

Women's Symposium 1978

Abortions cause mental suffering, nurse charges

By DINA MILES
Of the Emerald

Abortion is a term that triggers a variety of emotional and philosophical responses, but it can be examined in another context — population control.

Abortion and population was the topic of a discussion led by Bonnie Manion, a nurse at St. Vincent's Hospital in Portland, as part of the Women's Symposium Monday afternoon.

She told the group that aside from the emotional facets of abortion, what people must face is the implication of negating a part of the population.

"We're talking about social engineering in eliminating a population that is not wanted. Wantedness is a criterion for those not living today."

Manion, who is involved in a public education program at St. Vincent's, and who also lectures about natural family planning, told of the possibility that eventually government will not be concerned so much with the number of children a family desires, but rather with the likelihood of a couple producing healthy, genetically sound infants.

She warned of the possible effects government intervention and the use of abortion as a means of controlling unwanted types of infants, or unwanted infants in general.

If we define the terms of who can live and who must die, "Then anything can happen," she

said. "If we're slaughtering one segment of society, it's going to affect everyone that lives in that society."

Manion also cited a study conducted in Japan that described the psychological effects on women who have had abortions. Psychological suffering, she said, occurred in about 73 percent of the women, and those effects ranged from depression to severe schizophrenia which required hospitalization.

She said other studies indicate the psychological trauma is transferred to doctors and nurses who perform abortions on a regular basis. An increase in the use of alcohol, as well as increased depression in attending physicians have been noted, and as a result, many medical clinics have begun psychological desensitizing procedures for the personnel who perform abortions.

Money allocated to abortion services may eventually be limited to pharmacies, she said, because someday women may be able to buy a drug over the counter and induce their own abortions at home. But presently, there are no preparations that do not produce "rampant side effects," she said.

Women who have more than one abortion must also be aware of the possibility of discovering some tissue of the endometrium — the lining in the uterus to which the fertilized egg implants itself — in other parts of the body.



The grace of her movements 'belying' the difficulty of art, Pershi Stockton performed before a sun-drenched EMU terrace crowd Monday.

Exec feels media sexist

By ANNA HOYT
Of the Emerald

Cecily Hand, assistant program manager and co-anchorman for KEZI-TV told a group of women Monday in the EMU she feels women are being used by the media as, "just another pretty face."

Women are told to appear on the news as "calm, controlled, beautiful...no mood," she said during her talk sponsored by the Women's Symposium.

Another group speaking in the EMU Monday talked on woman's role in radio.

"Radio can be an amazing tool for feminists," explained Shady

Grove, spokesperson for a woman's program on KLCC radio. But Hand said being a woman in the media was a disadvantage.

"In the three years that I've been here I don't know any women. There are only two women and a lot of men. I have no time to meet people."

Some of her highlights as a television journalist came when a couple of her stories were broadcast over the network. One of them was about a couple of scientists at Oregon State University who developed a love potion for moths and accidentally spilled it all over themselves. They were immediately swamped by lovesick moths, she said.

Hand further commented that "Eugene is just a stopping ground for me, a place to build up my writing." She said she would like to end up working in a larger city.

Grove and Thyme Seagull who spoke about women and radio are part of the feminist program, "As the Woman Turns," which is aired from noon until 3 p.m. on KLCC.

Grove, who is the founder of the program, felt there was a need in Eugene for a women-oriented radio program.

"KLCC seemed to be the most community-oriented station," Grove explained. "We're used to hearing men and their attitudes, or women trained to sound like men."

Concentration key in female defense

By CHERI O'NEIL
Of the Emerald

A woman is "one huge body of creative force," demonstrated Black Belt Krishna Kaur Khalsa, who gave a workshop on psychic self-defense as part of the Women's Symposium, Monday.

Breath, an important part of the force, according to Khalsa, is the "life force which we pull into our bodies to expand the mind.... We can inhale great strength and in turn exhale any pain or weakness in our systems."

Khalsa told a small group of women in the EMU Ballroom that the "race, tool and weapon for women" is the amount of concentration exerted and feeling expressed. She said strength is present in every woman, but women face the "enemy of conditioning" of being termed the "weaker sex."

Aggressive eyes are a valuable tool for women, she hinted. "Let your eyesight go not just to the opponents' body, but beyond."

Other "natural weapons in the body" Khalsa cited as giving an attacked person a chance to bestow enough "wall-to-wall pain" to the opponent to get out of the situation, are the fingers (in the eye), knees (in the groin), heels (in the shin) and elbows (in the stomach).

Anger is an important creative power, she told her audience, and in self-defense, women should express that feeling by acting like a "tigress — light and fast."

