

Regression may have revealed murderer

By JOCK HATFIELD
Of the Emerald

I may have murdered someone in a former life.

So said parapsychologist Aluti Francesca in a regression session at last weekend's UFO convention.

"Your right arm is definitely a karmic impression left in a former life," she said after the session. "I don't want you to feel guilty, but you could have ridiculed or murdered someone in a former life with your right arm, and now be receiving a karmic lesson."

Unlike many who attempt to explore the former lives of subjects, Francesca allows the subject to do the work, and merely helps in the process of exploration.

After lying down on a couch in the small cottage, and being

taken into what psychologists call an alpha wave state, I was told to vocalize any visions that would enter my consciousness. The alpha wave state is similar to that we enter before going to sleep, and after a while I did begin to see images.

"I see a barn door," I said. "Where are you in relation to that door," asked Francesca. "I dunno," I responded. "I see a horse," I said a few minutes later. "How do you feel about that horse?"

I wasn't doing very well. "Scorpios are repressive," Francesca analyzed. "You bottle up your feelings. Don't try to analyze the visions before they are completed."

I was supposed to get in touch

with my high-self-presence, where all the records of former lives are kept. "There must have been something very terrible that happened that we run into such blocks," she said.

Then a longer vision occurred. I felt the grip of a sword in my right hand. I had a visual, too: two people fighting. "Your eyes are fluttering, what do you see?" asked Francesca quickly. "I am getting an impression. Have you ever hit anyone or reacted violently?"

"Well," I answered, "I once threw a plastic flower pot at my brother."

Francesca says the psychological technique of regression is accepted by psychologists as a means of probing into childhood problems. "I've just taken it a step further."

Her technique has, in fact, been adopted by some psychologists, former lives and all. Not so much to uncover the past as to resolve the subject's hang-ups in the present.

Emerald graphics editor Erich Boekelheide also was regressed. After stealing my image of a barn door he went into a detailed description of trying to get into the barn by breaking the door down.

"The imagery does not always have to be from former lives," Francesca told Boekelheide after the regression. "You have a problem of always doing things the hard way. You won't get where

you want to go unless you overcome this block."

Francesca has also regressed herself. "My first regression was involuntary. I was in Santa Barbara and suddenly I had a vision," she recalls. "I was in Polynesian times, living a happy life as a priestess." Francesca said the vision corresponded exactly with a recurring dream of a beautiful island she had when younger. Her name in the present was compounded from the name she held in this life, and one from a later reincarnation.

Francesca also claims to have been a Spanish gypsy tortured and killed by the Catholic Church. "In regression I relived the pain and the emotion of the incident," she recalls. She died in childbirth in still another incarnation. Francesca says she has always hated nuns, representatives of her death at the hands of the church, and has always been afraid to bear a child. "Our hates and loves of this lifetime tie in closely with the hates and loves of our lives before."

Francesca believes the energy currently being directed toward the discovery of genealogical "roots" should be redirected. "It is the spiritual roots, the lives where our souls have existed before, not the family we happen to be born into that makes the difference," she explained.

I was not the first University of Oregon student to be regressed.

Several months ago, after a lecture, Francesca regressed a blond-haired boy. "We discovered through regression he had once been a Chinese ruler, a woman," she said. "After the regression he said, 'I want to show you something.' He parted his hair and there on the back of his head was this one black lock of hair."

Francesca also tells of a physician who had three heart attacks by the age of thirty. Through regression she deduced that in former lives the doctor had supposedly suffered three heart-related deaths: by arrow, by rapier and as a Jew in World War II, by experimental heart extraction.

After my regression with Francesca I went to John Prochaska, who reads the cosmic records, with my problem. "I may have murdered someone," I said. "But Francesca says I am repressing."

"You see, she doesn't know about these things," he replied. "But you could have an entity block." Prochaska explained my guardian angel could have reasons for not letting me see my records, and be preventing me from reaching them fully. "I had one student who wouldn't listen when I said, 'Don't look too far into the future,'" Prochaska remembers of one of his classes on life-record reading. "She looked 20 years ahead and found she was dead."

Elections

(Continued from Page 1)

can depend on auxiliary financial sources to fund any budget increases the council could approve.

