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sports

Ducks sweep District 8 Men edge Arizona, women top Stanford

By Todd Fletcher
 and Rich Skeen
 Of the Emerald

Oregon's cross country teams had a double dose of victory Saturday at District 8 Championships at Lane Community College, as the women held off a potent Stanford University team while the men avenged a Pac-10 Championship loss to University of Arizona.

The men used All-American Jim Hill's individual victory and a strong team effort to capture their half of the meet. Oregon finished with 42 points, and Arizona was second with 65 on a muddy, rain-soaked course. UCLA was third with 82; all three teams go to nationals Nov. 21 in Bethlehem, Pa.

Oregon placed five runners in the top 15 and all of its scoring runners ahead of Arizona's third, fourth, and fifth runners. Finishing behind Hill were Mike Blackmore (5th), Chris Hamilton (10th), Brad Simpson (11th), and Dan Nelson (15th).

"Hamilton and Simpson's improvement made the difference, and Mike Blackmore established himself as our number two runner," said Oregon coach Bill Dellinger.

In the individual race, Hill passed Oregon State's Gid Rysdam at the three-mile mark and never looked back. His winning time was a slow 30:08:04, but he had an explanation.

"The course was really tough," said Hill. "It was one of the muddiest courses I've ever run."

Meanwhile, Oregon's women went in a favorite and came out a winner Saturday.

With Kathy Hayes and Lisa Martin finishing 1-2,

the Ducks knocked off No. 1 ranked Stanford 33-71 and reversed last year's decision. The Cardinal defeated Oregon 33-55 in 1982.

Stanford, University of California-Irvine and Washington State University will join Oregon at nationals Nov. 21 in Bethlehem, Pa. as the top four teams from Region 8.

Although Oregon won the meet, Stanford was without top runner Ceci Hopp, who sat out the race with a bad hip.

"Stanford will still be favored at nationals if Hopp runs, but I think this shows that we're more competitive than anyone in the country gave us credit for," said Oregon coach Tom Heinonen.

Behind Hayes and Martin, Oregon scored points from Kim Roth's sixth, Kim Ryan's eighth and Gretchen Nelson's 16th.

Stanford scored most of its points in one fell swoop as the trio of Alison Wiley, Patti Sue Plumer and Regina Jacobs finished third, fourth and fifth.

Hayes captured her first District 8 championship with a 16:55 over a sloppy and soggy 5,000 meters, but took more pleasure from her team's performance than her own.

"We knew they would be up there (Stanford runners), and I'm just happy Lisa and I were able to break them up," she said.

Another breaking up Stanford's contingent was freshman Ryan, who probably ran her best race of the year on her way to an important eighth-place finish.

"Ryan says she loves pressure, and she showed that today," said Heinonen.

Netters nab league playoff berth

After losing to 19th-ranked University of California Friday, Oregon's volleyball team stunned 13th-ranked San Jose State University the following night to earn the fourth and final spot in the NorPac Conference playoffs Nov. 18-19.

The Ducks beat the Spartans 17-15, 11-15, 15-10, 12-15, 15-12, in a two-hour marathon match to earn a trip to Stockton, Calif., and the league playoffs Friday. Oregon plays the NorPac's No. 1 seed and the

nation's No. 1 team, University of Pacific.

Sophomore Sue Harbour and junior Lisa Gemoya were nothing short of incredible in Oregon's upset, one of the biggest wins in Oregon volleyball history.

Harbour had 41 kills and Gemoya 80 assists in what Oregon coach Chris Voelz called the best games of their respective careers.

"The win over San Jose State was a great win," said Voelz in an understatement.

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