

Couples workshop examines relationships

By HEATHER McCLENAGHAN
Of the Emerald

Two Eugene therapists have issued an invitation to couples in the area who would like to experience a weekend of personal growth at the Oregon coast December 4 and 5. The weekend is designed to give couples an opportunity to rediscover intimacy and enhance growth in current relationships, say workshop organizers.

According to workshop leaders Carol Green and Rich Saperstein, the workshop will unfold from a "body/mind" approach. A variety of techniques to im-

prove verbal communication skills will be used along with different bodywork exercises to improve physical awareness.

Both Green and Saperstein work as private therapists in Eugene. Green holds a master's degree in social work and holds counseling, bodywork and sexuality groups with women. Saperstein is trained in counseling, and practices deep massage and bodywork as therapy.

The couples workshop grew out of Green and Saperstein's work in private practice with couples and families. Through their work, Green and Saper-

stein have found that couples often have feelings of isolation from others and must seek personal solutions to their problems — an answer the two therapists label "confining."

Working and sharing in a safe environment with others can provide new ways of viewing relationships and dealing with destructive patterns, Green says.

"The workshop will emphasize clear expression of wants, feelings and personal responsibility for behavior," Green says. "Our verbal work will include exercises in role playing and communications, as well as body work like aware-

ness tools and massage."

Green and Saperstein will set aside time during the weekend for men and women to meet separately and discuss their feelings and experiences.

While most of the weekend will be structured, play, beach walks and group meals are planned. The weekend begins Saturday at noon and ends Sunday at 5 p.m. Lodging is included in the cost of the workshop and meals will be shared.

A sliding scale fee of \$40 to \$70 per couple is asked. Reservations and further information are available by phoning 344-4110 or 344-4455.

Museum gives community gift

Christmas is coming and the University's art museum is celebrating by presenting a special Christmas gift to the Eugene community.

The gift is a day of celebration at the museum, featuring special exhibitions, works by ceramicist P.K. Hoffman, a collection of antique toys, puppet shows, films, a strolling lute player and a Christmas tree decorated with hand-crafted ornaments.

Admission is free for the Christmas celebration, to be held Sunday from noon to 5 p.m.

"It's our way of thanking the Friends of the Museum and the community for its support," says Tommy Griffin, chief preparator at the museum. "We want to make it a day when the whole family can do something together and get into the Christmas spirit."

Hoffman, of The Dalles, whose ceramics are known throughout the Northwest, will have an exhibit in Galleries 1C and 1D. His exhibit will include work ranging from mugs to 100-pound pots. Many of Hoffman's clays and

glazes are dug from the Tillamook Head area.

A film about Hoffman has been produced by Peter Roscoe, a Eugene filmmaker for the Oregon Film Factory. The film also will be shown Sunday in Galleries 1C and 1D.

"A Children's World: 1875-1950," a 90-piece collection of antique cast-iron and tin plate toys circulated by the Smithsonian Institution's Traveling Exhibition Service, will be shown in Gallery 1A.

Most of the toys have moving parts and are small replicas of items found in the adult world. Most were found tucked away in haylofts or attics, were toy samples retained by toy manufacturers or were store and mail-order house leftovers.

A special film, "Tocatta of Toy Trains," will be shown in the museum's Throne Room during the afternoon. The 20-minute color film is a story of cast-iron toys, animated and set to music.

An exhibit by Josefina Allmayer in the South Mezzanine Gallery will show psaligraphy, or scissor cuts, a folk art of Switzerland. These precise, delicate silhouettes are part of the permanent collection of the art museum.

A photography exhibit by Vilem Kriz of Berkeley will be on display during the Christmas celebration in the Photography of Oregon Gallery.

Pastel paintings by Jane Sherman of Eugene will be displayed in the 2nd floor Focus Gallery during the

Christmas season.

A special feature of Sunday's celebration will be puppet shows in the Throne Room at 2:30 and 3:30 p.m. The puppet show is a family affair for Maurice and Maron Van of Eugene and their children.

"We've been putting on puppet shows for about five years," Maron Van says. "I first got interested in it when I helped out at the children's school and worked with puppets. We make all our own puppets, the stage, and write the plays."

The Vans will be using mainly rod puppets, which are operated from below the stage, for the Christmas presentation. Both performances will include three fables written by the Vans.

Terry Stone, Eugene, will bring a touch of music to the celebration as he wanders through the museum during the day, playing his lute.

Griffin noted that the museum's rental/sales gallery will be freshly stocked with sculpture and paintings for rent or sale by Oregon artists.

The exhibits will open Sunday and run until Dec. 23. Griffin stresses, however, that the special Christmas celebration "Gift to the Community" will be Sunday only from noon until 5 p.m. That day is the only day that the Van Family Puppets and luteist Stone will be at the museum.

The museum is open to the public from noon to 5 p.m. Tuesday through Sunday.

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