However, the city did retain the free parking tax against downtown merchants by an overwhelming vote. More than 70 per cent of the voters, or 3,494 votes, were cast in favor of the proposal.

Voters also decided to pass the levy proposed by the school district 4-J levy request budget increase of \$25 million. More than 8,000 votes were cast in favor of the increase, or 47 per cent of the

proposal.

"In comparison with some years we had a great victory," said Vern Smith, assistant superintendent for 4-J business services. Although the election was close, "We've squeaked through on less than that," he added.

Smith credits the first round victory to "a different attitude toward the budget this time. The increase for next year over the current year is comparatively lower."

Biggies Sub City

...and the only 25 large drinks this side of Middle-earth

sizes - big! bigger! biggest!

1 Super Biggie! genoa, capicola, salami, mortadella, bologna, ham, swiss, american & provolone cheese one size — \$1.95	2 ham, cotto salami, american & swiss cheese \$1.30 \$1.75 \$4.80	3 ham, bologna, provolone cheese \$1.30 \$1.75 \$4.80	4 turkey, american cheese \$1.30 \$1.75 \$4.80
5 ham, swiss cheese \$1.30 \$1.75 \$4.80	6 cotto salami, bologna, american & swiss cheese \$1.05 \$1.75 \$3.95	7 the Vego avocado, cucumbers, onions, lettuce, provolone cheese \$1.45	8 hot pastrami \$1.50 \$2.50 \$5.80
9 roast beef hot or cold \$1.50 \$2.50 \$5.80	10 hot meat ball, swiss cheese \$1.30 \$1.75 \$4.80	11 ham, bologna, cotto salami, american cheese \$1.30 \$1.75 \$4.80	12 turkey, avocado \$1.45 \$1.70 \$5.40
13 cotto salami, american & swiss cheese \$1.20 \$1.60 \$4.40	14 all cheese provolone, swiss, american \$1.15 \$1.60 \$4.35	15 provolone cheese, avocado \$1.45 \$1.70 \$5.50	16 tuna salad sandwich \$1.40 \$1.50 \$2.20
17 hot BBQ Ham w/ crushed pineapple \$1.50 \$2.50 \$5.80	18 cotto salami, bologna, capicola, swiss cheese \$1.30 \$1.75 \$4.80	19 genoa, cotto salami, provolone cheese \$1.30 \$1.75 \$4.80	20 genoa, salami, capicola, mortadella, swiss cheese \$1.35 \$1.75 \$5.45
21 ham, cotto salami, bologna, swiss & american cheese \$1.35 \$1.70 \$4.70	22 genoa, cotto salami, bologna, swiss & american cheese \$1.35 \$1.70 \$4.70	23 genoa, salami, mortadella, provolone & american cheese \$1.30 \$1.65 \$5.15	24 cotto salami, mortadella, provolone cheese \$1.30 \$1.75 \$4.80
25 hot B-B-Q beef \$1.50 \$2.50 \$5.80	with: tomatoes, lettuce, pickles, onions, peppers and seasonings on every sandwich sprouts in season 10¢		

786 E 11th ave. next to the Mayflower Theatre Ph. 343-5473

DUFFY'S

Fox & Weasel

Friday & Saturday

9-2 \$1 cover

Ron Lloyd

Every Wednesday 9-1

13th and Alder

CLOSED TODAY

FOR INVENTORY

Thursday June 30th

Re-open July 1 Closed Saturdays

Summer hours: 8:15-5 p.m. Monday thru Friday

U of O Bookstore, Inc.

13th & Kincaid 686-4331

Also closed July 4th Have a nice holiday!

TENNIS PLAYERS

Rackets by PDP • HEAD • DUNLOP • DURAFIBER • WILSON • BANCROFT • SLAZENGER • YONEX • ADIDAS

TENNIS SHOES BY CONVERSE • TRETORN • TIGER • ADIDAS • BATA • NIKE • PURCELL

EXPERT ONE DAY STRINGING SERVICE ON ALL RACKETS

SUGAR PINE RIDGE

877 E. 13th UPSTAIRS NEXT TO THE U OF O BOOKSTORE 345-5584