



**YOUTH FITNESS IN ACTION** — Mass bike ride of 800 youngsters and their parents in Flint, Mich., for a seven-mile trek to the countryside is one result of the Youth Fitness Council's campaign to keep the nation's youth in shape.

## Youth Fitness Plan Readied For Workout

A gigantic program designed to mold a strong young America soon will be ready for its first nationwide workout.

The President's Council on Youth Fitness is preparing to submit its plan for keeping the nation's youth in shape to Vice President Nixon, chairman of the organization.

The council's strategy to promote physical fitness follows its year-long campaign to warn the public that modern living conditions are softening up American youngsters. At the same time it has urged communities to take stock of their athletic and playground facilities to determine how they can be improved.

In the coming months, the council will shift emphasis from research to action.

### Promotion Necessary

Shane MacCarthy, council executive director, declares:

"It's time for youth-serving and business organizations to translate into visible action, at least in some places, the ideas that will promote physical fitness endeavors of our boys and girls in the early age brackets.

"If we can get them walking, skating, cycling, playing soccer and hand ball in the elementary school level, then they will want

to continue these activities up through high school and later years."

MacCarthy says that more safe play areas must be made available for children. Roping off streets, using city, state and national parks and keeping school playgrounds open all year would help solve the shortage of recreation space, he believes.

And he emphasizes that because of the tremendous yearly birth rate, communities cannot afford to wait any longer to strengthen their outdoor recreation programs.

### Mass Exercise Stressed

Success of the council's plan depends on a mass exercise of cooperation between city, state and federal agencies.

It will be up to each community to mobilize its own program. Council officials explain that their master plan is only a guide. Mapping out a youth fitness blueprint for the entire nation would be impossible since each community has different needs. Also, they point out that an exact set of rules would smother ingenuity.

But communities are going to have to accomplish a lot more than providing more playground space, council members say. The attitude of many adults must be changed in favor of more physical

activity. A show of enthusiasm from parents is necessary to spark interest among children, officials explain.

Also they say that schools need to emphasize the importance of building strong, healthy bodies. This can be done by making physical education just as important as other classroom subjects, a spokesman explains. Another method would be to add a course in health instruction to every school curriculum.

### Communities Working

Already many communities have formed special groups to establish fitness programs. And others have taken definite action. For instance, three Flint, Mich., schools recently banded together for an 800-student bicycle ride.

But the Council warns that many more will have to become interested to make the health crusade a success.

President Eisenhower formed the Council along with a 121-member advisory committee after he learned about the startling trend toward softness in the nation's youth.

In addition to Nixon and MacCarthy, the council includes the secretaries of Defense, Interior, Agriculture, Labor and Health Education and Welfare.

## Top Records Of The Week

By GILBERT YOUTH RESEARCH CO.

RATING		SONG AND RECORDING STAR		Girls	Boys
Two Weeks	Last Week				
1	1	Purple People Eater	Sheb Wooley	1	2
2	2	Yakety Yak	The Coasters	3	1
3	3	All I Have To Do Is Dream	Everly Bros.	2	4
4	4	Patricia	Perez Prado	4	3
5	5	Secretly	Jimmie Rodgers	5	5
6	6	Endless Sleep	Jody Reynolds	6	7
7	7	Splash Splash	Bobby Darin	7	6
8	8	Big Man	The Four Preps	8	8
9	9	Enchanted Island	Four Lads	9	10
10	10	Do You Wanna Dance	Bobby Freeman	10	9
11	11	Return To Me	Dean Martin	11	12
12	12	Got A Match	The Daddy-O's	12	11
13	13	Jennie Lee	Jan & Arnie	13	13
14	14	You Need Hands	Eddie Gorme	14	16
15	15	Right Out Of Your Heart	Pattie Page	15	14
16	16	When	Kalin Twins	16	17
17	17	Sugar Moon	Pat Boone	17	15
18	18	Hard Headed Woman	Elvis Presley	18	18
19	19	A Certain Smile	Johnny Mathis	19	21
20	20	Zorro	Chordettes	20	19

COMING UP FAST: One Summer Night The Danleers

# Today's Youth

TOMORROW'S CITIZEN

Mon. July 21, 1958—The News-Review, Roseburg, Ore. 5

## Girls' Skin Needs Special Type Of Care

By VIVIAN BROWN

AP Newsfeatures Beauty Editor COMPLEXION WOES are the bane of a young girl's existence. That little blemish that blossoms out before a big date does seem enormous, especially when so much depends on having a lovely clear skin.

Face blemishes are caused by a number of things — over-stimulated oil glands, improper cleansing methods, unbalanced diet and insufficient rest.

What to do about them? If there is no special reason to cure them instantly, leave them alone, watching the diet so that certain food irritants may not further the problem. Rich foods — gravies, pastries, candy and soda pop — may cause small blemishes to flare up. Keep them clean while they are healing and use a lotion medicated to conceal and heal pimples and blemishes.

