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**Spring Student Dance Concert**  
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<b>Dance-A-Robbia</b> Wednesday 25, 10:30 a.m. 350 Gerlinger Annex Rhythmic Aerobics	<b>Visit Classes:</b> Modern: Ballet Jazz/Tap Renaissance
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Contact the Dance Dept. for further information at x3386 or x4133

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from **Argentina merlin** folk ensemble

**Corvallis** Friday, April 27 8 p.m.  
 First Presbyterian Church 5th and Monroe  
 For more information, call 754-2101.

**Eugene** Saturday, April 28 8 p.m.  
 CHRLA, 1236 Kincaid St.  
 For more information, call 484-5867.

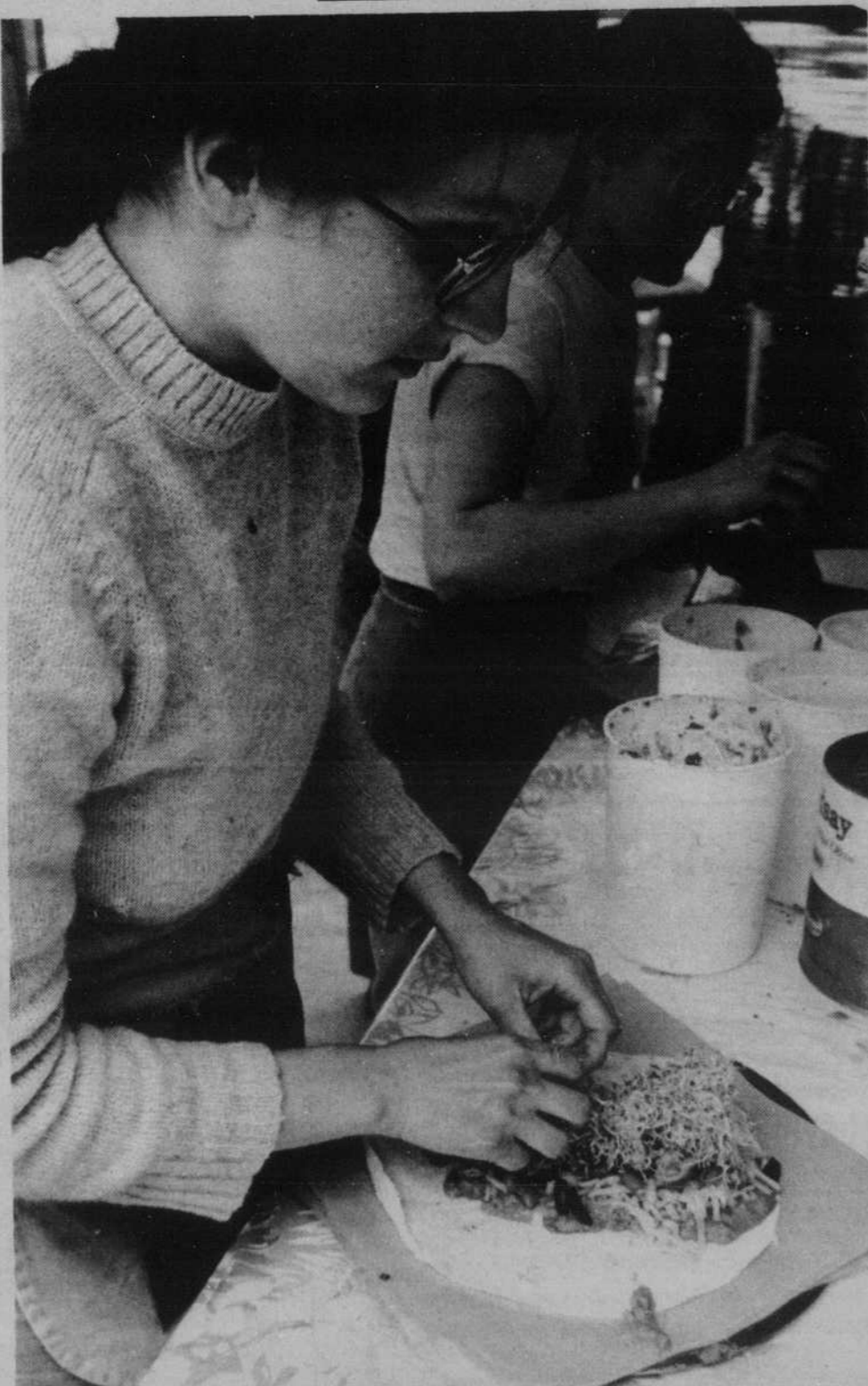
**Portland** Sunday, April 29 8 p.m.  
 The Old Church 1422 SW 11th  
 For more information, call 295-7783.

Tickets: \$3 Students \$5 General  
 Advance Tickets on Sale at:  
 Corvallis: OSU Student Activities Center  
 Eugene: CHRLA, EMU Main Desk, Book & Tea  
 Portland: CHRLA 1331 SW Broadway, Suite 200, Bass Tickets (Meier & Frank)

A portion of the proceeds from the Portland concerts will go to the Managua Children's Hospital and CELS, the Argentine committee for human rights.

# Saturdays offer sumptuous fare

Stories by Dave Stone  
 Photos by Michael Clapp



(Top photo): Oodles of Noodles provides homemade pasta for Market customers. (Above): Rita's Burritos are a traditional favorite on Saturdays.



## The only true knish west of Brooklyn

"Sorry," Allan Shapiro told his disappointed customer, as he explained that he was training a new cook. It was not a good day for custom knishes.

Shapiro may not have the hold-the-pickles-hold-the-lettuce flexibility to work at Burger King, but he does have a talent for making knishes — one of the most popular food items at Eugene's Saturday Market.

But what's a knish?

