

Streamlined Administrative Operations Aim To Keep Your Costs Low

The administrative structure of the Student Health Center has been designed to meet the students' needs as efficiently as possible. Quality of care is not compromised in attempting to keep costs at a minimum.

The quality of staff, environment and medical equipment is maintained at a high level to insure that each students' medical needs are met satisfactorily. Streamlined operations to meet your needs have been developed over the past few years. For example, recently designed computer information system has been implemented to assist you with billing your insurance company so your expense for care can be reduced or eliminated. If you or your parents have insurance coverage, please inform us.

Remember that the quality of care is equivalent to other health care settings and at a reduced cost to you.



X-Ray Department Offers Quality X-Rays With Maximum Safety

The Student Health Center X-ray Department is open from 8:30 to 5:00 Monday through Friday. We close for lunch but are available to cover emergencies through that hour. We are also open on Saturday from 8:00 a.m. until 11:30 a.m. A technician is on call to provide x-rays every night of the week, including Saturday and Sunday, from 5:00 p.m. to 8:00 p.m.

The staff consists of experienced, licensed Registered Technologists. Our latest machine is less than one year old which means more radiation safety factors are built into the machine to protect the patients. All equipment is inspected every year by the Radiation Control Section for the State of Oregon. We also use special intensifying screens and film combinations to lower radiation doses to the patients.

All of the x-rays are read by board certified Radiologists. These are the same specialists who would read your x-rays at Eugene Hospital and Clinic and Sacred Heart Hospital.

We take all general diagnostic x-rays except those requiring fluoroscopy or dye injection. We do many special orthopedic views due to the Sports Medicine Clinic at the Student Health Center and our association with the Orthopedic Surgeons in Eugene.

All x-rays, according to federal law must be ordered by a physician. We do accept orders from outside physicians and provide them with your Radiologist's report in the same manner we would one of our Student Health Center physicians.

We do quality work at a rate approximately 20-30 percent less than average prices. Any type of health insurance may be used in payment or the student may apply the cost to their general deposit.

We are here to answer your questions and to be of assistance to you in any way that we can - whether you are ill, hurt or well.

Concerned About Your Diet? Visit The Nutrition Educator



The Student Health Center offers free 30 minute counseling sessions for various topics in nutrition, including:

- Learning new life long eating habits
- Understanding nutrition as it relates to you
- Taking charge of your eating
- Nutrition and stress
- Nutrition and athletics
- Nutrition and exercise/fitness
- Nutrition and optimum health

During a session with the Nutrition Educator, diet analysis and an individualized weight control program will be discussed. In the case of an eating disorder such as Bulimia and/or Anorexia Nervosa, the Nutrition Educator will refer you to other Professionals on campus. Call 686-4441 to make an appointment with Mary Deiters, the Nutrition Educator.