AND ON THE SEVENTH DAYSunday means a variety of things
to Oregon students. Many use it to to Oregon students. Many use it to
make up back work. Others spend it lounging around the house, reading the papers, smoking, talking, or simpply killing time. Some make it one part of the day to religious refreshpart of the day to religious refresh-
ing, and a few go regularly once or even twice to church. Still others in the open, hiking out over the hills, or paddling on the race or the river.
Few, however, can give an intelligent Few, however, can give an intelligent
reason why they do these various things. With most it is purely a matter of habit or accident.
Sunday is primarily a day of rest and recreation. The Sabbath was
made for men, not man for the Sabmade for men, not man for the Sab-
bath. No matter what the theologbath. No matter what the theolog-
ians will tel! you, this break in the week's toil was designed fundamentally to keep men from getting stale, physically, mentally, and spiritually. Recreation is simply a change of ocRecreation is yimply a change of oc-
cupation. If your work is largely outside, a day spent in quiet in your room or loafing around the house, will do you good. But if the six days are spent, as is the case with most of us in college, at close indoor work, on the seventh our religion should take us into the open, at least part of the day, no matter what the weather. This does not mean that one should decide that for himself. Most of us decide that for himself. Most of us go with more or less frequency, any-
way. But whatever you do, get outway. But whatever you do, get out-
side. Get your mind off your regular side. Get your mind off your regular
work. Do anything to forget the routine and troubles of the rest of the week.
Did $y$
Did you ever stand on the hills east of Eugene at sunset and watch the endless change of colors in the western sky? Or have you ever floated down the Willamette on a bright Sunday morning and listened to the rustle of the water through the yel-
low-stemmed willows And if it rains; let it rain. Never And if it rains; let it rain. Never as the soft sound of rain in the deep fir woods. Ever watch, from the summit, the rain-clouds swirling in bewildering spirals through the gorges around the base of Spencer's? these? Then you have missed the best part of your life at Oregon.
So get out in the open. And don't
be selfish about it. Take her along be selfish about it. Take her along,
-that is if the other fellow doesn't beat you to it. May be she can hike better than you think, and anyway,
the odds are strong that she would the odds are strong that she would
rather stroll down a country a sunny afternoon than the house and listen to the inane babble of the chronic Sunday afterneon caller. Ask her and see
neon caller. Ask her and see
of course, it doesn't have t
"she." Take your pal, or the man you most want for a pal. If a day's you closer to him, nothing will But get outside. If Pen-Helle won't let you be gone all day, go in the afternoon and come back when the stars are peeping out, and if, as you climb the last hill and the town comes into view bathed in the re-
maining colors in the west maining colors in the west, you don't mering reeplizareath and get a glimis, your case is hopeless. And really after the long tramp and the sound

## $T 0$

 REMEMBERWE sell arrow collars at ten sents.
WE sell fifty sent b. v. d. underwear at thirty-five sents.
WE SELL one-fifty arrow shirts at one-fifteen.
WE Sell two dollar arrow shirts at one-thirty-five.
WE sell our entire line of spring shoes, including the florsheim, blltrite and boston at reduced prices.
WE have been in the furnishing business less than six months -Everything new.

## YES

WE go out of the mens furnishing business forever and every. THING MUST GO.

## gross and co., five hundred six willamette st.

of the dead leaves still underfoot in whe deep woods and the whisper of the you courage and strength for the ew week, no religion preached in charches will help you.
WMNE: WILL conpeil

March 29 Set As Date for Annua Co-ed Indoor Track Meet in

For the possession of the Hayward Cup, going to the class that wins the man and Sophomore Co-eds will compete Saturday, March 29, in the Sec ond Annual Indoor Track Meet, to be
held in the Men's Gym. This date held in the Men's Gym. This date
was set this morning by Doctor Bertha Stuart, as the only available one that could be secured.
Not only will the
Not only will the Hayward cup go to the class winner, but the smaller permanent cup, annually awarded by Doctor Studart, will be given to the
highest individual point winner. highest individual point winner. Last
year, this trophy went to Mildred Bagley, '12. Miss Vera Moffat, '15, was second, and incidentally the star performer of the meet. Through her efforts mainly, the Hayward cup was The list of events and details of the neet will be published in Tuesday' Meet me at Obak's.
EXTRA INNINGS
IN FIRSt gam
(Continued from Arat pago.)
Hidden, Gray, Gorman, Grady, Runquist, Sidwell, and Chandler.
Just at present there is nothing ensational in the way the men are showing up, but as soon as Coach Ayer gets things in hand a little beter the prospects ought to brighten. Coach Ayer is fast, has a good know edge of the game, and looks like th pionship team.

## savoy

FOR THE STUDENTS
Vaudeville - Armstrong Kiddies. A big attraction. Volunteer Strike Breakers-A
comedy full of fun featuring Students at college. See this. Nurse at Mulberry Bend-A funny comedy of the tough element on the East Side.
Quarantine - Another good comedy.
The Lesson-A big Selig drama. Extra good.



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