

Class Slumber S-o-o-o Sweet

By RODNEY MORRISON

Your eyes burn, you feel all relaxed, the prof drones on and on and on and on . . .

And now you fall asleep in class. No since this is an institution of higher learning, it is only natural that you attempt to learn—scientifically—the proper way of best utilizing your sleeping time in class.

Though the diligent effort of its photographer, Kirk Braun, and a serious study of the problem, 'The Emerald today presents the first (and last) of a series of articles on "How to Make the Most out of Your Classroom Naps."

First off, it must be under-



"MOHAWK"

stood that sleeping in class should by all means not be confined to 8 o'clocks. This is a notion falsely held by too many students, who fight off sweet slumber through 9, 10, and sometimes even 11 o'clock classes.

But what does it get them? Relax say the psychologists, Relax, say the doctors. Relax—and of course that means when you're tired.

What good would it do you to sleep tonight, if you're tired now? What reason could there be for not having a nap now (in class, of course), then wake up, refreshed and rarin' to go, all ready for the coming bell?

If you thoroughly appreciate this fact, you're ready for a consideration of the proper methods. Much depends on the method, because you know how it is.

One of the most popular methods is called the "Mohawk" method. It consists of these steps:

1. Open your notebook to a middle page, preferably one which has some writing on it.



"SQUASHED NOSE"

2. Catch the professor's eye several times, to impress on him how attentive you are.

3. Frown a couple of times, indicating deep thought on some subject.

4. Then rest the head in one hand, holding your note-taking pen in the other.

5. Be sure to keep the fingers of the hand holding your head closed tightly, and if you don't, light will seep in, and perhaps wake you up.

6. Be sure you have a good firm elbow-hold on the writing arm of your chair. It's somewhat surprising and considerably embarrassing to have the elbow slip off. Besides, you might break your nose when you fall on your face.

This method, while the most popular, is somewhat straining on the arm and neck muscles. After using it, be sure you waggle your head back and forth several times to restore circulation.

Method Number Two is popularly described as the "Squashed Nose" method, and reflects weariness so great that the user doesn't mind the physical consequences to his proboscis, providing he only gets his sleep.

These are the things to be remembered about this method:

1. Sit behind someone rather large, so you won't be so easily detected.

2. Bring your dog to class with you, so his scuffling will drown out your snoring.

3. Have someone shake you at the end of class, so you won't wake up

in the middle of Europe Since 1815.

Method Number Three is the most useful of all ways, although it is somewhat limited in use since it requires laboratory desk space for true enjoyment.

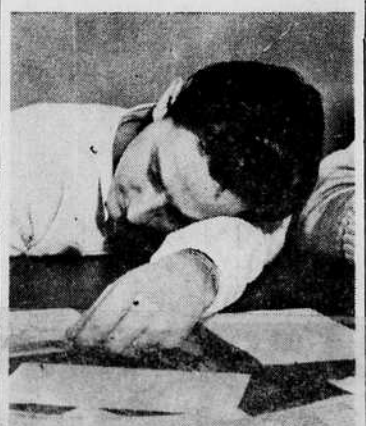
It is called the "Mmmm, This Is So Nice" method. And it probably is the most conducive of the methods in nurturing real, beneficial, catch-up sleep. Ninety nine doctors out of a hundred who've used it are all for it.

In Method Three, you should remember:

1. Obtain sufficient space for stretching out your arm, so there won't be any cramped muscles after your siesta.

2. Try to get in a quiet part of the laboratory. Some instructors are inconsiderate enough to try to make so much noise they awaken you.

3. If you can, hold a lab report or something similar in your hand, to prove to the instructor you at least were working hard when sleep o'er took you. In this connection, it probably would be best not to hold lighted matches or similar objects in the hand. They may get to be very disturbing.



Method Number Four is called the "It Sure Was a Rough Night" method. It is good for sheer exhaustion, but should not be used except in desperate circumstances.

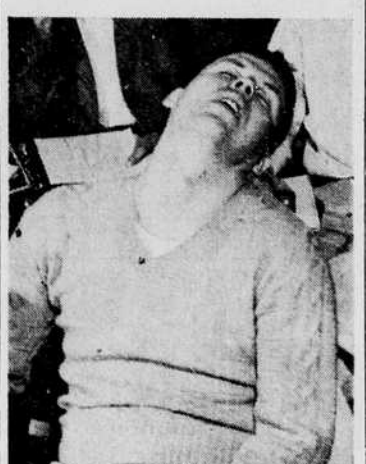
It is somewhat hard to describe, because of the variety of physical factors. Mainly, it consists of fighting off sleep as long as possible, then succumbing without thought of the future.

