will help our program immensely," Simmons says. "In the past five years our bowling team hasn't been up to par, but I think we'll return to become more competitive in the intercollegiate bowling program."

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