

Health Center helps summer sniffle

By SALLY OLJAR
Of the Emerald

With the sun overhead, a healthy glow begins to creep over the skin — a refreshing feeling after a damp, musty winter in Oregon. Everybody looks forward to the blessing of sunshine, conveniently forgetting the drawbacks of such good fortune.

Oregonians hope that the runny nose, itchy eyes, scratchy throat, wheezing chest, poison oak, and poison ivy will not reappear. For many of us there is no chance of such a miracle, but there is a place to get some help.

The University Student Health Center is an oasis of relief for the most common summer ills. Even though some of its regular clinics are closed for the summer months, it still gives help to those who need it.

Full-time students may have any ailment treated that doesn't involve an emergency, surgery or a visit to the infirmary. A \$14.50 fee is assessed at summer registration to pay for the time spent with a doctor. The fee doesn't cover any lab work, medicine, X-rays, allergy shots or special services.

Insurance is available through the ASUO to offset these costs; it offers a comprehensive accident and illness plan for students and their dependents. Coverage extends anywhere outside the University and includes hospital stays of up to 30 days, surgical expenses up to \$1000, ambulance service and choice of doctor. Pregnancy benefits are also included.

An alternative plan offers insurance only in cases of accidental death or dismemberment. It covers only the student and costs \$3 per term. The plan pays \$10,000 for double dismemberment or accidental death and \$5000 for single dismemberment.

The Student Health Center's summer hours are 8 a.m. to 4:30 p.m. Monday through Friday. The gynecology clinic will be open two days a week on an appointment basis, but its hours have not yet been determined, says Center Administrator Snell Prince.

Student health insurance is available during summer registration at the EMU Ballroom, the Business Office at 130 Oregon Hall or at Metzker & Associates, 70 East 13th Ave., 342-4868.



Photo by Jimmi Harris

Summer has its disadvantages for many Oregonians. Some hay-fever victims resort to surgical masks for filtering the pollen-infested air. The mask is effective if not terribly attractive. A visit to the Health Center may provide a less visible form of relief.

Bureaucratic tape cut with a visit to Oregon Hall

By SALLY HODGKINSON
Of the Emerald

Unwilling to become caught in a snarl of bureaucratic red tape, students rarely venture into the bricked walls of Oregon

Hall unless they have to drop a class or pay late tuition.

But east of the registrar's and accounting offices in Room 164 is the Office of Academic Advising and Student Services, a service that specializes in cut-

ting, rather than creating, red tape.

Staff members advise and work as advocates for students with administrative or academic conflicts. They also answer general questions about the University, offer some personal counseling and direct students to other University services.

The office offers special assistance to handicapped and older returning students. This help includes orientation, advising and access.

Several other Oregon Hall offices offer specialized services:

Payroll — The business office handles student payroll transactions in Room 122, 686-3151.

Accounting — Centralized billing for student charges are in this office. Deferred tuition schedule, billing and collection of loans, service charges, fines, general deposits, housing deposits and student insurance are also in this office, Room 113, 686-3169.

Cashiers — All money transactions are handled at the cashier windows. Payments for tuition, dorm rooms, married student housing, general fees as well as veteran's checks and certificates of registration are taken care of in this office. The

cashiers are located on the first floor, 686-3154.

Registrars — This office prepares schedules of classes, registration packets, transcripts of academic records and degree analyses. The registrars office is located on the second floor, 686-3247.

Admissions — Questions about admission requirements for both undergraduates and graduates, course placement recommendations and residency classification should be taken to Room 270, 686-3201.

Financial Aid — This office offers counseling and information on all types of financial aid programs such as loans, work-study, grants and scholarships. This office is in Room 270, 686-3221.

Student Conduct — Information on minor student court problems, code violations, evaluation of student conduct policies and administration of the University Appeals Board are the jobs of this office, located on the fourth floor, 686-3210.

International Student Services — Primarily to aid foreign students, with visas, government regulation, scholarships and employment, this office also aids American students planning to study abroad. The office

is in Room 172, 686-3206.

Affirmative Action — This office assists students with affirmative action problems in the classroom or student employment in Room 475, 686-3123.

There are a lot of services available outside the red bricks of Oregon Hall also:

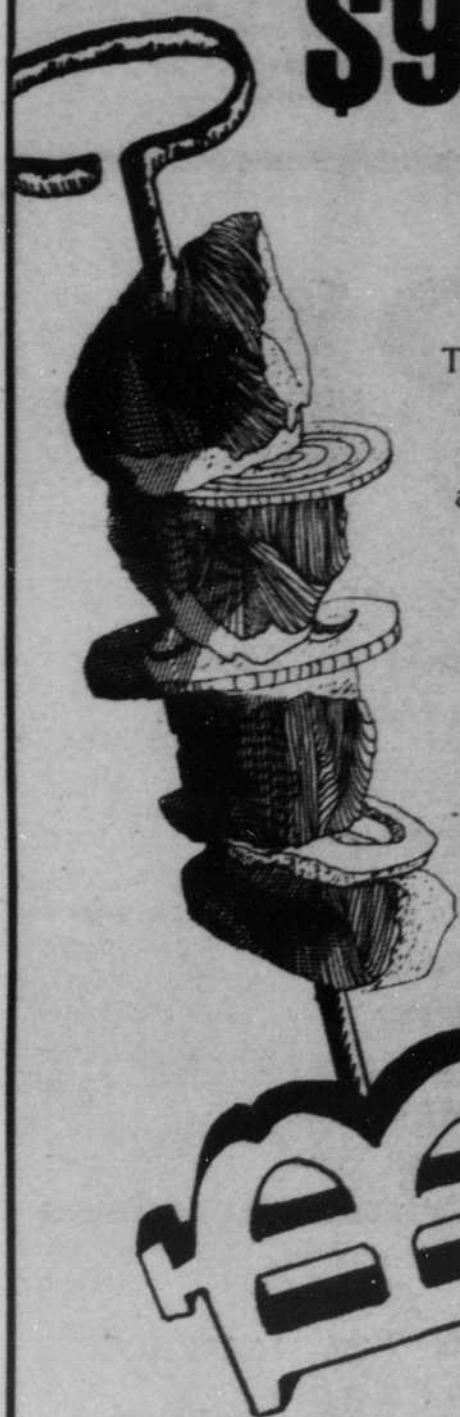
Career Planning and Placement — Located in 246 Susan Campbell Hall, 686-3235, this service offers assistance in career plans for graduating students and alumni.

University Counseling Center — Professional counselors help students with personal or academic decisions and interpersonal relationship problems. The center is in 150 Susan Campbell Hall, 686-3227.

Credit by Exam — Students can challenge upper or lower division classes, earning straight credit or letter grades through the Academic Advising Office at 187 Friendly Hall, 686-3045.

Learning Resources Center — This center charges a minimal fee for services which range from a speed reading course to tutoring and special classes. The center is located in the basement of Friendly Hall, 686-3232.

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