

# Duck runners feast back East

By Todd Fletcher  
Of the Emerald

Competing against some Eastern heavyweights, the Oregon women's cross country team cruised to an unexpectedly easy victory in the Paul Short Memorial Run Saturday in Bethlehem, Pa.

The Ducks scored 55 points, Florida grabbed second place with 85 and Penn State was third in 105. Second-ranked Virginia dipped to a fourth-place finish with 110.

Kathy Hayes led the way for the Ducks, running a 16:41.2 enroute to a 5,000-meter course record at LeHigh University.

Hayes, who so far this season has been running in the shadow of a finely-tuned Lisa Martin, blew away a pack of eight runners in the last mile and one-half to record her first win of the season.

"I'm finally getting in shape," said Hayes. "The win really helped my confidence."

"Kathy was a whole lot better than two weeks ago. She looked good," said a pleased Oregon coach Tom Heinonen.

Martin was the next Oregon runner to come in after Hayes, finishing a somewhat disappointing eighth. Sophomore Kim Roth was right behind her, running a 17:27.7 for ninth.

"I was really happy with my time. It was a great experience to run against top caliber runners," said Roth.

Oregon freshmen again made a strong showing with Deanna Scheidler of Mt. Angel finishing 18th in 17:59.1, Kim Ryan clocking 18:16.0 for 24th place and Lisa Johnson of Aloha running 18:24.2 to finish 27th in a field of 112.

"It was a good experience for the freshmen. They know now they can go out and run a hard race against some good competition and finish," said Heinonen.

"We thought we could win it and everything fell together for us," said Roth, who turned in her best time of the young season.

Oregon's chances for a win at the Memorial multiplied when fourth-ranked North Carolina State withdrew from the race on Wednesday. The Wolfpack features Betty Jo Springs, who captured the 1981 national cross country title.

Despite Oregon's win over Eastern powers, Heinonen still wasn't completely satisfied.

"I was pleased with five of our seven times, but we need better runs from Lisa and Claudette (Groenendaal)," he said. "Our split from our first to our fifth runner is still way too big. We have a lot of things we can do to improve our performance."

## Harriers nudge Beavers behind Hill, Blackmore

The Oregon men's cross country team, capitalizing on a first-place finish by All-American Jim Hill and four other runners bunched in the top six, defeated Oregon State 19-59 in the Oregon Invitational at Blue River's Tokatee Golf Club Saturday.

Hill won the race easily with a 29:53.3 clocking on the 10,000 meter course. Oregon State's Gid Rysdam was second in 30:18.5, and four Ducks were behind him.

Mike Blackmore was a strong third in 30:23.2. He was second for a while before being outkicked by Rysdam. Three other Ducks were within 18 seconds of Blackmore. University of Portland transfer Chris Hamilton was fourth in 30:33.6, Harold Kuphaldt fifth in 30:39.9, and Dan Nelson sixth in 3:41.6.

Rysdam was the lone bright spot for the Beavers. After OSU in the team scoring came Clackamas Community College with 69 and Athletes in Action with 96.

Oregon ran the race without John Zishka, bothered by a heel injury, and Vance Blow.

With the Pac-10 conference meet Oct. 31 at Stanford looming closer, Oregon has a logjam of runners trying to crack into top seven position.

Coach Bill Dellinger has said he will take his top seven to the conference meet and redshirt the others. No runners have jumped into the redshirt wagon, leaving Dellinger with a tough decision on who to redshirt and who to run.

Next up for the Ducks is the Oregon Track Club Invitational Oct. 16 in Creswell. Then it's Pac-10 time, followed by the NCAA District 8 Championships Nov. 12 at Lane Community College and the NCAA Championships Nov. 21 in Bethlehem, Pa.

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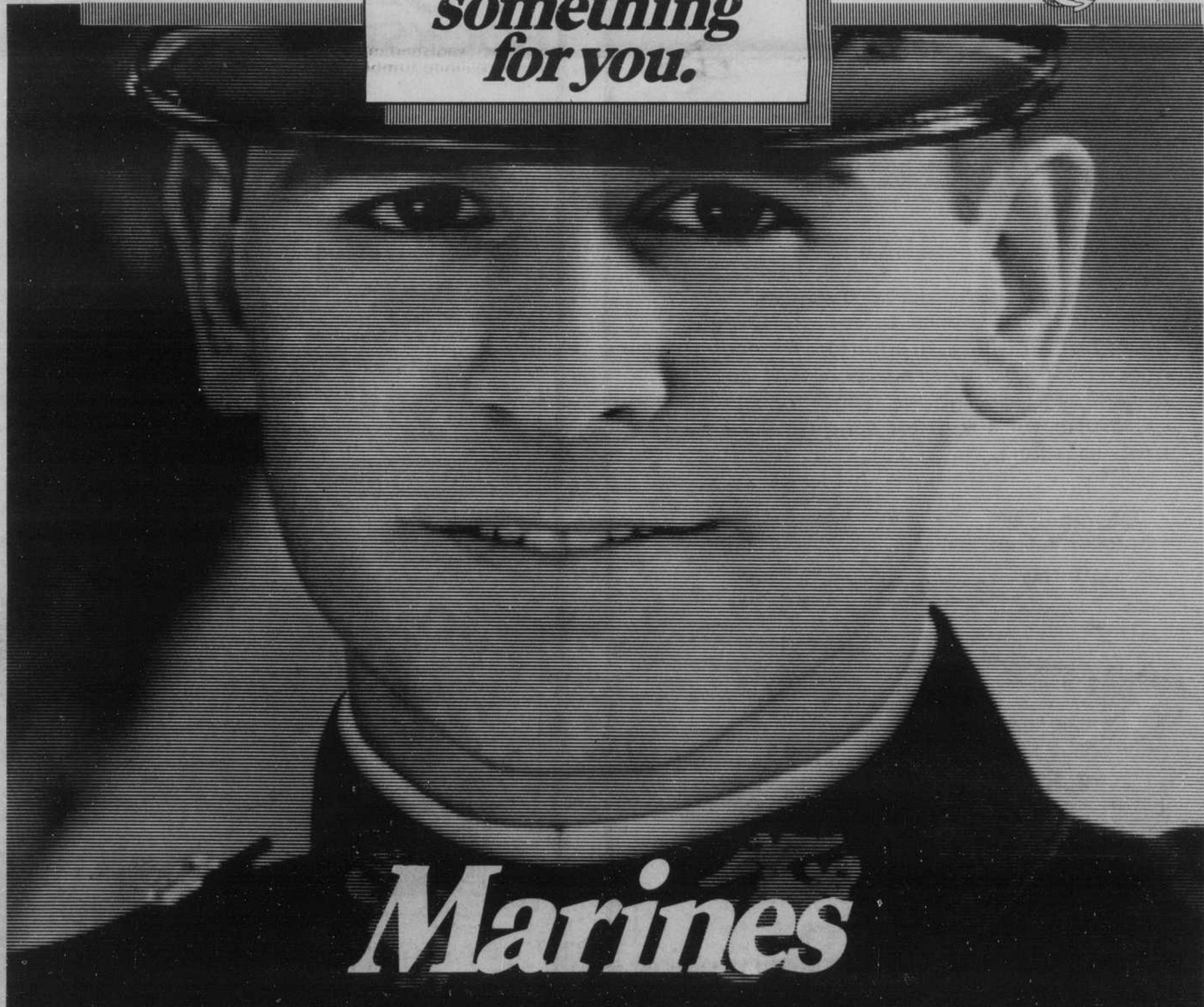
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