

Politics of women in therapy discussed

By ANN TRENEMAN
Of the Emerald

Two feminist therapists discussed their techniques in dealing with women clients and how their modes of therapy differ, at times radically from traditional methods Wednesday morning during a Women's Symposium workshop, Women in Therapy.

Marti Goodban, currently working in the Center for the Displaced Homemaker and Roberta Roth, a self-employed local therapist, agreed and often disagreed on sa-

lient points throughout the two-hour workshop.

"Sometimes I get radical enough to say there are no intrapsychic problems. It is all social," Goodban says, adding that her views constantly fluctuate.

Goodban and Roth agreed it is a personal issue and the main question in counseling someone is "how much does a person's own personal psyche problems get in the way of their goals?"

Goodban says she discounts her formal training, saying, "I am

still angry about it," but Rothman says her training made her more objective.

One of the many problems for male therapists dealing with women, is men seeing their own wives, mothers or lovers in their clients, Roth says.

"One male therapist was trying to explain a patient to me and he kept saying 'If she could just get out from behind the ironing board...' without having any idea

of what put her behind the ironing board in the first place," Roth

says, pointing out how important an awareness of social issues is in therapy.

Both women use a "contract", employ group sessions and use gestalt and transactional analysis in their work.

"I believe in putting women together in groups to help each other," Goodban says, adding that the approach dilutes her own power as a therapist.

"So often there is this misconception that the person is a dummy and the therapist a guru of

sorts," she says.

Roth says the main symptom of the women who sought her help used to be depression, but now it is "women saying 'I want to be more aware of myself. I'm functioning fine. Now I want to enjoy.'"

"The first step with anyone is how to get the basic goals," Roth says. She adds that one client works with improving her sentence structure, simply because she could never actually say what she wanted without going off on tangents.

Today's schedule

Women's Symposium

Dance Improvisation Kate Tracy	9-10 a.m. EMU Ballroom
Nutritional Needs of Women 3HO, Sat Rattan Kaur Khalsa	9-10 a.m. EMU Forum
Lucinia — Birth Center	9:30-10:30 a.m. Room 108
Polarity Yoga Judith Lindsey	10-11:30 a.m. EMU Forum
Sweet Honey, Alice Gerrard & Lydia Mendoza	10-12 noon Room 214
Caesarian Birth Group	10:30-11:30 a.m. Room 108
Current Approaches to Rape panel	10:30-noon Dad's Room
Taking Our Bodies Back film	11-noon Room 101
Mothers of Multiples	11:30-noon Room 108
Personal Growth and Female Sexuality panel	noon-1:30 Dad's Room
Vision Sharing Workshop Joy Gardiner	12:30-2:30 p.m. Room 101
Keep Listening Marcia Munson	1-2 p.m. Room 108
"Woman as Divine" Crescent/Heart Ensemble	1:30-2:30 p.m. EMU Forum
The Birth Co-op panel	1:30-3:00 p.m. Dad's Room
Planned Parenthood	2:30-3:30 p.m. Room 112
Naturopathic First Aid in the Home	2:30-4:30 p.m. Room 101
Birthday of Eugene	3:30-4:30 p.m. Room 108
Rolling Kate Tracy	4-5:30 p.m. Room 112
"Spectrum of One" New Mime Ensemble	4:30-6:30 EMU Forum
Women and Physical Challenge Kate Jessup	5-8 p.m. 350 Gerlinger Annex
Jazz Gig: Sapphire	6-8 p.m. EMU Fishbowl
Parenting Workshop	6:30-8:30 p.m. Room 101
Psychic Healing Laeh Garfield	6:30-8:30 p.m. EMU Forum
Self Help Workshop for Women Viki Shilacs	7-8 p.m. YWCA Lounge
Lamaze Childbirth Opreparation	8-9 p.m. Room 108
Classical Music Concert "Three Centuries of Music by Women Composers"	8 p.m. Beall Hall
Continuing Women's Art Exhibit	noon-8 p.m. Room 167
Free Child Care	9:30-5:30 p.m. Pi Kappa Alpha, 818 E. 15th St.
	6 p.m.-15 minutes after the last event Child Care and Development Center, 1511 Moss

Childbirth education class offered

The Lane County Community Health and Social Services Department will offer a series of childbirth education classes on Wednesday beginning tonight and ending May 24. Classes will be held from 7-9 p.m. at the Florence Office, Courthouse Annex, Florence.

