

# Class offers therapy, credit

By JEFF ENGLAND  
Of the Emerald

Keeping physically fit when handicapped or while recovering from an injury is possible through a Physical Education Service Course entitled PE Parallels.

"After trauma, surgery or injury the therapy used to be a cast with no participation or exercise," says class instructor Barbara Yost. "Now, the best treatment consists of low-resistance range-of-motion exercises and participation to the extent that the patient can handle without severe pain. This keeps muscle atrophy to a minimum and allows the rest of the body to stay in condition."

Students are provided with one-to-one instruction or can develop their own programs and work independently.

Weight training, swimming, flexibility and range-of-motion

exercises comprise the course, which can be repeated five times so that students unable to participate in regular PE classes may fulfill their University requirements.

Paraplegic biology major Alberto Naranjo says, "I can get credits for a session that would cost me \$20 at Sacred Heart (Hospital)."

"A lifesaver," is how Pamela Marx describes the class. Her goal to run in a marathon is postposed by an apparent muscle tear in her thigh. "This class gives me another goal to work for until I get well. Having other people to work out with makes me want to work harder, while I work at my own pace and set up my own program."

Yost sees PE Parallels as part of a gradually developing effort by the University to meet

the needs of handicapped students.

A planning committee has been formed to look into an intramurals program for handicapped students that could include tennis, basketball, swimming and archery.

But, she adds, a stronger indication of interest is necessary for the PE department to further facilitate those needs.

Yost is also disturbed that many students unable to take regular PE courses obtain waivers from University PE requirements when they could actively participate in her class.

"Adaptive students need physical activity even more so," says Yost. In many of her students she sees "a big change in self confidence and a better attitude about being in school again."



Photo by Keith Allen

Lori Bouchard, a student in the PE Parallels class and her instructor, Barbara Yost, do situps in part of a physical therapy program. Yost says the class represents a University effort to meet the needs of handicapped students.

## UO Child Care and Development Center

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## EVENTS

### EMU CULTURAL FORUM PROUDLY PRESENTS

## LYNN HERSHMAN

Prominent San Francisco sculptress, video artist, and filmmaker. Presenting and speaking on her work and a new video tape.

Thurs, Jan 24  
7:30 PM

EMU Forum Room  
FREE and OPEN TO THE PUBLIC  
5917:1-24

Prominent Political Analyst  
**JOHN ROTHMANN**  
will address this topic. Mr. Rothmann has had extensive political experience, ranging from being a personal advisor to Pres. Nixon to engineering Sen. Frank Church's victories in the 1976 Presidential primaries. Sponsored by J.S.U.

# THE ISRAELI-EGYPTIAN PEACE TREATY: WHAT IT ALL MEANS

MONDAY, JANUARY 21st 7:30 PM  
EMU FORUM  
ADMISSION FREE

### EMU Cultural Forum Presents

## RALPH NADER

Monday, January 21  
NOON  
McArthur Court  
FREE

Doors open at 11:30 A.M.  
Enter at doors 1,2,3,4,15,16,17,18  
7187:1-21

## ISLAM (SYMPOSIUM)

JANUARY 23-24 10 AM to 10 PM  
167 EMU U of O Campus  
Lectures, Discussions, Films, Slides, and Book-Exhibition on the various aspects of Islam

## MOHAMMAD MESSENGER OF GOD

The spectacular and fascinating drama about the birth of Islam may well be the most significant religious epic of the decade. Syrian-born American Director Moutapha Akkad captures, with both reverence and force, the incredible years between 612 and 630 AD, during which the teaching of Islam spread despite violent persecution and ultimately transformed much of the world. The film brilliantly conveys the monotheistic message embraced by some 800 million Muslims in the world. Illuminating a crucial chapter of world history, MOHAMMAD, MESSENGER OF GOD, advances the increasingly important cause of international inter-faith understanding.

Tuesday, JAN 22 180 PLC  
WED, JAN 23 177 LAW  
7:00 PM Tickets \$1.00

Sold at: UO Bookstore, EMU Main Desk, or at the door.

