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'I coach what I believe in'

Continued from Page 1B

who like to work with the youngsters and see them improve. Money is not always first on people's minds.

DELLINGER: "I enjoy coaching. I like that type of work. I like working with the young kids and seeing them develop."

HANEY: "Coaching is kind of a mental thing. You have to like the work and you have to like working with the kids. I like both."

PHILOSOPHIES

Each coach has different ways to teach things to his athletes. Some like to form their own ideas and go by those, and some like to take things they've learned over the years. Most of the time though, as indicated by the four coaches, a coach will take what he has learned and combine it with his own ideas to form his philosophies.

FINLEY: "My ideas for coaching have come from myself and other coaches which I have worked with. It is important to keep in mind what is important in life and sports when forming your coaching philosophies. I just coach what I believe in, I think it works. We have had a successful program the past few years, so I think our record pretty much speaks for itself."

HANEY: "Most philosophies are your own adaptation while others come through experience. Your philosophies are certainly reflected by those you work under and those you

go against. I learned my philosophies mainly from my high school basketball coach. Dick Harter (former Duck basketball coach) also had an impact. The people you compete against are also important because you can pick things up here and there."

BROOKS: "Probably 90-percent of what I do is derived from the people I have worked with. I have molded them all to fit my personality. The major things in coaching that you use are established early in your coaching career. The things that we do now were established in my first couple of years at Oregon. Although you might come up with a new play or concept every year, it all relates to your established philosophies."

DELLINGER: "You can't form your own philosophies without picking up things from other people. That's important. In my situation, a lot of the things we do I've learned under (former Oregon track coach Bill) Bowerman. He is probably the biggest influence on my coaching philosophies."

PRESSURE

BROOKS: "I think there's more pressure on the sports which are supposed to give the athletic department financial stability at all schools, football and basketball are the two big revenue sports. There's pressure on those two sports to both win and make money at the same time."

All sports have their different aspects of pressure. For instance, wrestling and track aren't the big money-makers as are football and basketball, but still, the pressure is there to win and perform well.

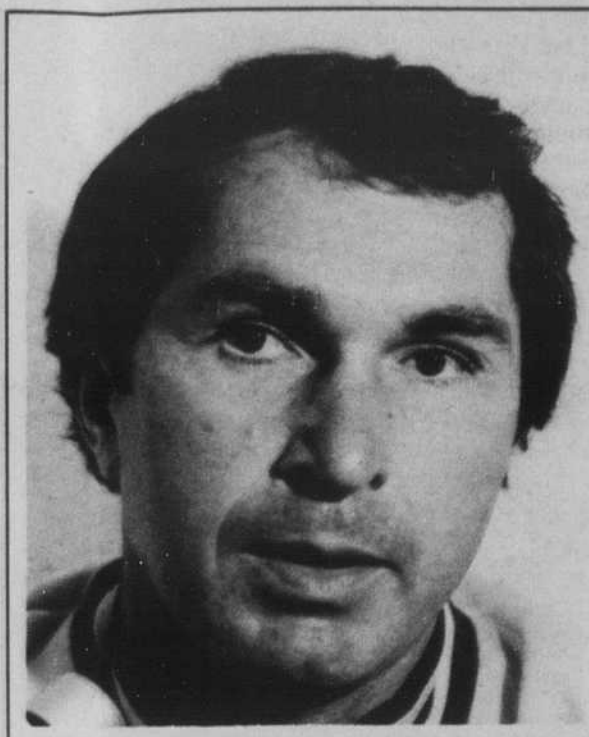
DELLINGER: "I think you make your own pressures. In track, there are the pressures to perform well. Track is not a big income sport, but there are pressures for you to win."

FINLEY: "I think that there is pressure in all sports. To me, losing to Oregon State is as bad as football and basketball losing to Oregon State. The outside pressure isn't as bad for us in wrestling as it is for football and basketball. Pressure in wrestling is also a money thing for us because our budget isn't very big."

All four coaches believe that pressure primarily comes from the inside. All four, just like every other coach in the United States, place added pressure on themselves to win. They feel that if they don't win a ball game, they have let everyone down, including themselves.

HANEY: "There's more pressure on yourself to succeed. I think there's more from yourself than the outside. The pressure to succeed, play well and win is all inside you. I think I put a lot of pressure on myself. The motivation to succeed creates a lot of pressure."

DELLINGER: "I want to win. I may be placing some undue pressure on myself because



Rich Brooks

of that. We have had successful programs in the past and that puts pressure on you to perform well. I think that if we were to have a few bad seasons in a row, I'm sure there are people who would be upset. They expect Oregon to have a good track program."

BROOKS: "I put a lot of pressure on myself to win and maintain a competitive level. Even if you are satisfied with yourself, I'm sure there are still people out there who aren't, thinking that you were too conservative or didn't have an imaginative offense. I expect to be criticized. The thing that disturbs me is that when I'm criticized and the facts aren't straight."

FINLEY: "I'm hired to do a job, and that job is to put out winning teams and recruit good athletes. It's just like every other sport, and if I don't have a good year, or a few bad years in a row, I expect to be fired."

Coaching does have its influence on people. A good example is when Arizona track coach Willie Williams took his own life last year. But the Duck coaches indicated that if coaching ever got that far in their lives, they would bail out.

DELLINGER: "I don't think I'd ever let coaching run my life. It's a bad thing about that Arizona coach. But I don't think coaching would ever be that big to me."

HANEY: "I think that a coach can get so consumed by failure that you can get discouraged. In football and basketball, the pressures increase every year. But I don't think I'd let coaching run my life."

Part-time coaches: satisfying sacrifice

By Mark Evans
 Of the Emerald

Besides the pressure of producing a winner, the part-time coach has the added stress of commanding half-time pay for essentially a full time duty. Many need some other kind of income source to supplement the coaching pay. Some hold down part-time jobs, others obtain added revenue from their working spouse.

The recent resignation of women's gymnastics coach Gary Vanderhoef illustrates to what extent the stress placed on the part-time paid coach can take. This worry of making financial ends meet, along with the coaching and graduate work in some cases, seems to be the major concern at least five coaches at the University.

Bob Owens has been assisting the football team for one year going into spring drills.

"As far as the financial aspect of it is concerned," Owens says, "it's not at all rewarding, but I realized that going into it, and I had to make plans far enough in advance so that I wouldn't be in a financial disaster."

"I don't have the luxury of having the amount of money I've had in the past, but I feel more pleased and enthusiastic about the opportunity and possibilities of being part of an exciting program, rather than the pressures of financial strain that some would feel in my particular situation."

Ray Burton is entering his third year helping the track team in the weight events, but this is his first year as a classified, full-time assistant.

"If my wife didn't work I'd be up a creek," Burton says "but I look at Oregon as an apprenticeship, because I'm in a situation here where if I do want to go somewhere else, what better credentials to have than to be an assistant at the University of Oregon?"

"If I ever thought I could get paid \$25-to-30,000 a year here, you could never get me to leave."



Bob Owens



Ray Burton

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