

ask the sexpert

Q. I've heard that a pregnancy test can be performed 45 days after the first day of my last period. Is this true? How is the test done and what is the cost?

Yes, a pregnancy test can be run 45 days after the first day of the woman's last normal menstrual period. The test is called the UCG-slide test. A drop of urine from the woman's first morning sample is combined on a slide with two other chemicals. After rocking the slide for two minutes, if agglutination (grain-like texture) is present, the test result is negative, if there is an

absence of agglutination, the result is positive. The test result is 98.7 percent accurate at this time. This test is available at Planned Parenthood by appointment for \$7. The cost of this test may vary depending on the agency.

Q. Can a man notice a woman's IUD during intercourse?

Normally, no. The IUD has a short string attached which hangs into the vagina. Occasionally this string (which is slightly stiff like surgical thread) will scratch the tip of a man's

penis. To remedy this a doctor can cut the string shorter or a woman may be able to just push the string aside with her finger.

Q. If I decide to go on the birth control pill, will I gain weight? What other side effects might I expect?

Weight gain is one of the most commonly talked-about side effects of the pill, but not one of the most commonly experienced. Weight gain and edema (water retention) might be experienced during the first 3 months on the pill but will usually level off after that. Some

pill users also experience an increased appetite which may be related to the progestins in the pill. In contrast, sometimes pill takers use the pill as the "scapegoat" for their weight gain.

Most pills prescribed today are low-dose estrogen, thereby reducing the probability of weight gain and other complications. Side effects that might be experienced within the first three months are breakthrough bleeding, nausea, dizziness, breast tenderness and headaches. Some pill users never experience any of these

potential side effects, others do.

Remember, there are many different brands of pills on the market. If your choice of birth control is the pill and you are having some problems, return to your clinic to discuss a pill change. It is important to remember to give the pill a chance before deciding to change methods or change pills.

Fed money cuts blamed for end of CETA jobs

The government giveth and the government taketh away.

Because of a cutback in federal money, 24 campus positions funded by the Comprehensive Employment and Training Act will end Nov. 1.

Most of the affected employees are project aides in various campus departments. Eight of the jobs were open when the cutback was announced and the other 16 were cut after a review by the personnel office, according to Joan Coe, CETA coordinator for the University.

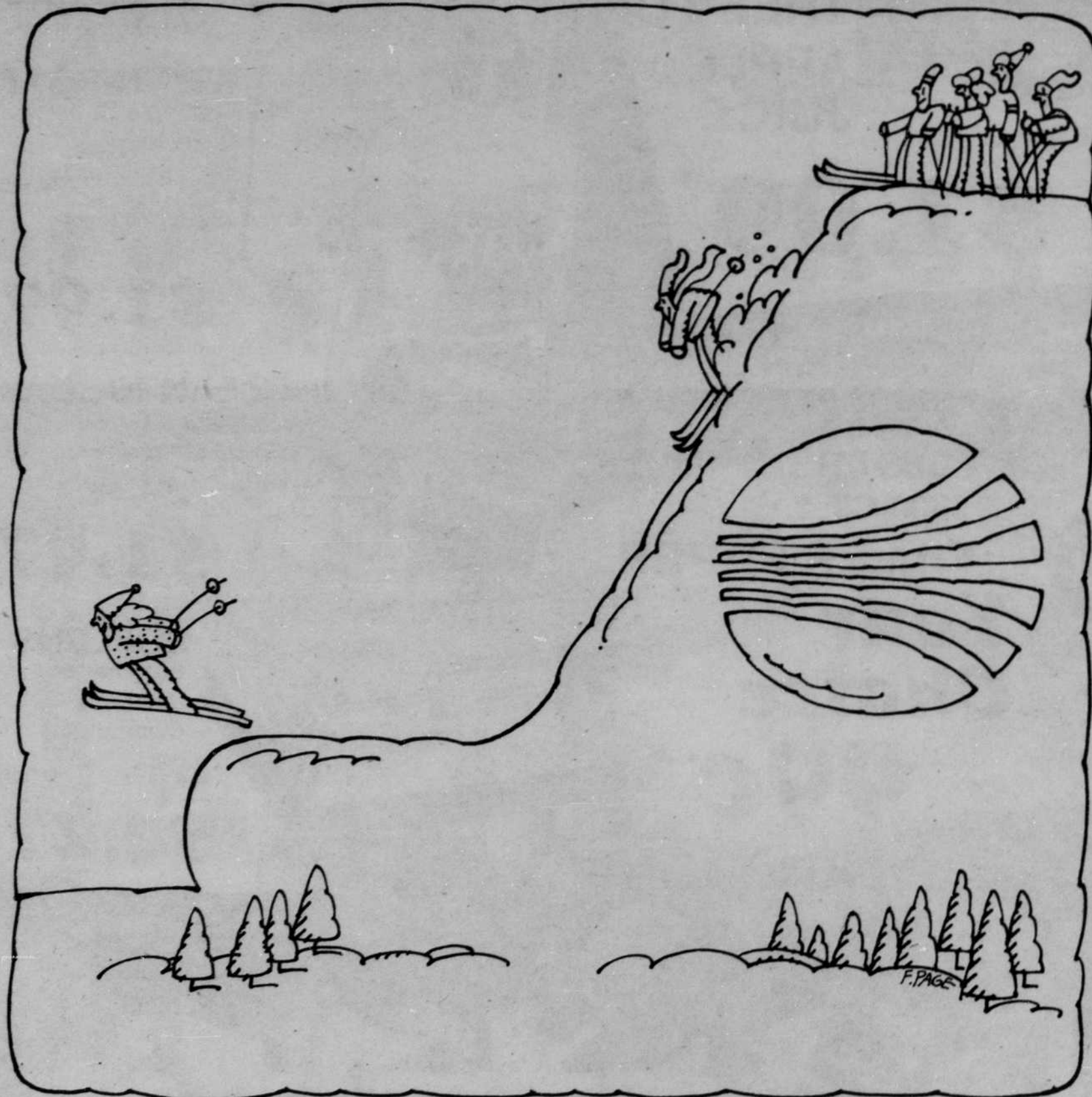
Since the federal money is administered through the Lane County Commissioners, cuts are based on a priority list which was drawn up by the commissioners last year, Coe said. Terminated positions are:

- Three positions in the EMU child care program. All were education project aides in the sick child care program.
- Two members of a minority media task force in the Ethnic Studies Department.
- Two library staff positions, a microfilm analytics aide and an unfilled position in the science conversion division.
- One education projects aide in the taped music instruction program of the Music Department.
- The coordinator of the Outreach program in the Women's Studies Department.
- Two resident artists in the EMU Crafts Center.
- One position for coordinator of "A New Look at Teacher Education" in the Teacher Education Department.
- One position in the Drug Information Center.
- Two positions at the University Theatre.
- One physical therapy aide in the Crippled Children's Division.
- One steam valve position eliminated at the Physical Plant.
- One data processing aide in the registrar's office.
- One project aide in the Bureau of Government Resources and Services Library located in Hendricks Hall.
- One open position as a transition problem solver in the psychology department.
- One open position in the boards office handling high school relations.
- One open library assistant position for KWAX-FM.
- One open position for an assistant to Coe in the CETA development office.

Assisting Coe with the hit list were Jack Steward, director of personnel; Dave Cunningham, vice-president in charge of personnel and Mavis Tichenor, assistant to Cunningham.

Wednesday, October 24, 1979

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