A new medication is a flesh-fitted, greaseless preparation that comes in an easy-to-use squeeze bottle. It has special medications prescribed by leading dermatologists, yet can be worn day and night, concealing offending bumps, and helping to heal and dry up oily areas. This medicated lotion halts the spread of surface bacteria germs to adjoining areas.

A well-balanced diet should include fruit, vegetables, milk, bread, eggs, whole grain cereals, broiled lean meats, fish, poultry and custard.

Sufficient sleep also is important for a glowing healthy skin, and during these strenuous growing years every teen-ager should be sure of getting a good night's rest.

Soap and water scrubbing are a vital routine in complexion care. Clean washcloth and towels are imperative in keeping the skin clean. Ditch the clean powder puff, if powder is used over the lotion.

Try to resist the urge to poke, squeeze or pick at pimples.

Three Students At UO Achieve Honor Roll Spots

UNIVERSITY OF OREGON — Three Roseburg students, James E. Anderson, Dorothy A. Baskin and David L. Sylvester achieved the university's honor roll during spring term.

They were listed among 358 who made grades of 3.5 (B-plus) or better during the term.

Resources Board To Make Surveys Of Four Basins

SALEM — The state Water Resources Board plans to make surveys in the next two years of the Upper Willamette, North Coast, Deschutes and John Day basins.

The board put those surveys on its agenda last week, provided that it has enough money to carry them out.

The North Coast survey includes the area north of the Siletz River and west of the Coast Range.

The board said that its Rogue River survey would be completed by January, and that its Snake River survey would continue during the next year.

The board members had some sharp criticism of the fact that the Natural Resources Committee is asking more than \$215,000 in its biennial budget.

This committee, consisting of heads of state departments dealing with natural resources, is headed by Gov. Robert D. Holmes.

The board said that the committee meets only every six months, and that it doesn't exercise supervision of the staff which spends the money.

The board took no action on a request that Waldo Lake be set aside for recreation and fishing purposes. This will be considered as part of the Upper Willamette Basin survey.

Gaitskell called again for Summit talks.

## Gaitskell Upholds Arabs' Position

DURHAM, England (AP) — British Labor Party leader Hugh Gaitskell said Saturday the wave of Arab nationalism cannot be checked by American and British bayonets.

"Nor," he told a miners meeting, "should we be unsympathetic to this movement in the Arab states. I don't think it is fundamentally hostile to our interests."

Gaitskell described the Arab nationalist movement as "a desire for unity and independence from both Western and Soviet influence."

Gaitskell said it would "be nice to imagine we were going in to assist a popular, democratically elected government, threatened from the outside. Alas, I'm afraid that is not the true picture in Jordan."

He said he feared growing public opinion against the West in Jordan.

"There is, however, a worse possibility and that is that the arrival of our forces is only preliminary to an advance by British troops or Jordan troops into and against the Iraq government," he said.

Gaitskell called again for Summit talks.



**OUTBOUND TO TROUBLE**—Young Marines are shown aboard a transport plane leaving Camp LeJeune, N. C., destination undisclosed, but presumably for the jittery Middle East. Several planeloads of leather-necks departed from Camp LeJeune during the night, on short notice.



**'OUTA MY WAY, YOU'** — Two smokejumpers (forest firefighters) who are brothers-in-law tangled lines during practice jumps at Redding, Calif., Phil Clark went through foreman Orville Loofer's lines when they jumped together. They landed safely. (AP Wirephoto)

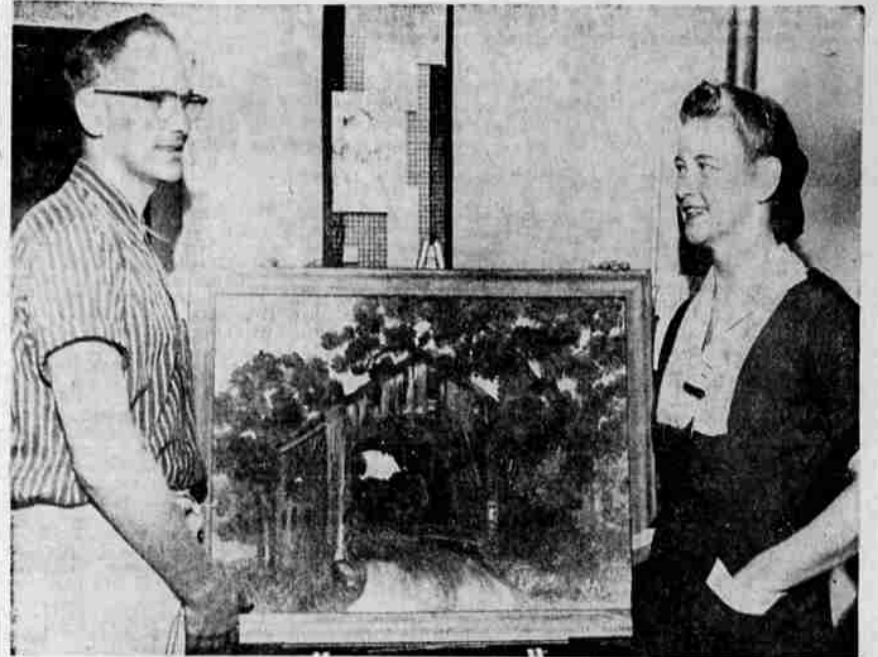
## Submarine Goes Aground, Pulled Off Sand Bar

PROVINCETOWN, Mass. (AP) — The fleet snorkel submarine Piper ran aground on a sand bar early Saturday about a half-mile from shore but was pulled free about six hours later.

