



### Hospital offers relaxation help

Learning to relax is the goal of classes offered at McKenzie-Willamette Hospital. Classes are designed to teach ways that people can learn to relax in stressful situations.

Instructors for the two series of four classes are Anthony Biglan and David Campbell. Both are licensed psychologists.

The Monday afternoon series will be conducted by Campbell from 4:30 p.m. to 6 p.m. beginning Jan. 15.

A Wednesday evening series from 7:30 p.m. to 9 p.m. will be led by Biglan. It begins on Jan. 17, with subsequent classes on Jan. 24, Feb. 7 and Feb. 28.

The fee for either series of classes is \$35. Interested persons may get more information by calling the Behavior Change Center at 726-5563.

### Iranians plan march

The Iranian Moslem Student Association is staging a mock funeral march beginning at 11 a.m. today at the Wesley Center, 1236 Kincaid St.

Marchers will carry a casket to symbolize the deaths of Iranians who have been killed recently during anti-shah demonstrations in Iran.

Protests have resulted in a major decrease in Iranian oil exports, and Shah Mohammed Rezi Pahlavi's reign is in jeopardy according to the student group.

Iranian students insist that Americans are "bound up in this revolution" because of U.S. support of the shah. "Americans must come to realize that their government has participated for years in actively supporting the corrupt regime of the shah," says an association spokesperson.

Members of the organization cite the shah's failures as turning the country into a food importing nation, and not using oil revenues for the public benefit.

### County seeks planners

Lane County Commissioners are seeking applicants for the Lane County and West County Planning Commissions

Four members are completing terms on the two bodies.

The commission recommends adoption of sub-area plans to the board, makes recommendations on ordinances which implement the plans and acts on certain applications and requests dealing with land use. Members of both commissions are selected for three year terms and are eligible to serve two consecutive full terms.

The Lane County Planning Commission meets in Eugene on the second and fourth Tuesdays of each month during the late afternoon and evening. The West Lane group meets on the second Wednesday of each month in the evening.

The West Lane body is selected from Lane County residents of the coastal area including the Mapleton, Siuslaw, Ten Mile Creek, and Ryan school districts, while the Lane County body is composed of residents of the remainder of the county.

Interested persons should submit applications no later than Jan. 12.

Application forms are available from the Community Relations Department, Lane County Public Service Building, 125 East 8th Avenue, Eugene, or at the Courthouse Annex in Florence.

Application forms will be mailed upon request.

### Step-parents offered class

Beginning this Term, the University Counseling Center is offering a "group experience" for married students who are experiencing a new role as a "step-parent."

The group is open to students who are step-parents and to students whose spouses are step-

parents. Toobert encourages both partners to attend the sessions.

Interested persons may contact the Counseling Center, located in 150 Susan Campbell Hall, at 686-3227. Meeting times for the class will be determined by the group.

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## briefs

### MEETINGS

The Eugene-Springfield MESA will hold regular weekly TGIF gatherings this month, beginning today at 5 p.m., at Original Joe's, 8th Ave. and Wilamette St. Prospective members and guests are welcome.

Mass is being held daily Monday-Friday at 12:30 p.m. at the Wesley Center beginning Monday. "You and the Proposed Draft" is the topic of discussion for the Wesley Center Fellowship meeting on Sunday at 7 p.m. The Wesley Center is located across from the Computer Science Center at 1236 Kincaid St.

### VOLUNTEERS

"From Orient to Oregon," a musical series featuring Chinese music will be aired Saturday on KWAX-FM at 91.1. The program is sponsored and presented by the Chinese Student Association.

### FORUM

Jason Boe will speak at the Labor Forum today at noon at the Rodeway Inn at I-5 and Belt Line Road.

### MISCELLANEOUS

The listing of student living organizations is now available at the EMU Main Desk, Oregon Hall Information Desk and at the Telephone Exchange, Room 3 Johnson Hall. This card lists telephone numbers for dormitories, fraternities and co-op houses.

The Voluntary Action Center is looking for people to fill several positions. A public relations manager is needed to create a constant public image for the group. Board members are wanted to attend meetings and help solve problems. A clerk is needed for general office duties. Table games players are needed in the Junction City area to help residents in a home. A bookkeeper is also needed to keep the records of the non-profit agency.

## oregon daily emerald

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