SPONSORED BY THE  
MUSLIM STUDENTS' ASSOCIATION  
5949:1-22

The JSU presents the 4th annual

## NORTHWEST JEWISH STUDENTS' RETREAT

February 15-17  
"A weekend of fun and learning!"  
Take a break from the books! A great opportunity to meet students from campuses throughout Oregon, Washington, and British Columbia. There will be workshops, speakers and films on contemporary topics. Cost is only \$15 for the whole weekend. Pick up an informational flyer and registration form at the JSU office, Suite 5 EMU.  
59421-21

### UNIVERSITY THEATRE and UO DANCE DEPARTMENT present

## DANCE '80

Featuring a wide variety of dance from ballet to folk  
JANUARY 18, 19, 24, 25, 26 at 8 PM  
ROBINSON THEATRE  
\$4/\$2.50 Students  
Box Office 686-4191  
7127:1-25

### Social Work Interest Group presents a 1 day workshop on

## UNDERSTANDING & TREATING THE ADOLESCENT

Speaking is Dr. Jack Hegrenes, M.A. in Anthropology and M.A., Ph.D. in social work from the University of Chicago. Topics to be covered include Normal Adolescent Behavior, Treatment for the Troubled Adolescent, and Guidelines for Assessing Deviant Behavior. Pre-registration is available at Hendricks Hall. Registration is the day of the workshop.  
FRIDAY, JAN 25 167 EMU  
Registration 8:30 AM  
Workshop 9-12, 1-4  
Students \$3 General Public \$6  
5942:1-24

## ENTERTAINMENT

### EMU CULTURAL FORUM Proudly presents

## THE KING OF THE BLUES B.B. KING WITH SPECIAL GUESTS THE GOSPEL TRUMPETS FOR TWO SHOWS 7:30 & 10:30

JAN. 23  
EMU BALLROOM  
UO Students \$5 Advance  
\$6 at the door (day of show)  
General Public \$7 Advance  
\$8 at the door (day of show)  
TICKETS AVAILABLE AT: Everybody's Records in Eugene, EMU Main Desk, and UO Bookstore. 7058:1-23

### CINEMA 7 10th & Olive-Atrium Building 687-0733 Oregon Premieres-Ends Thursday WERNER HERZOG'S NEWEST WOYZECK

(West Germany 1979)  
Herzog's newest film (made back to back with NOSFERATU which we soon hope to premiere) features AQUIRRE star Kinski as a man gone mad for love and Cannes winner Mantes as the victim of his obsession.  
SHOWTIME IS 8:00 PM ONLY PLUS

### Directed by Hans Syberg

WINFRED WAGNER  
After court ordered silence of 30 years Winfred Wagner (daughter -in-law of Richard Wagner) gives eyewitness account of a 22 year relationship with Hitler/Bayreuth Festival. "Fascinating and disturbing...the subject is as mesmerizing as Count Dracula."  
SHOWTIME IS 9:30 ONLY  
5944:1-24

## PERSONALS

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5259:tfn

LET'S GO TO BED and get tucked in together. PIKES. Rose, story and kiss \$4. Champagne extra. 485-9455, X5274. 1-21

PLAY SOCCER this winter! Sign up sheets for player w/o teams at Gerlinger Hall. Or call Jim, 686-2718. 1-21

Hey B.B. The Craft Center is open Friday night. Let's cut a little wood baby. C.C. 5956:1-25

DEBBIE DOLAN: Have a great Birthday today! Anne

### RECREATIONAL SKI CLUB!!!

Meeting: Tuesday, January 22, 8:00 PM. EMU. Check Club Sports Bulletin Board or Daily Schedule for room location. For more info call 689-6585. 5928:1-22

I AM A STUDENT from Saudi Arabia. I am looking for a family to live with to learn American language and culture. I am willing to pay all my expense. Call 726-9393. 1-22

MY WEEK WAS MISERABLE. It was thrice as complicated when my wallet wasn't returned. The \$50 is my family's food until February. Please return it to the EMU. Thanks. 1-22

