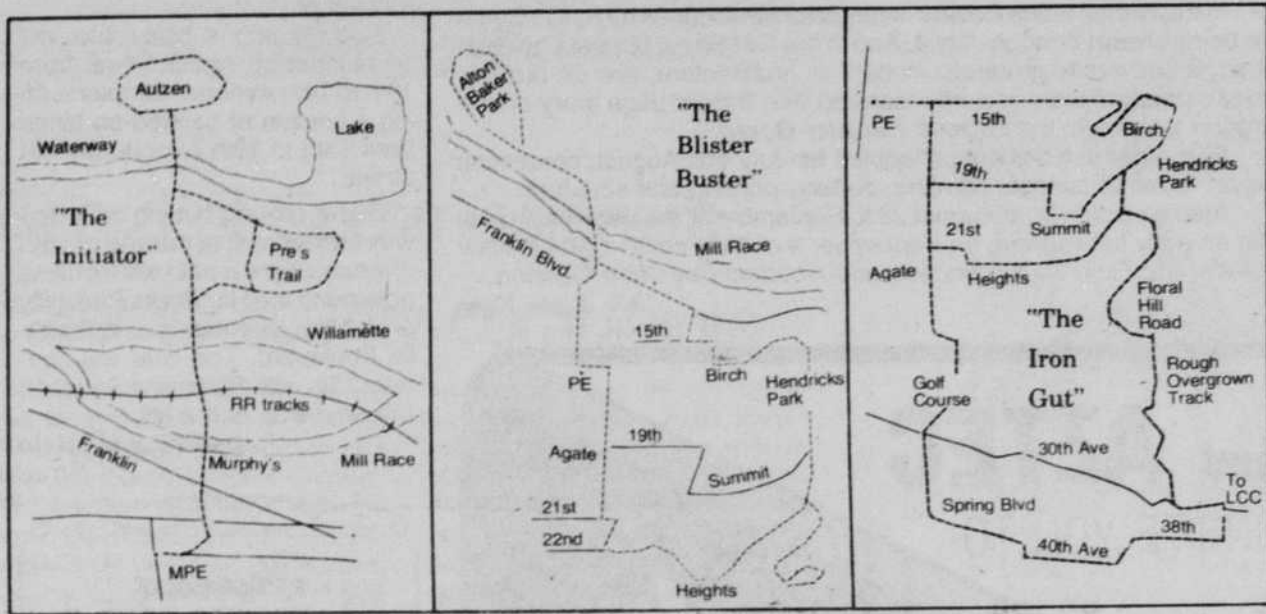




Photo by Warren Morgan

# Is this really 'The city with the runs'?



Becoming a hit in Eugene is very simple. All you have to do is don a snazzy pair of sneakers and run around town. Eugene prides itself with the nickname, "The city with the runs," and has nearly 10,000 joggers to prove it.

Jogging routes are limitless, of course, since it's an entirely individual matter. However, Eugene does have a few standard trails which are designed for various jogging levels.

The Initiator is perfect for beginners. It follows a very scenic route via the Mill Race, the Willamette River, the footbridge, Pre's Trail and Autzen Stadium. Only one-and-a-half miles.

The Blister Buster is a hilly challenge to the intermediate runner. It takes in both Alton Baker Park and Hendricks Park and offers a nice view of the Willamette. Six miles.

The Iron Gut separates the joggers from the JOGGERS. This grueling route is full of rugged terrain, but also includes wilderness beauty. Ten miles—go for it.

by Martha Bliss

## Come one, come all to the All-Comers meets

The Oregon Track Club will sponsor its annual series of All-Comers track meets, scheduled to begin July 9 and continue on a weekly basis throughout the summer.

The meets will be held every Thursday and Friday at Hayward Field. The Thursday meets will be devoted to participants of grade school age or under, with high school and adult entrants competing on Fridays.

A 25-cent fee allows any participant to enter three events. There is no charge to spectators. The meets will start at 5:30 p.m. and last until dusk.

by Katy Slade

### Summer Orientation Issue Staff

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