

Center helps vets cope with stress

By JOHN MILLS
Of the Emerald

"A victim of a plane crash or people who've gone through fires have the same kind of post-traumatic stress. It's the same as shell-shock except it's delayed 15 years," says Vietnam veteran Kim Maynard.

"Delayed stress is a coping strategy that worked for the highly unreliable situation in Vietnam. It was so firmly imprinted that vets still react to the world as if the enemy was crawling in the bushes trying to throw a grenade at them," says Cliff Kaylor, who co-directs the Veterans' Center with Maynard and Vietnam veteran Jim Leavitt.

"Vietnam was set up as a kid's war. It was designed to keep 19-year-olds from breaking down on the battlefield," Maynard says. "In other wars you were in for the duration so people broke down with battle-fatigue and were sent to the rear. In Vietnam you had a one-year tour. When you got into high stress situations you told yourself, 'I've only

got five months to go so I'm not going to deal with this now,'" he says.

"After a few months you learned to cut down on certain stresses. You learned not to get to know people because the closer you got the more stress you had when they were blown away," Maynard says.

"When somebody new came in you didn't want to know who they were, where they were from or anything about them. You became a survivor, an individual," he says.

"When you came back and were plunked down here, within 24 hours you were ready to let it out," says Kaylor. "But there was no place for that release. My family told me to put all that behind me. Meanwhile, protestors were calling GIs baby-killers."

"Any normal person would react in the same way," says Dr. Linda Sherman, assistant professor of psychology at the University and director of the Community Veterans Employment and Training Service Center. The

combination of a "catastrophic war and a lack of welcome" make vets frustrated, isolated and hostile, she says.

"It don't mean nothing." Ex-marine Ron Phillips says that's a phrase he hasn't been able to lose from Vietnam.

"When we were there it was all lies. The South Vietnamese government was one of the most corrupt in the world," Phillips says.

"You come back to the states and go through all this bureaucracy, and it don't mean nothing. It has nothing to do with survival, it's all so some bastard up top gets rich," Phillips says. "Then we're portrayed as a bunch of radical crazies."

"When we came back we wanted to find out what it was all about, why in the hell we were over there, why our friends were getting killed," Leavitt says. "Nobody would give us the answers."

"Why did the guy who carried a Bible get shot just as dead as the guy who whored around? Why did I survive when others didn't?" asks Kaylor.

"We have to retreat to our own answers to why we did it and why it was — in a society that doesn't help us find an answer. You live through a horror story — how do you rationalize it, except that I made it? I must be a lot stronger than I thought I was."

"People think that if the veteran went, then it's his own fault. That doesn't take into account that a 19-year-old at that time wasn't even conscious of political things," Maynard says.

"I was being a good middle-class young man. I went into the military and got off on the John Wayne training," Leavitt says.

"I remember we were landing there in the morning. I looked down and thought, 'Oh my God, they're killing each other down there.' Then it clicked how I'd been duped," he said.

"From then on I had to say 'this is just a movie.'"

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Summer term begins June 23

A full range of regular University courses, special workshops and seminars will be included in the University's 1981 summer session, which opens in June.

About 800 courses will be offered during the summer, according to summer session business manager Ron Trebon. Regular summer courses will run from Tuesday, June 23, to Friday, Sept. 4. Registration will be held Monday, June 22, at McArthur Court.

Trebon says this summer's activities are being geared toward the needs of several types of students, including continuing University students, people pursuing higher academic degrees or seeking professional "updating," and people who simply want to enrich their lives with knowledge in particular areas.

The University anticipates a

summer enrollment of 6,900, about the same as last summer's enrollment, Trebon says.

A time schedule of classes is available at the registrar's office in Room 22, Oregon Hall, or at the summer session office in Room 64, Prince Lucien Campbell Hall. Courses will meet weekdays, unless weekends or evenings are noted in the schedule's course descriptions.

Special workshops and short courses also will be offered throughout the summer to provide intensive, accelerated study in various academic and professional fields, Trebon

says. A round of pre-summer workshops and courses will be offered June 15-19.

Special programs include the fifth annual Family Vacation College for children and adults, set for July 19-24 and the Grace Graham Vacation College, planned for Aug. 16-23 and 23-30.

"Intent to Register" cards, included in the summer session catalog, should have been filed with the Registrar's Office or the Summer Session office before June 1 to assure that registration material is available on June 22, Trebon says.

Library displays photos

Historical photographs of the Pendleton Woolen Mills are on display and available for purchase through Friday in the Library's main lobby.

The photographs, dated around 1912, are from the Library's Special Collections. Made from glass plate negatives, the prints show employees of the woolen mills, as well as the interior and equipment of the building, which was constructed in 1909.

The pictures are from the collection of Walter S. Bowman,

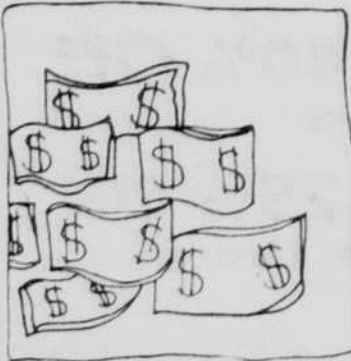
who was a studio photographer in Pendleton.

"The collection is significant to industrial history because photographs of business interiors are uncommon," librarian Phil Zorich says.

Proceeds from photograph sales will be used to copy photographs from aging negatives and to develop an index system for some 70,000 photographs housed in the Special Collections, Zorich says.

For more information, contact Zorich at 686-3068.

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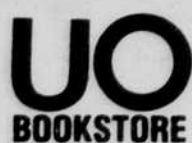
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