It has these dangers:

1. Leaning back like this may cause stiff muscles in the neck and backbone. While a stiff backbone is desirable at certain times, too stiff a one makes you walk rather queerly.

2. The tendency, in the utter relaxation that accompanies the "It Sure Was a Rough Night" method, is to slip and slide gradually farther down in the chair. If this procedure continues too long without interruption, you may end up sitting on the floor. This is all right, but somewhat disadvantageous in case of fire drills.

Something may fly into your mouth. You never know what will be flying around the campus, and you simply can't be too careful, these days.



"SURELY A ROUGH NIGHT"

Westminster Election

Westminster will hold an election of officers Sunday evening following the after-dinner worship service. Dinner will begin at 5:15 p.m. A charge of 40 cents will be made for dinner and everyone is welcome.

Potluck Dinner

A family potluck dinner will be held today at 6 p.m. at the Friendly house. After dinner, the group will folk dance.

What? No Free Shave?

DUNCAN, Okla. — (AP)—Cleanliness is really next to godliness in the Stephens county jail.

Under new orders, each prisoner must be given a Bible and a bath within 24 hours after being locked up.

Van Hoomissen's Orchestra Ready For Military Ball

Music of Jerry Van Hoomissen, a featured band over NBC, now starting his ninth consecutive year at McElroy's ballroom in Portland, will highlight next Saturday night's military ball.

Tickets at \$2.40 may be purchased from any member of Scabbard and Blade, military honorary, general chairman Carl Miller has announced. They will also be sold at the Co-op next Friday.

Flowers will not be in order for this annual winter-term formal, Miller said.

The men's living organization purchasing the highest percentage of tickets will be awarded five per cent of net profits, stated Miller. Men buying tickets in the Co-op should give the name of their liv-

ing Eddie Gipson and Art Ulman, former Oregon students. One of the few bands in the West to feature a French horn and bassoon, the unit strives for moderately tempoed music, with few fast tunes or drags.

Included among the attractions of the evening will be naming of the Little Colonel from a group of nine Little Captains.

Language Meet Tonight
The American Association of Teachers of Spanish and Portuguese, Oregon chapter, will meet in Portland tonight at 7:30 at St. Helen's hall.

Dr. Perry Powers, assistant professor of Romance languages, is scheduled to speak. Also attending the Oregon faculty will be Anibal Vargas-Baron, associate professor of Romance languages and president of the local chapter, and Mrs. Marguerite Berg.

Fraternity Meet
University students interested in forming a transportation fraternity on the Oregon campus have been asked to attend a meeting Tuesday, February 22, at 4 p.m. in room 4, Commerce building.

Profes Give Their Side:
Ex-OSC Men Refuse To Clarify Politics
CORVALLIS, Feb. 19—(AP)—Two Oregon State college professors, who have dismissal notices, pointed Friday to political beliefs as the reason and rejected, as improper, questions on their beliefs.

L. R. La Vallee and Ralph Spitzer, who have held temporary faculty appointments, were notified their contracts would not be renewed. OSC President A. L. Strand said earlier this week.

The Barometer, student newspaper, in an open letter asked the two to issue a statement of their views.

Their statement said: "You have asked us to clarify our relation to 'Progressives.' As a matter of principle, we assert that you have no right to ask such a question. The American tradition is that one's political and religious convictions, affiliations and associations are a matter of conscience.

"You have asked us to clarify our position concerning 'Communist party-liners.' . . . We are not interested in clarifying our relations to labels so vague and all-inclusive."

At the Press Meet . . .

Your Editors Give News From Home
By FRED YOUNG
What news events have occurred in your town since the first of the year when the University students returned to Eugene from their Christmas vacations?

These are the answers given yesterday by a few of the nearly 200 editors and publishers attending the Oregon Press Conference at Johnson hall:

Klamath Falls—Klamath Falls Herald and News—Malcolm Epley, managing editor: "This winter was the longest old spell, ever. Upper Klamath Lake was frozen with a thick coating of ice, and Crater Lake was frozen which is very unusual. It was 17 degrees below.

Al Mocabee made a happy ending for the story of the pilot and passenger who were forced down in a Lake county blizzard while searching for a lost sheepherder. Mocabee went out in his ski-equipped plane and brought back pilot, passenger, and shepherd-er.