The fee for the series of seven classes is \$5 per couple. Couples are encouraged to attend, but classes are open to singles, friends and all interested persons.


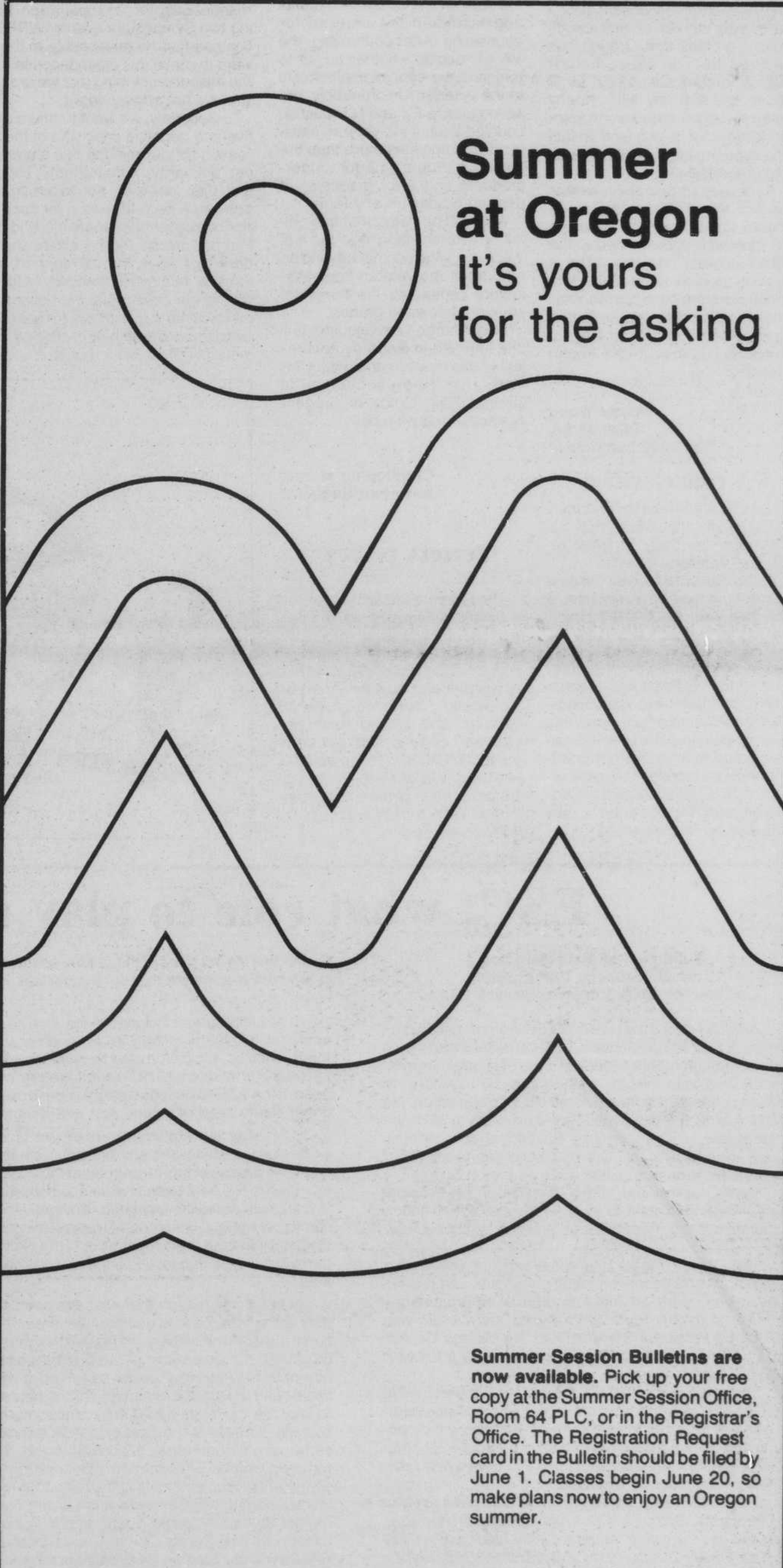
Among the discussion topics are prenatal care, fetal development, labor and delivery, nutrition and characteristics of the newborn.

For more information, call 997-8217.



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Summer Session Bulletins are now available. Pick up your free copy at the Summer Session Office, Room 64 PLC, or in the Registrar's Office. The Registration Request card in the Bulletin should be filed by June 1. Classes begin June 20, so make plans now to enjoy an Oregon summer.