

Free bike repair classes slated

A series of free bicycle workshops will be held at the Willamette Valley Cycle Works this spring.

The first meets Monday at 7:30 p.m., and will feature tire repair.

"Each workshop will be con-

ducted with a different item," said Frank Mowreader, who will teach the classes. Subjects to be covered include brake adjustment, gear adjustment and wheel truing.

"These classes are for people who want to learn to do a couple of things to maintain

their bikes. They are not designed for people who want to totally rebuild their bikes," said Mowreader.

Those interested in the classes should show up at the Cyc's Works, at 663 E. 13th Ave., for the first class or call 343-7086.

Telephones give medical help

By MICHAEL KESTEN
Of the Emerald

One of the best kept non-secrets in Lane County is the Tel-med Tapes on tapes from Atherosclerosis and high blood pressure to Gimmicks to Help You Quit Smoking, are available free to anyone who can dial a phone.

A directory of the more than 150 tapes offered by Tel-med can be picked up at the Student Health Center. Users dial the Tel-med phone number and give the number of the tape they want to hear. A taped voice will come on for three to seven minutes describing a health tip or the signs of an illness and what should be done about it.

Each tape has been carefully screened by physicians or dentists to insure its accuracy.

The Tel-med tape library is provided by the Lane County Medical Society and Pacific Hospital

Association-Blue Shield (PHA-BS). Dale Bruegger, manager of PHA-BS, says the library has existed in Lane County since February 15, 1976.

"The San Bernadino Medical Society in California had the idea for the first medical tape library," says Bruegger. "It was a success down there and Tel-med, Inc. was formed. Since then, it has spread all over the country."

Bruegger says that when the service started in Lane County, the response was too much to handle. Working out of a five telephone bank, Tel-med is capable of handling about 300 calls a day. When people who wanted to use the library received busy tones they became discouraged and gave up. Now, Bruegger says, use has tapered off.

Describing how some people get acquainted with the service, Bruegger says, "The tapes we get the most call for are male and female sexual response and mas-

turbation. People call expecting something erotic. They get good information and start using the library to find out about other things," says Bruegger.

Bruegger mentioned that several new tapes will be added soon, including a couple from the Drug Information Center at the University. The Drug Information Center will write the script for the tapes and it will be sent to San Bernadino to be recorded.

Tel-med is open from 11 a.m. to 9 p.m. weekdays.

Hearst arraigned on felony charges in L.A.

LOS ANGELES (AP)—Patricia Hearst, convicted in a federal trial of bank robbery, was arraigned under tight security in a state court Monday on 11 felony charges of kidnapping, assault and robbery. If convicted, the newspaper heiress could be sentenced to life in prison. She is scheduled to enter a plea on April 14.

At the request of Hearst's lawyer, Al Johnson, a plea hearing was set for two days after the April 12 sentencing on her San Francisco bank robbery conviction.

The 22-year-old Hearst, flown here under heavy guard, was expressionless as she stood before Superior Court Judge Jack Goertzen to hear the charges read against her.

At that time, Johnson said, he would argue a motion to sever Hearst's case from that of codefendants William and Emily Harris.

The three one-time fugitive traveling companions are charged in connection with a May 1974 day of violence that began with Hearst allegedly shooting up a sporting goods store to help the Harrises escape arrest. The shooting was followed by two kidnappings and car thefts.

The Harrises lost a bid Monday to delay their trial one year. Superior Court Judge Mark Brandler set their trial date for April 14. But the judge said he didn't expect the defense to be ready then.

Leonard Weinglass, lawyer for Mrs. Harris, had asked Brandler for the delay on grounds of adverse pretrial publicity.

Hearst, imprisoned at San Mateo County Jail in Redwood City, Calif., was flown here in the early morning. After the arraignment, she was flown back to Redwood City.

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