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And the health center has a health education library with books and pamphlets on birth control and diseases, as well as periodically offering seminars conducted by a doctor that discuss sexually transmitted diseases and related issues.

In addition, the health center offers such testing as the urine test for pregnancy and the penicillin cure for a sexually transmitted disease.

"It's too bad each new college-age group has to learn the hard way," Loomis says. "Students don't need to buy a sex cookbook on how to, all they need to do is ask. The health center staff is easy to talk with."

The student health center is on campus at the corner of East 13th Avenue and Agate Street. Call 686-4441 for an appointment.

However, if a student would rather seek aid off campus, he or she can contact Planned Parenthood. "We are set up to take calls and talk about sex," says Mary Widoff, educational director for Planned Parenthood.

Planned Parenthood serves about 20 University students a month, says Polly Ashworth, the clinic coordinator of Planned Parenthood.

Widoff says Planned Parenthood provides counseling from the nurse practitioner or Planned Parenthood staff and

also offers a library with information on birth control and sex-related diseases.

In addition, "Planned Parenthood also does testing from pap smears to pelvic tests," she says. Also, Planned Parenthood sells most methods of birth control products at prices less than a pharmacy would charge, Widoff says.

"We are affordable, accessible and friendly," Widoff says. "At Planned Parenthood we treat people like clients, not like patients."

Planned Parenthood is located at 134 E. 13th Ave. in downtown Eugene. The phone number is 344-9411.

The third alternative is the Women's Medical Service located at 598 E. 13th Ave., 485-0420 or 484-7420.

Leonard says the clinic sees about 100 University women a month, whether it's for testing, for pregnancy or a general physical. "The clinic has a complete laboratory to do all the testing from pregnancy to pap smear," she says.

The Women's Medical Service provides many of the same services as the other institutions plus one — it offers abortions. For anywhere from \$200 to \$1300, depending upon the development of the fetus, the clinic will terminate a pregnancy.

Leonard says, "We demand cash up front for abortions, but everything else we can bill them on their insurance."

Ironically, the clinic does not sell birth control products. It does provide samples.

Leonard says the two most effective methods of birth control are the pill and the intrauterine device. However, she says they are also the two most dangerous.

Some years ago an 18-year-old woman died of a blood clot. "She was on the pill and she was smoking," Leonard explains. "This is the biggest single risk when taking the pill because the smoking creates a condition that causes blood clotting."

Leonard added, if clinic personnel would have known that the young woman was smoking, they would have advised her to stop.

Meanwhile, the IUD is dangerous because, in Leonard's words, "it's like playing Russian Roulette." The IUD may or may not cause sterility, she says.

The other facility is Sacred Heart Hospital, 1255 Hilyard St., 686-7300. It is primarily concerned with emergency care or childbirth.

The hospital provides childbirth classes as well as literature on birth control and sex-related diseases.

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