

ask the sexpert

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Why does my coach not want me to have sexual intercourse the night before a game? Does it diminish athletic performance?

There is no scientific support for the theory that ejaculation or sexual climax physically exhausts the athlete, nor that sex the night before a game renders the athlete too relaxed to do his or her best.

A late night out, however, could interfere with a restful sleep. Some trainers do advocate sexual activity the night before a big sports event to alleviate tense anticipation and anxiety.

It seems more likely that your coach is trying to make sure

athletes get enough sleep, or may be interested in preserving the image of the athlete as clean-minded and clean-living.

I'm having trouble keeping up with all the anti-abortion proposals. The latest one I've heard of is the "Human Life Federalism Amendment." What's that one all about?

The ultimate effect of the new "federalism" amendment would be to allow Congress to pass legislation completely outlawing abortion. To accomplish this, the proposed amendment states that: 1) a woman's decision to abort her pregnancy is not protected by the Constitu-

tion (this would overturn the Supreme Court's 1973 decision), and 2) both the states and the federal government have the right to pass laws restricting abortion.

The proposal further requires that the more restrictive of these two laws shall govern.

This amendment was introduced in Congress on Sept. 22, 1981 by Sen. Orrin Hatch of Utah. By allowing Congress the power to pass legislation to completely outlaw abortion, it basically would have the same effect as other Human Life Amendments submitted earlier.

One major difference, is that

this new legislation, would require only a majority vote of Congress.

Mortar Board taps Dorjahn as Professor of the Month

University anthropology Prof. Vernon R. Dorjahn has been selected as Mortar Board's Professor of the Month for October.

Nominated by students from his Anthropology 326 class, "Peoples of Africa," Dorjahn was given a certificate Monday morning before the beginning of the class.

Dorjahn has been an instructor at the University since the late 1950s and has been teaching "Peoples of Africa" almost as long. The course, part of a year-long sequence, focuses on Northern Africa fall term, South Africa in winter, and Western Africa in the spring.

The course tries to tie in tradition through an ethnographic approach, focusing on



Vernon R. Dorjahn

Photo by Mark Pynes

the continent's adjustment to western influx since the 1880s, he says. Among the topics covered are United States involvement and interest in Africa, colonialization, geography, language and eth-

nic grouping and 20th-century politics, among other topics.

"In American public school systems, most students learn little about Africa," Dorjahn says. "Most can't even name the major rivers of Africa."

Go hungry on Thursday, famine relief group asks

The Oxford Committee for Famine Relief is asking everyone to skip meals Thursday during its "Fast For a World Harvest".

Wayne Miller, coordinator of Oxfam's local chapter, is asking people to donate money saved on meals to Oxfam. Donations will be used by Oxfam to help fight hunger in Asia, Africa, and Latin America, he says.

A "break-fast" program includes a discussion of Oxfam's relief effort in Kampuchea by Joel Charney, Oxfam coordinator in Southeast Asia. Food and music combine to stop the fast at 5:30 p.m. at Northwest Christian College. Charney will speak at 7 p.m.

Films will be shown from 11 a.m. to 3 p.m. in room 101 EMU as part of the program. The films depict political tactics involved in world hunger, Miller says.

"There is enough food in the world — in grain alone — to provide every man, woman, and child with 3,000 calories a day," Miller says. "Fundamentally, the problem is bad distribution of food."

The goal of the fast is to help people become aware of similar issues of world hunger, he says.

"It's good to fast because it starts a kind of personal commitment. Ideally, the hope is that people will go and do something further."

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