

A Benefit for
**THE OREGON
LUNG ASSOCIATION**

sponsored by

**SUGAR PINE
RIDGE**

and

adidas 

5,000 Meter

(3.1 miles) This run will begin in front of Johnson Hall on the University of Oregon campus, continue about the campus area and conclude at MacArthur Court.

10,000 Meter

(6.2 miles) This run will also start at 9:00 am in front of Johnson Hall. It will parallel the 5K run for much of the start then break off for down town. Those running the 5000 meter race that feel like continuing are welcome to do so.

 PRIZES

200 PRIZES

will be randomly awarded by running number. Runners should check the Winner's Board at the end of the 10,000 M run on the Downtown Mall.

**TOP 3 FINISHERS
5,000 M**

will receive a beautiful Adidas travel bag and a sterling silver running shoe pendant from the Eugene Downtown Association.

**TOP 3 MALE & FEMALE
FINISHERS 10,000 M**

will receive a pair of Adidas shoes and the Adidas travel bag. These runners will also receive the commemorative award from the Eugene Downtown Association.

 **OTHER
VITAL
INFO**

- Entrants donations will be \$5.00, and may be paid at Sugar Pine Ridge when registering. Proceeds will be donated to the Oregon Lung Association after expenses.
- These 5 and 10 kilometer runs through the streets of Eugene — the birthplace of Jogging — will be along well-monitored courses, police patrol, electronic timing by Adidas.
- Starting time is 9:00 am sharp in front of Johnson Hall on the UO campus.
- Ample parking in the Eugene Downtown free parking lots - with a short "warm-up jog" to the race site.
- The 10K run will end on the Eugene Downtown Mall where all runners will receive awards and over 200 prizes.
- Race Director: Tom Ragsdale Co-Director: Wally Larsen. For further information contact June Konker at the Oregon Lung Association in Eugene, 342-3329.



**The
MALL RUN
EUGENE
October 7, 1978**

**FREE
T-SHIRT**

Runners in either event will receive a Mall Run T-shirt. This is a high quality, specially designed T-shirt that will identify you as a contributor to the Oregon Lung Association. The shirt will bear the likeness shown above only the lungs will be life size. They can be picked up at the start of the race or Oct. 4, 5 and 6 at the central fountain on the Downtown Mall.

ENTRY FORM

**RETURN TO SUGAR PINE RIDGE, 877 E. 13th Ave.
PLEASE PRINT**

NAME _____

ADDRESS _____

CITY _____ **STATE** _____

ZIP _____ **PHONE** _____ **AGE** _____ **SEX** _____

Entry donation is \$5.00 each. Make checks payable to "The Mall Run."

RACE RELEASE: In consideration of your acceptance of this race entry, I for myself, my heirs, executors, administrators and assigns, forever waive, release and discharge any and all rights, demands, claims for damages and causes of suit or action, known or unknown, that I may have against the Oregon Lung Association, the City of Eugene, and any and all participating race sponsors and supporters and the directors, officers, employees, and agents of such parties, for any and all injuries in any manner arising or resulting from my participation in said race. I attest and verify that I have full knowledge of the risks involved in this race, that I assume those risks, that I will assume and pay my own medical and emergency expenses in the event of accident, illness or other incapacity, regardless of whether I have authorized such expenses, and that I am physically fit and sufficiently trained to participate in this race.

Signature & Date _____

Signature of Parent or Guardian if runner is under 18 _____