

Recent legislation protects women

"Women are no longer just going to weep when discrimination hurts," said Bernice Sandler. She outlined the legal protection women have against sex discrimination as part of the "Women on the Move" workshop.

"Men in Congress are concerned about women as a political force," said Sandler, who has testified before Congress supporting women's rights. "They need women's votes." She said men are aware of women's power because "there is literally one of us in every household."

Two and a half years ago, she said, studies were done on sex discrimination in employment. "We swamped HEW with complaints," she said, "and wrote letters

to 40 or 50 Congressmen."

An executive order was passed which prohibited discrimination on the basis of sex. They also had to take "affirmative action" to remedy discrimination in the past. Employers now have to have documented proof that they made an effort to hire a woman or minority for open positions.

Before this, Sandler said, hiring was done on the "old boy" system. "And the old boys," she said, "were inevitably white males."

Other legislation recently passed entitles women to maternity leave as part of their regular sick leave. Sandler said many employers feel that women lose a lot of work time having children, but it has

been shown that "men lose more time from work with hernias than women do having babies."

Sandler also pointed out that rules and laws against sex discrimination can also benefit men. She gave an example of a man who wanted to be an airline steward but was told the job was traditionally for women only. Under this legislation, he was able to get the job.

Another piece of legislation protecting women, she said, is the Equal Pay Act, which protects professional women. This gives women a more informal way of reporting violations and the employer will not be notified of the name of the woman filing the complaint.

Workshop Schedule

Today
10:11 "Oregon's Employment Opportunities for Women" Lois Martin and Eleanor Meyers 250 CSB
11:15-12 "Macro-strategies and Mini-Plans: Or We've Been Down so Long Bottom Looks Like Up" Jan Newton 250 CSB
12:1 "Political Analysis of Equal Rights Amendment" Marijean Suelzle 103 Fenton
2:30-3:30 Panel of Women Union Representatives 250 CSB
3:30-4:30 Workshops
7:30-8:15 "Women and Unions" Nelly Fox 103 Fenton
8:30 "Women and Socialism" and "Women's Action in Vancouver" Cindy Kilgore and Ann Hoken 103 Fenton
Friday
10:30-11:30 Panel of Active Local Womens Groups 250 CSB
12:30-1:15 "Human Potentiality" Esther Matthews 250 CSB
1:30-2:30 Survival Panel
3-4 Prisoners Panel
7:30-8:30 "Human Potentiality" Esther Matthews 250 CSB



Phil Hieple and Marilyn Marcell demonstrate "anti-masher" techniques of self-defense as part of the two-week "Women on the Move" workshop which concludes Friday at the University.

Lone male demonstrates karate

By SHERRY STRATTON
Of the Emerald

Some karate studios use techniques which are deliberately designed to subordinate women, according to Phil Hieple. Hieple was assisted by Marilyn Marcell in giving a karate demonstration to the "Women on the Move" workshop Wednesday morning in 250 Clinical Services Building.

Hieple, the only male enrolled in the two week workshop being held at the University, has advanced degrees in jujitsu and both Japanese and Okinawan styles of karate. He said he has been involved in karate for 11 years, five of those years as an instructor.

Marcell said she has been studying karate for about six months. She said her original interest was in learning self-defense but she now feels that the highly skilled discipling of karate

is also valuable in giving women more body confidence. She said she now feels that her body "is not just a decoration that holds my blood, veins and soul."

Marcell and Hieple demonstrated some "anti-masher" techniques. If a woman is being strangled her best defense is to grab the little fingers of the man's hands and try to break them, Hieple said. The scream, and strikes to the eyes and testicles are the most valuable weapons a woman has against a

man in an attack situation, he said.

Hieple estimated that 25 per cent of all karate studios in the United States have no Eastern background at all but were made up in gymnasiums.

"Many karate studios are capitalist hypes designed to pander to paranoia," he said. Hieple suggested talking to students, checking with the Better Business Bureau and watching the classes before enrolling as a student in a studio.



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