ALEX: Thanks for the great Alpha Chi week; my swimsuit is still in my suitcase you turkey! You're my loveable little sis! Love, KERRI 5954:1-21

HEY BIG BOY! Meet you in ceramics Saturday morning at the Craft Center. BLUE EYES. P.S. They're open Saturday mornings now. 5956:1-25

### GET YOUR ACT TOGETHER for DUFFY'S GONG SHOW

Thursday, Jan. 31 5960:1-22

### MAX'S TAVERN

Now featuring Guinness Stout ON TAP 5959:1-22

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5884:M

### CRISIS CENTER

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THE SPECIAL YOU and PREGNANCY, free pregnancy testing at Birthright 687-8651. 4682:1-21

Ms. A The EMU Craft Center is open Saturday mornings. Meet you in the Stained Glass area. Mr. T. 5956:1-25

MARY JO: Roses are red  
Violets are blue  
The big 'I' was great  
And so are you!  
Love, YOUR LIL' SIS

## WORSHIP

HEAR RALPH NADER'S  
Sermon. Wonder at HIS superficial demagoguery! ADMIRE the emperor's new clothes! SEE the water upon which HE pretends to walk! BUT BE SKEPTICAL.

## CLUB SPORTS CREW

Mandatory Winter workouts: Tuesdays, Thursdays beginning January 22, 7-8 AM, gate 25, Hayward Field. Newcomers welcome. 5925:1-21

PHI PSI MIKE G: Happy 20th Birthday. These past months have been great. Thanks for being there. Love and Kisses, Lehi P.S. Want to get lucky?

BETA PAUL CHITWOOD: You're AWESOME! Love, Two Alpha Phi Secret Admirers

### DDD SHOWERERS

Congratulations on the successful ALL-HOUSE "PROJECT". (I demand the negatives!) Love you all, Linda

DENISE "O": Wie gehts kiddo? Gerburgstag Spat. Du bist einen fantastische mensch und frauen-Vielen Spass-P.K.

MAGGI: Your eyes sure sparkled when you received the Stars and Crescent. Congratulations on your initiation! Delta Love, Mary Ann

JOHN DULCICH: Congratulations on your initiation into Sigma Chi! I'm proud of you. Love, Mary Ann

## Happy Anniversary DIPHEAD!

I can't believe that for two years I've gone out with a person who spends his time drawing toilets and making stupid little trees. I sure am glad you are able to spare a few magical moments to spend with me. I Love You Lots... JUNIOR SPIDY

SCOOPER: We are true CHI-O Sisters now, thank you for being such a DOLL. Love, from BARBIE

## CHI-Os!

Thanks for the AWAKENING Friday morning. Screwdrivers and dancing is a great way to start the day. Our faith is renewed! SIGMA NU

LISA WONG: Today is the start of a week full of no sleep, ? , ? , and fun (perhaps more bedtime stories!) Mucho Sigma Love, Kelly

### TO ALL

## MEMBERS

OF KAT: Even though we haven't been able to participate in all the fun, we really appreciate all you've done. We Love You-Suzi V. & Nancy M.

BETH TALLMAN: Get hyped for initiation, you're great! Sigma Kappa Love, Your Great Granny Jewelry

SIGMA KAPPA PLEDGES: Pearls, violets and Ernestine  
An unknown mission is Maine  
Lavender, Maroon and 1874  
Are now pounded into your brain.

You're ready now for the next big step  
To become sisters of the band  
Get ready for a HELL of a week  
Of which you'll remember with fond  
Memories. (I hate rhymes!)  
Love you all, BECKY

### AX Tammy Spencer:

Initiation was great  
And you're first rate!  
Lots of fun you did bring  
Thanks so much for EVERYTHING!  
Love ya, YOUR LITTLE SIS

AX MEMBERS: Thanks for the great week! We love you all! Your newest sisters. 5954:1-21

AX BIG SIS AMY FARNHAM: Thanks for being so special last week! It was the greatest 'Big I' ever and I couldn't have made it without you! Love always, YOUR LITTLE S.I.T.B. Laura