Salem—Salem Capitol-Journal — Robert Jones, assistant publisher: "County roads were wrecked by the winter freeze and rains. The state highway engineer recommended a four million dollar traffic program for Salem. It features a one-way street grid and by-pass highway east of town. Also, two one-way bridges across the Willamette. The legislature opened in town and the new governor was inaugurated.

Eighty-six Tulalake homesteads with values ranging from \$20,000 to \$40,000 will be drawn for by 5,000 world war II vets in a U. S. Reclamation loan — Henry Fowler, associate editor: "For one thing the housing situation is bad. The highway between Bend and Eugene is rough and still covered with ice in places. The weather has been the main news, though it was chinooking vigorously when I left and it hasn't frosted for several nights. We're eating well and feel that we'll be safe should there be a flood."

Portland Presses Stopped Again
PORTLAND, Ore., Feb. 19 — (AP)—The Oregonian and the Oregon Journal halted publication again Friday as the AFL web pressmen walked out for the second time in a week.

The pressmen left their jobs when the Journal was part way through its first edition this morning; exactly the same hour as the walkout of last Friday.

The action again left Portland with no daily newspapers. The two papers were down last weekend, until the pressmen returned Monday.

Ousted Communist Vies With Instructor
LOS ANGELES, Feb. 19—(AP)—Two college professors Friday debated before graduate students of the University of California at Los Angeles the dismissal of one of them by the University of Washington because he admitted he is a Communist party member.

Dr. Herbert J. Phillips, former Washington philosophy professor, told the gathering he "is inclined to believe" any member of a sect or group proven dangerous to democratic tradition by sufficient evidence should not be allowed to teach.

He asserted the opinion that the Communist party is not dangerous to democratic tradition, does not support a foreign power and is not a secret organization.

He said that although he has been a party member for 13 years, he has been so thoroughly objective in his teaching that he has warned his students of his Marxist beliefs against any "unwitting slant" he might give his lectures.

OREGON EMERALD



Fiftieth Year of Publication and Service to the University
UNIVERSITY OF OREGON, EUGENE, SATURDAY, FEBRUARY 19, 1949

Pansy Blooms in Snow

SPokane (AP)—Snow was piled deep over George Thompson's yard yesterday.

Then a chinook wind sliced it off. Today, Thompson said, he found in the yard where the snow had been, a pansy in full bloom.

Floods Threaten Eugene Area

Willamette on Rise; Trailers Evacuated

With the Willamette river again on rampage, the Eugene-Springfield area is once again bracing itself for a seasonal flood.

With the last deluge only two months past, low areas are being evacuated, with many of the Glenwood trailer houses now parked on the University campus.

The Willamette was rising at the rate of .2 feet per hour last night, and is expected to reach a total of 15.5 feet by noon today.

The river will be 3.5 feet above flood stage at the Ferry Street bridge. This will flood the Glenwood area, and highway connections south of Eugene may be cut as a result. The weather forecast is for intermittent rain today, with a warm south wind.

Trailers have been moved from the danger area to Agate street, near the West gates of Hayward field, and the stadium facilities have been opened to the evacuees.

The Eugene Red Cross, directed by Miss Cora Pirtle, is establishing a trailer encampment at the Eugene fairgrounds, and approximately 100 trailers are expected there. The Red Cross disaster committee has been on duty for the past 48 hours, and is working in cooperation with the Army Engineers.

Unless the weather takes a sudden warm turn, the flood is not expected to be much worse than that of last December 12, when the river was clocked at 14.2. However, a warm spell could swell the river to a higher reading.

With over 3 inches of rainfall, the McKenzie river, also flooding its banks, is expected to cause considerable damage, and the Harrisburg dam, which is expected to flood 17.5 feet is expected, and flood stage there is the same as the Eugene level, 12 feet.

Further on down the river, Corvallis and Albany expected the river to reach 26 feet, six feet above flood level, and the Salem reading will probably be 25 feet. The flood stage there is 20 feet. Salem is expected to be the critical point in that area.

Oregon City is preparing for a 15.5 reading, 3.5 feet above the flood stage of 12 feet. In Portland, the river is expected to be 2.5 feet below the flood stage of 18 feet.

County roads and secondary highways in the Willamette valley are in poor condition, because of the unusually heavy rains, the high water, and the thaw of two weeks ago, according to several reports.

This flood is considerably below the levels established during the floods of 1945 and 1948, when the river was above 17 feet in the Eugene vicinity.

