

NEED A LIFT?

Benzedrine's Effect Told

Benzedrine tablets may cure your hangover, but they also will up your blood pressure if you take them to keep awake while studying all night.

This is the verdict of Dr. F. N. Miller of the University Health service.

"I don't know of any doctor who condones the use of benzedrine by students to help them through exams," Dr. Miller said.

Benzedrine is a tricky drug because no two people react to it in just the same way, and there is no way of predicting a specific reaction. Some students may get temporary help from benzedrine during an all-night siege of studying, while others will only add to their usual exam-time tension. The possibility of doing poorly on an exam because of the aftereffects of the drug, such as a drugged sensation or extreme nervousness, are great, Dr. Miller explained.

Sleep Delayed

According to the "Cyclopedia of Medicine, Surgery, and Specialties," the drug Benzedrine sulfate is a "nervous stimulant which delays the desire for normal sleep." It also increases your blood pressure, does away with your appe-

tite and is supposed to cure hangovers.

Narcolepsy, a rare illness which makes people want to sleep all the time, is the chief disease for which benzedrine offers relief. The drug is given to the diseased in large doses so they can live more normally.

A benzedrine tablet begins to take effect about 20 minutes after you have taken it. Its peak effect is reached about three hours later. This means that you would have to take more than one tablet to stay awake for any great length of time. Continual dosage would prove extremely harmful, according to Dr. Miller.

The patent medicines, containing caffeine, which students take to stay awake are probably not harmful, Dr. Miller said. However, coffee would have the safe effect. If the caffeine in coffee does not affect you then the pills won't either.

Tablets containing caffeine may have aftereffects also. One University student reported that they kept her awake all night, but that during her test the next day she felt stupified and was unable to think clearly.

"Nothing takes the place of sleep during test time," Dr. Miller emphasized. "Most people are more excited than usual anyway, and they can think more clearly if they get a reasonable amount of sleep."

Not many University students land in the infirmary from the effects of either benzedrine or caffeine pills, Dr. Miller reported. There is always the usual number of students who get overly tired and nervous during tests, but the infirmary has no way of knowing the original cause of this fatigue.

Not just anyone can run to the corner drugstore to buy benzedrine tablets. Your doctor's prescription is necessary. However, pills containing caffeine are sold at nearly all drug stores without prescription.

Claypool's drug store on campus reports that at present they do not fill as many benzedrine prescriptions as they have in past years. Prescriptions which are filled are generally written by the student's home town doctor. Occasionally some students try to buy benzedrine without prescription, but not many.

Patent medicines with caffeine in them are in great demand among University students, according to Claypool's.

Sociology Group Selects Members

Four new members were elected recently to Alpha Kappa Delta, national sociology honorary. The four were Joan Sheldahl, Nancy Moore, Joan Havland, and Dolores Eachus. New officers for the group are Joan Havland, president, and Nancy Moore, secretary-treasurer.

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Silver Tea Begins Graduation Events

First event on the official University commencement program is the Pauline Potter Homer Memorial tea. The annual silver tea will be held June 11 from 3 to 5 p.m. at Alumni hall in Gerlinger.

The affair is sponsored by the Eugene branch of the American Association of University Women, the state association of University of Oregon women and the University library. All students and friends of the University are invited to attend, according to Miss Bernice Rise, Student Union browsing room librarian and chairman of the tea.

Pauline Potter Homer was a member of the University library staff and was graduated from Oregon in 1913. She was a member of Gamma Phi Beta. After her death in 1918 Mrs. Potter's personal library was given to the library. Each year money from the silver tea is used to buy more books for the collection. The col-

lection, now housed in the browsing room, contains many rare editions of old classics.

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