Khalsa of Los Angeles is a member of the Sikh Dharma religion, which she calls a simple form of worship with "one creative energy." The local Sikhs

are easily identified by their white costumes, called "Bana."

The Sikhs live a disciplined way of life, according to Khalsa. "We rise at 3 or 4 in the morning, do yoga, chanting and prayer.... We are also vegetarians."

Khalsa, who is training for her second degree black belt, specializes in women's self-defense and combines Kundalini yoga with meditation to help women find their "dignity, strength and elegance."

Work is worship, according to the Sikhs, and Khalsa said she believes women should also serve the community.

Local Sikh members live in an "ashram," a word in the Indian Sanskrit language meaning the "house of the teacher." They are part of the 3HO Happy, Healthy, Holy Organization, and many work at the Golden Temple wholesale bakery, according to Sat Mander Kaur, who assisted Khalsa in her demonstration.

Mander Kaur said Sikh came to Eugene in 1969, and the goal of the people who live in the ashram is to "raise consciousness and live a lifestyle to help themselves live in that consciousness."

They sponsor programs and teach classes on yoga, nutrition, women's movement, sports, massage, sexuality and relationships, among others.

Khalsa will give another presentation today from 10:30 to noon in the EMU Forum, entitled "Woman: Chick or Eagle."

From noon to 1 p.m., a session on Yoga and meditation for women will continue in the Forum. Both events are free and are sponsored by the Women's Symposium and 3HO.



Krishna Kaur Khalsa

(Continued from Page 1)

Today's schedule

Women and Rape: A Multi-Dimensional Presentation	9:30 a.m. - 12:30 p.m. Dad's room, EMU
Women in Therapy — workshop	10 a.m. - noon Room 101, EMU
"Woman — Chick or Eagle" consciousness-raising	10:30 a.m. - noon EMU Forum
Politics of Cooperation of Women Working With Women — panel	11:30 a.m. - 1 p.m. Room 214, EMU
Kundalini Yoga for Women	noon - 1 p.m. EMU Forum
Feminism and Freud presentation and discussion	noon - 1:30 p.m. Room 101, EMU
Changing Role and Identity of Jewish Women and Conquering the Jewish Mother Syndrome	1 p.m. - 2:30 p.m. EMU Forum
Violence Against Women — panel	1:30 - 3 p.m. Dad's room, EMU
Multi-Media Presentation of Violence Against Women	3-4 p.m. Dad's room, EMU
Healing Through the Laying on of Hands — lecture	3-4 p.m. Room 112, EMU
American Dream/Nightmare Underside: Female Experience on the Western Frontier — lecture	3-4:30 p.m. EMU Forum
History of Rape, and Rape Law — panel	4-5:30 p.m. Room 214, EMU
Women in Prison — panel	4:30-5:30 p.m. EMU Forum
Theory Rap on Rape	5:30-7 p.m. Room 214
"Becoming Assertive: An Overview"	6:30-8 p.m. Room 112
Credit for Women: Getting It and Keeping It	6:30-7:30 p.m. EMU Forum
Body Work Through Guided Fantasy	8-9:30 p.m. EMU Forum

Fishbowl Follies: Women's Music	6-8 p.m. EMU Fishbowl
Women's Music Concert Sweet Honey in the Rock (Tickets available at EMU Main Desk, Mother Kall's and LCC Women's Center)	8 p.m. EMU Ballroom
Women's Art Exhibit	Continuing noon-8 p.m. Room 167
Child Care	9:30 a.m.-5:30 p.m. 818 E. 15th Ave. 6 p.m. until 15 minutes after final event, 1511 Moss

Oliver

of third world related symposium topics, Oliver said, "It is heartbreaking to me — it feels real bad."

Oliver said while as the University's first black, woman ASUO president, she was often expected to choose between being "a black first or a woman first," a choice echoed by her dilemma whether or not to speak at the symposium.

Oliver stressed to the almost entirely white audience, "It's not enough for women of color to be outraged. It's just not enough for whites to be sorry about third world issues, to walk in marches,

to sign petitions."

With no hint of malice in her voice, Oliver said, "Rita Mae Brown is very important. I'm not trying to rain on anyone's parade — it's just not enough."

In an interview after Browne's address, Oliver said, "I truly meant what I said. It's not a matter of doing third world women a favor." She said that the lack of communication and participation between symposium planners and third world women is indicative of a need to "clarify the whole society."

Oliver said to accuse symposium planners of being racist

would be an "easy answer," which she does not think is valid. "Most mistakes are based on ignorance," she remarked.

"The fact is, it is very hard to bring white feminists and black feminists together. It takes a concentrated effort on both sides."

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