Timberline Marooned

Ten more inches of snow fell at Timberline lodge last night, and kept 43 skiers stranded there today for the sixth straight day—a record marooning for the lodge.

Ice Jams Breaking

A wall of ice and water was moving down the Snake river toward a mail and passenger boat, stuck 10 miles above Lewiston, Idaho, in the ice. The boat's office was trying to warn the sheriff, Kyle McGrady.

The corps of engineers sent an official to Prineville, where residents fear the Crooked river may flood from breaking ice jams. Col. O. E. Walsh, district army engineer, said officials were watching the situation in Washougal and Wishram, Wash.

Corvallis Streams High

Streams around Corvallis reached their highest point in history, marooning some 25 Philomath homes, and threatening to tear out a partly-built highway bridge.

Slides Close Passes

Snoqualmie and Stevens passes over the Cascade mountains in Washington were slide-closed, but Elwell Pass was open. The last rail scheduled trains over its own lines again last night.

Tillamook Recovering

The coastal Oregon town of Tillamook, isolated Thursday by slides and flood, returned to normal. Streams were falling at Forest Grove, where the water supply was cut off and schools closed by the flood.

Valsetz Dam Holds

The Valsetz dam, which threatened to give way under a record high river and flood the Siletz valley, was believed safe. Dikes thrown up by logging crews held until the Siletz river began falling, and state police ceased their hourly checks of the dam.

Willamette Begins Flood

Slides and high water hampered traffic in widely-scattered areas. The Willamette river was beginning to flood roads, and may close the Pacific highway at Corvallis.

Brotherhood Speaker



RABBI SAUL B. APPELBAUM of Congregation Beth Israel, Portland, will address a University assembly Monday evening on the theme "Are Men Brothers or Brothers?" Rabbi Appelbaum's lecture is a part of this year's Brotherhood week program, under the auspices of the University Lectures committee and Religious council.

Chapin Reports Life in Hungary 'Undescribable'

PARIS, Feb. 19—(AP)—Selden Chapin, American minister to Hungary, said Friday life in that country "is beyond imagination and defies description."

En route home to report to the United States government on the case of Josef Cardinal Mindszenty, Chapin told reporters last night the Hungarian government has asked Chapin's recall.

Today Chapin told correspondents it was "a wonderful feeling" to breathe the free air of France, and added:

"As far as conditions are concerned in the country which I left yesterday, I would like to say this much: that no one today, except the blind and the twisted, can fail to see that the Hungarian people are under the complete, total domination of a group of Moscow-trained Communists whose sole allegiance is to the Kremlin."

Asked what he thought would result if free elections could be held in Hungary tomorrow, Chapin replied: "I think the anti-Communist majority would be overwhelming. The percentage of Communist votes would probably be less than in many western European countries."

Dons Edge Oregon, 62-58

The University of San Francisco Dons defeated the Oregon basketballers 62-58 last night at McArthur court. See details, sports section.

'Y' Festival Speaker Set

Principal speaker for the YWCA sponsored International Festival, slated for February 26, will be Bernhard Fedde, former director of the displaced persons division of the American Friends service committee.

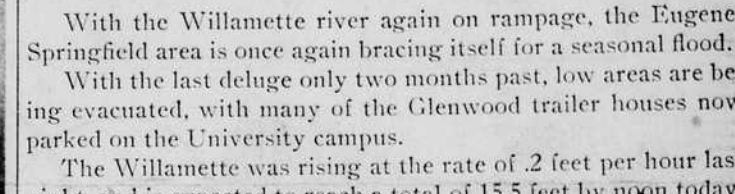
"Harvest and New Seed" will be the topic of Fedde's speech at the Festival luncheon, to be held at the Eugene hotel on Saturday, the 26th. Slides taken during his two years of work with the Friends committee in northern Germany will also be shown.

Tickets for the luncheon will go on sale Monday morning at the Co-op, according to Donna Buse, ticket chairman. The \$1 tickets can also be purchased from representatives in living organizations.

Themes for this year's festival is "Citizens of the World." Four countries, Norway, Russia, the Philippines, and Mexico, will be represented by freshman Y commissions at a silver tea in Gerlinger's alumni hall on the afternoon of the 26th.

Under the direction of foreign students from the countries, the freshmen will present songs and dances typical of the countries.

It Was Hula Night at Carnival



HULA DANCER Elaine Doo, accompanied by George Kekuna on the guitar, drew appreciative crowds last night at the WAA carnival. The hula display, "Polynesian Playland," sponsored by Delta Delta Delta and Minturn hall, was judged the best booth.