The Coast Guard cutter Frederick Lee, stationed at Provincetown, pulled the submarine off Wood End Bar shortly before noon. Many of Piper's crew walk-

ed the deck during the operation. The sandbar is about two miles southwest of this fishing town on the tip of Cape Cod. She was riding the surface for calibration tests along a measured mile course when she struck the sandbar.

The Navy said the extent of the damage was not known, but it was believed to be slight.



LARRY APPLEBEE, Lookingglass, is shown with his mother, Mrs. Jerry Applebee, and one of his paintings which now is on display at Roseburg Artist Materials, 833 SE Cass Ave. The young artist will begin his third year at Gallaudet University, Washington, D. C., in the fall. He is a commercial art major.

## Missing Glide Skunk Found At High School

The pet skunk of the Glide High biology class, which was thought to have run away or been shanghaied two weeks before school closed in May, has been found.

Custodians Bob Blakeley and Carl Beaudry discovered "Gus" in the locked biology supply room adjoining the classroom, two months after his disappearance, reports correspondent Mrs. Arthur Selby.

Gus was kept in a cage but at night he was allowed his freedom in the classroom. When his cage was found empty the day students were receiving their polo shots, the general opinion was that some prankster had let Gus loose while the polo clinic was scheduled. The students not only mourned the loss of their pet but also loss of their investment. Miraculously, Gus was alive when found by his rescuers, although he had been without food or water for the long period. Evidently, he had hid in the supply room during the day when it was unlocked.

## Educator Says Failing Doesn't Help Youngster

COLLEGE PARK, Md. (AP) — Should Junior be forced to repeat a year in elementary school? Only under the rarest and most extreme circumstances, according to a California educator.

"All research on promotion and nonpromotion offers conclusive evidence that the child does not do better for having failed," Dr. Bernard Lonsdale said.

Dr. Lonsdale is consultant in elementary education in the California Department of Education. He spoke at the University of Maryland.

"After the first-grade level, he said, elementary school children 'should never experience failure in situations over which they have no control.'"

What are these situations? Reading the books the teacher gives them to read is one example, Dr. Lonsdale said.

Take a typical fifth grade. You might find some children with second-grade reading abilities. Others, on the other hand, might have a ninth-grade ability.

"How can we expect success if a child whose reading level is second-grade must use a fifth-grade reader? he asked.

He made it clear he believed it was up to the teacher to determine the ability of each child and then provide the child with the materials "with which he can experience success."

"The scales should be weighted in favor of success," Dr. Lonsdale concluded.

## HANDICAP DOESN'T HINDER

# Lookingglass Youth Gains Note For Artistic Ability

By BOB CLARK  
News-Review Staff Writer

A young man from Lookingglass, even though he faces a considerable physical handicap, is creating an impressive reputation for himself in such fields as art, drama and language.

The young man is 22-year-old Larry Applebee, son of Mr. and Mrs. Jerry Applebee, Rt. 4 Box 1303.

Larry was stricken with scarlet fever as an infant and the malady left him virtually without hearing.

Today, he is an outstanding student at Gallaudet University in Washington, D. C., the only university for the deaf in the United States.

Art Work Featured  
A commercial art major at Gallaudet, his artistic skill is so highly developed that his work has been featured in one-man shows. His pictures won several awards at last year's Douglas County Fair.

His work currently is displayed at Roseburg Artist Materials, 833 SE Cass Ave.

Larry was born in Marion, Kan., and he spent his boyhood in the Midwest state. The Applebee family moved to Beaverton, Ore., in 1949 and set up residence at Lookingglass in 1952.

Larry graduated from the state

School for the Deaf in Salem in 1954, where he was named the outstanding student of his graduating class.

He then spent one year at Douglas High School. He was consistently on the honor roll at Douglas.

He began his collegiate education in the fall of 1955, and has continued his high scholastic accomplishments at Gallaudet.

Appears in Plays  
While at the Eastern university, Larry appeared in three Shakespearean plays. He also has a keen interest in foreign languages and has progressed rapidly in his study of French at Gallaudet.

Larry possesses a minor degree of hearing ability, but even with a hearing aid he cannot distinguish conversation at normal voice levels.

His disability has forced him to rely chiefly on lip reading, at which he has gained high proficiency.

Local people who have taken an active interest in his career include Laura Grubbs, Douglas High School English instructor, and Mrs. Kenneth Ford, Roseburg — plus, of course, his parents. As would be expected, Mr. and Mrs. Applebee are extremely proud of their son's accomplishments.

Unquestionably, they have a right to be.

# Summer Dress Clearance

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