# Cheap eats at out-of-the-way cafes

## Get lots for a little bucks

**By Frank Shaw**
Of the Emerald

Eating on a student budget is not usually fun. Too often students resort to eating all meals at home and relying on that all-time student favorite Top Ramen. And when they do go out it is for a burger and fries and steep prices at a fast-food place. But there are other ways.

Eating out does not have to be expensive. For the discerning eater who is willing to travel a bit and try new places, good food can be found at good prices. Jim Camp, a University senior who has lived in Eugene for six years, has found a number of places that serve a lot of food at a reasonable price.

What follows is a far from comprehensive list of some out-of-the-way places where good food can be found.

### MAMA FREDIE'S COBURG CAFE:

230 N. Willamette St., Coburg

Located about a mile and a half past Armitage Park in Coburg, Mama Fredie's is a small place that serves huge portions. "It's the best food to be found," Camp says. "You can't walk out hungry." Breakfast is outrageous unless you have an appetite the size of the Incredible Hulk, don't expect to finish an omelette. The meal comes with a huge helping of hash browns and two pieces of toast. And for the truly hungry, the "Garbage Omelette" is a must. It has everything but the kitchen sink and is guaranteed to feed a few. Excellent food.

### NASTY NORA'S CAFE:

541 W. Centennial Blvd., Springfield

Another place that caters to big appetites is Nasty Nora's. Camp recommends the "Cowburger" which he claims "puts McDonald's to shame." He also suggests the breakfast, which he calls a "good deal."

"She serves truck driver portions," he says.

### OLD ENGLISH FISH AND CHIPS:

67 Oakway Mall, 45 W. 29th

Tuesday is definitely the night for fish and chips and your choice of clam chowder or cole slaw — all you can eat for $3.69. The best part about Old English is their servings of fish — good and thick.

"And the fish isn't buried in breading," Camp says.

### PIZZA PETE'S ITALIAN KITCHEN:

2673 Willamette

Another Tuesday night extravaganza. From 5 p.m. to 9 p.m. all the spaghetti and garlic bread you can eat, with your choice of three sauces — clam, meat and mushroom. A must for the pasta fans.

### OH SUSANNAH'S:

85 Oakway Mall

For the real bargain hunters who like to eat and drink at the same time, Oh Susannah's is the place to be. From 4 p.m. to 7 p.m. week nights they serve free chicken wings along with the drinks. Go in, have a few drinks and get a full meal in the process.
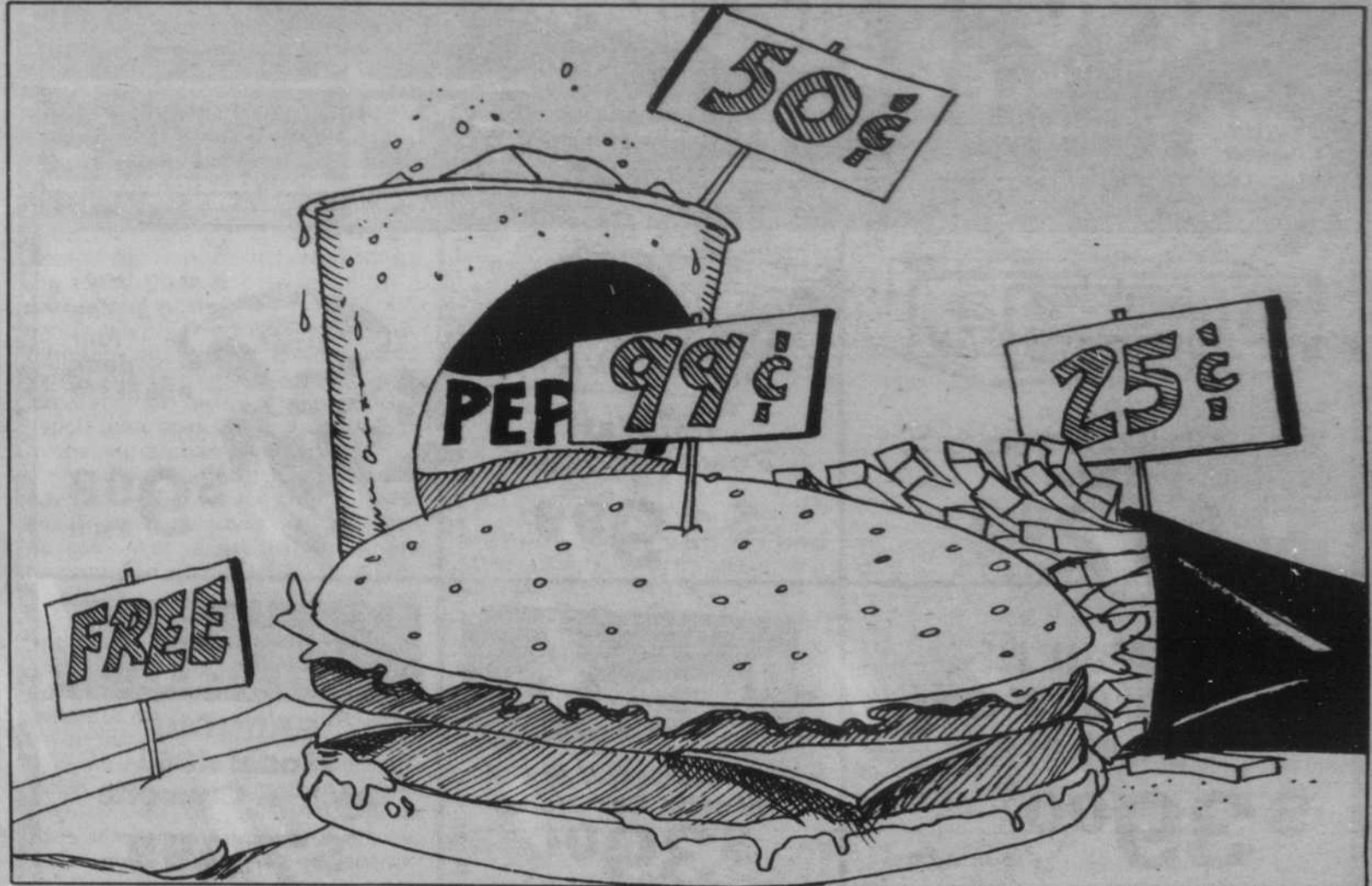


Graphic by Shawn Bird

### KING'S TABLE:

2470 W. 11th,
1360 Mohawk Blvd.

A real "stuff your face" place. At $3.50 for lunches and $4.50 for dinners, diners are given the chance to eat as much as they want from a wide variety of different foods. They also offer a Sunday brunch from 8 a.m. to 11 a.m. for $3.50. Camp recommends going in about half an hour before brunch is over and staying until they start serving the lunch foods.

### LARRY AND KATHY'S 24 HOUR RESTAURANT:

553 Main, Springfield

A good food place for breakfast, lunch or dinner. Camp suggests the two biscuits with gravy, sausage, hash browns and two eggs for $3.25. Lunch with sandwiches, soup and salad is also a good price. And Camp says it's "great for the late night munchies."

How to find places like these? Word of mouth is best. Ask friends where they've found good places and good prices. Look in the paper for coupons and specials. Most restaurants offer some kind of two-for-one or other special deal — the trick is to find it.