As the sign in front of Shapiro's booth explains, boiled potatoes are mashed, sauteed onions are mixed in, and mushrooms, cheese and spinach are added, if desired. The Big Mac-sized food is then "lightly fried" in vegetable oil.

Shapiro, a self-described "New York refugee," came to Oregon four years ago before opening his booth, "Delicious Knishes," about a year ago.

He is a full-time certified public accountant, but says his Saturday stints at the market are a "release" from the tensions

of the financial world.

"You can't always be a good guy when you're an accountant," he said. "I can always be a good guy here."

"Has anybody here ever had a knish before?" he shouted to the crowd. "(Anybody) getting their first knish?"

"I never have," a lady volunteered.

"You see! That happens all the time," Shapiro said triumphantly.

He says that he is the only knish cook in Eugene, but has been encouraged by the loyalty of his customers and the openness of people at the Saturday Market to try new foods.

"It's an ethnic Jewish food that's real good — and I'm real good at it," he said. "New York-style knishes are not duplicated any place except here."

**Allan Shapiro**



"Everybody comes here and smiles when they walk away with a delicious knish."

When asked whether the local public ever approaches his locally-known fare

with apprehension, his Brooklyn shyness surfaces.

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He says that he is the only knish cook in Eugene, but has been encouraged by the loyalty of his customers and the openness of people at the Saturday Market to try new foods.

"It's an ethnic Jewish food that's real good — and I'm real good at it," he said. "New York-style knishes are not duplicated any place except here."

"I can testify to that," added Lou Zasloff, a native New Yorker who is a regular at Shapiro's stand. "It's the only one on the West Coast that tastes anywhere close to it."

"He's captured the taste... he's got it all."

**emu** Food Service

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## The Market menu

After purchasing a pottery soap dish, trying on a pair of hand-made leather shoes, and signing a petition circulated by a woman wearing a "free marijuana" sandwich board, there's only one thing left to do at the Saturday Market . . . eat.

A wide variety of ethnic and health food is available at the market. There are even "totally decadent desserts" for those into the whipped cream scene. And it's easy to try several different foods at prices anyone can swallow. For example:

**Dana's Cheesecake Bakery** offers cheesecake, poppyseed cake or carrot cake for \$1.50 a slice.

Much-famed **Rita's Burritos** has its standard burrito for \$2.25. Add avocado and black olives and you have the deluxe burrito for \$2.50.

**Liberty Coffee Company** features cafe anisette, cafe de cacao and many other coffee-related beverages for 75 to 90 cents.

**Family Homesteader Hand-Squeezed Lemonade** serves lemonade plain or with strawberry, honey or raspberry. Prices run from 75 to 95 cents.

**Lulu's Smoothies** offers its specialty in three different sizes, priced from 75 cents. Lulu's sign describes a smoothie as a "thick blend of apple juice, bananas and berries." But don't be fooled by this Gerberesque description; smoothies are tasty for people of all ages.

**Vinnie's Pizza** serves thin-crust cheese pizza with olives, mushrooms or pepperoni, priced from \$1.25 to \$1.75.

**El Burrito Shop's** menu lists burritos for \$2.50 (with roast beef), as well as tacos, nachos and taco burritos.

**Chicken and Chips** serves "chicken in a pocket" or "chicken on a stick" for \$2.00. They also have "fresh" potato chips for 75 cents.

The **Neon Buffalo** is run by Carl Stiefbold, a researcher in the University's molecular biology department, and his wife, Judy. They serve stuffed mushrooms, ravioli and Italian submarine sandwiches at prices from \$1.75 to \$3. For a once-in-a-lifetime drink, try the Buffalo's "master cleanser" — a hot lemon drink with maple syrup and cayenne pepper.

**Fat Saturdays** serves gingerbread for 35 cents, strawberry crepes or fresh fruit salad with whipped cream for \$1.50.

**Nice Rice** has a bowl of rice with mushrooms, carrots, celery, onions and broccoli for \$1.25.

**Anita's South American Empanadas** features the "Chilean," a mixture of ground beef, onion, raisins, egg and olives, or the "veggie," with broccoli, mushrooms and cheese, for \$1.75.

**Veggie Heaven** has a choice of tempura, sesame chicken or dipped and fried mushrooms for \$2.50.

**Loven Oven Calzone-Pocket Pizza** has meat calzone for \$2.50 or vegetarian calzone for \$2. They also have huge cinnamon rolls for \$1.

The **Tofu Palace** features the Tia Special ("one-third pound seasoned, sauteed tofu topped with avocados, tomatoes, onions, sprouts and tofu sour cream, wrapped in a soft flour tortilla") for \$2.25.

**Oodles of Noodles** serves a choice of egg noodles, rusian noodles or manicotti for \$2.25 a bowl, \$1.75 a half-order.

**Delicious Knishes** offers a potato knish for \$1.25. It's \$1.75 with mushrooms and cheddar cheese and \$2 with spinach, mushrooms and cheddar.

**Harmony Kitchen** features strawberry shortcake for \$1.50, pocket breakfasts (one egg, sprouts and salsa in pocket bread) for \$1, or yogi tea (black tea, spices, honey and milk) for 75 cents.

The **Oregon Cafe** has a choice of entrees for \$2.75, all served with green salad and potato salad or corn bread. Barbecue chicken, barbecue ribs ("chemical free") and chili are the entrees.

If you need a sugar fix after eating, chase down Linda Utne. She pushes her **Totally Decadent Desserts** cart around the market with chocolate-dipped strawberries for 40 cents, strawberry and kiwi pie for \$1 and Viennese chocolate cake for \$1.25.

The Saturday Market is open from 10 a.m. to 5 p.m. every Saturday at 8th Avenue and Oak Street in downtown Eugene.

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