

ask the sexpert

Q. Aren't all those feminine hygiene sprays totally unnecessary for a woman who bathes or showers everyday?

A. I think you are absolutely right. Many women have been brainwashed by the media into believing that their genitals are unclean.

Normal hygiene (i.e. soap and water) is all that is necessary. Also one's normal vaginal lubrication is odorless so it is a myth that a man should be offended by smelling a healthy, scrubbed woman. I should also mention that one's genitalia can be severely irritated

by the above sprays and by commercial douches, especially those highly colored and flavored ones.

Q. What is the significance of a gold ring in one ear? I see a lot of men with these and don't get the message.

A. There is no one answer. At

one time a gold earring (in the left ear) meant the wearer was into sadism. Later it was "supposed" to indicate homosexual preferences. But, as with many fads, the meaning became diluted and now people wear them for many reasons: They like it, it was a spe-

cial gift, they are married, ethnic heritage, etc. So, if you really need to know, you'll have to ask the person.

Q. I heard there was something new in birth control that was put into the vagina and was as effective as birth control pills.

A. You are probably referring to Encare-Ovals. It's a foaming suppository that has been available for the past year in drug and variety stores (their book store has them). The small pellet is inserted high in the vagina about 10 to 15 minutes before sexual intercourse. It starts to foam and covers the opening to the uterus. (It's good for about an hour.) The same spermicide found in some birth control foam, Nonoxynol 9, is found in the Encare-Oval. No reliable data is available on its effectiveness. Authorities in the field of family planning give it a range of 75-95 percent. It is very doubtful that the Encare-Oval is as effective as the birth control pill. For best protection a condom should be used at the same time.

Tenants get new housing board reps

Amazon Family Housing tenants have elected 11 project representatives and three Amazon Community Tenant officers who will also serve as housing policy board members.

The ASUO-supervised ballot counting was completed Wednesday afternoon, three days after the weekend elections. A problem in ballot markings delayed the final vote tally.

Newly elected policy board members are Julie Giometti and Patty Thomas. Nurit Steinfield, who served as ACT secretary last year, was re-elected.

Area representatives serving Amazon tenants this year will be Olive Bowers, area two; Craig Thorton, area three; Stoney Shaul, area six; C. Ralston, area seven; Shelley Greer, area eight; Mike Christenson and Judith Barker, area nine; Diane Mason and Patricia Cary, area 10 and Lann and Syd Whitten, area 11.

The Amazon Family Housing Policy Board, created in August of 1977, is composed of faculty members, University housing officials, University students and Amazon tenants.

The board deals with a variety of issues from playground facilities to childcare service and maintenance problems at the housing project.

Last March, the board appealed a University Housing Department policy that required part of Amazon's rent to go toward payment of a debt incurred during construction of the Westmoreland Family Housing project.

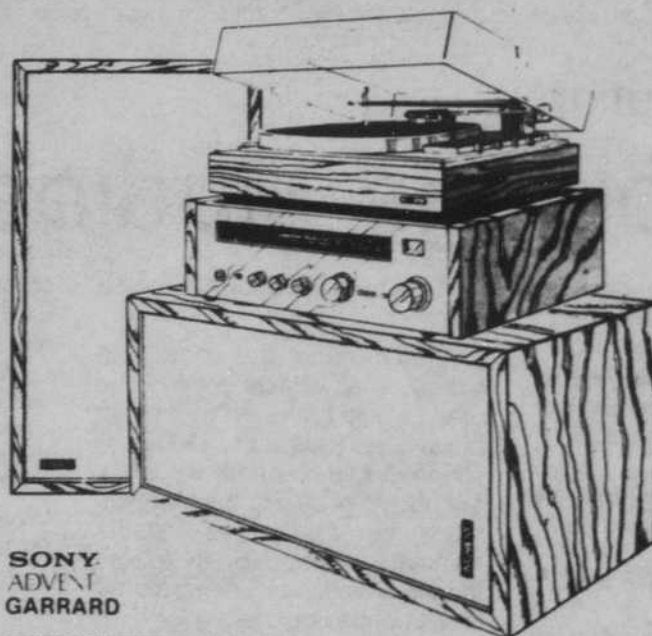
The Amazon Appeals Board rejected the housing department's stand to side with the tenants in August. In October, University Pres. William Boyd upheld the board's decision to alter debt service policy.

Area representatives, also elected over the weekend, take part in Amazon governance. They do organizational work, such as distributing newsletters for ACT, and serve as liaisons from residents to policy board members.

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