

The News-Review

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BRILLIANT RECORD

By Charles V. Stanton

Win, lose or draw, Douglas County high school basketball teams are cutting quite a swath in tournament play. The first bouquet of orchids of course, goes to Elkton, the team that went into the B-championship tournament last year for a good showing and profited by that experience to take this year's title. The Elks left no question as to their ability, outclassing each of their opponents by convincing margins.

A 25-game winning streak, topped by the state B championship, is an honor in which the whole county takes pride.

And while Elkton becomes accustomed to the feel of its crown, three other Douglas County teams are participating in the state A-2 tournament. Even though they lost early rounds in title competition, the fact that they have reached the play-offs provides a lot of fodder with which to feed provincial pride. Drain, Glide and Reedsport, each representing an A-2 district in Douglas County, have made enviable records for the season.

It was unfortunate that our Roseburg Indians could not have made the A-1 division, just to keep it unanimous. But the Indians have nothing to feel ashamed of. They were in a tough league and, as has been the root on which Roseburg has strobed its toe, season after season, there was a lack of depth on the bench. The Indians made a fine start but didn't have enough reserve power to keep up the pace. They were still good enough however, to be the giant killers of the league. They kept everyone scared.

Counting back to Reedsport's A-2 football championship, Glide's class B baseball title and our all-time record-breaking American Legion Junior baseball team, Douglas County's prep division athletic record is something to write home about.

OFFSHORE GILLNETTING THREATENING

Passage of a bill calling for international prohibition of offshore gillnetting for salmon is expected in the Oregon Legislature without opposition. Companion laws are expected in Washington and California. Similar action will be required from Canada before the legislation adopted by the three Pacific Coast states becomes effective.

Deep sea gillnetting for salmon poses a serious threat to the resource.

Studies of salmon movements show that the fish bunch up in certain areas. They congregate on feeding banks, at the mouths of rivers and follow certain fairly well defined paths in the ocean.

Until recently most offshore fishing for salmon has been conducted by troll. But within the last two or three years gillnet fishing has been coming into use.

Most commercial fishermen are in vigorous opposition to the use of this destructive type of gear. These are very long nets which are laid out in a circle and then drawn to a center.

Salmon fishing, both commercial and sports, has been drastically regulated in freshwater streams in an effort to halt the rapid decline in the resource. Offshore fishermen have adopted conservation measures. Everything accomplished to date in the way of conservation could be wiped out if gillnet fishing in the ocean is permitted to continue.

The federal government has promised to set up regulations for Alaska and for waters outside recognized state jurisdiction, after the three Pacific Coast states and Canada adopt uniform laws.

Bruce Biassat

Though its inquiry may run a course of two, the special Senate committee investigating labor and management practices already has turned up some astonishing evidence of questionable activities carried on by officials of the big teamsters' union.

Several officers of the organization have declined to cooperate with the investigators. But those who have given reasonably full information have contributed to a shocking picture.

Testimony to date indicates a positive link between the teamsters and the underworld in the Pacific Northwest. The union, in league with racketeers and gamblers, sought to gain control of the Portland, Ore., city government. The combination did succeed in dominating law enforcement in Multnomah County, site of Portland.

THERE was substantial evidence of the misuse of union funds. Some went for gambling and other underworld enterprises. A good sum of money was used to finance bars, including \$30,000 to help out the friend of the son of Dave Beck, teamster boss.

After the first damaging testimony, the brother of a witness declared he was warned in an anonymous telephone call against letting his brother talk too much. The witness said he had been threatened with death.

But, obviously, the story is going to be told. From Dave Beck on down, and from coast to coast, other unions also face scrutiny. We must hope their story is less lurid than the teamsters' tale.

THERE is one important difference between the Senate's current inquiry and the broader and perhaps more exhaustive study of labor unions made by Congress in 1947 as a prelude to the Taft-Hartley act. The top labor federation leaders are in support of the investigation's purposes. They are ranged on the side of law against corrupt or dubious practices of any kind.

In 1947 their attitude too often seemed to be that unions could do no wrong, or, at any rate, the un-

"Y" See—In Union Dere Is Muscle—Er, Strength"



Hal Boyle

NEW YORK — Do you know how to tell whether you have "middle-aged spread?"

A woman always seems able to, but a man can't — or else his vanity won't let him.

If a friend tells him at lunch, "Joe, you better cut down on the cheese cake, you're getting middle-aged spread," he simply doesn't believe it. At home that night Joe pulls in his stomach until his face gets purple, looks at himself in the mirror, and says, "Not bad. That guy at lunch must've been trying to kid me."

But there is one thing that doesn't kid anybody unless it's made of rubber — and that's a tape measure.

Dr. Thomas K. Cureton, director of the Physical Fitness Research Laboratory, has figured out an easy way to detect middle-aged spread.

This is it: Simply measure yourself around the abdomen. Then measure yourself around the chest while it is expanded. If your belly girth is larger, brother, you've got it — middle-aged spread.

And Dr. Cureton, who also acts as a health consultant for Cooper's Inc., makers of men's knit underwear (they want to keep middle-aged men alive longer because dead men don't buy underwear) warns you'd better do something about middle-aged spread as soon as you detect it.

Many middle-aged men regard dieting as the only solution to the problem of middle-aged spread.

Dr. Cureton says a proper diet, of course, is helpful. But he says that the middle-aged man also has

to grunt his way out of his swivel chair and take proper exercises to get real results.

"It has been very impressive to see how men and women above 40 years of age have been able to improve their fitness by taking up physical training," he adds.

But Dr. Cureton feels that the ordinary social-recreational types of casual exercise obtained in a few casual games of bowling, golf, volleyball, table tennis, or shuffleboard won't do the trick.

Regular exercises with continuous rhythm do more to improve the circulation.

Here are Dr. Cureton's suggestions for getting rid of middle-aged spread and restoring lost muscle tone:

"Reduce starchy and fried foods in the diet, and eat more fruits, vegetables and protein foods."

"Breathe more deeply, try to stay untensed, move parts of the body frequently, even while sitting."

"Fifteen to 30 full knee bends are excellent. As you breathe deeply, draw the abdominal muscles in toward the spine as far as you can with each breath."

"Walk two miles each day with a swinging stride . . . or swim 200 to 400 yards . . . or cycle five to 10 miles."

In a month your middle-aged spread should be gone. But if you quit your diet and cease exercising, in another month that fire around your tummy will be right back again.

Suppose we do a little analyzing of this proposal on the part of the congress to ASK IKE how to go about cutting the budget that Ike made.

These are the fundamentals: 1. It is the job of the President to suggest to the congress how much he thinks ought to be spent for this and that.

2. It is the job of the congress to appropriate the amount of money the President asks or to REFUSE TO APPROPRIATE IT.

That is to say: Under our system of government, the congress holds the purse strings.

If the congress thinks the President is somewhat extravagant in his spending ideas, it is the DUTY of the congress to refuse to appropriate as much money as he asks. That is about the size of it.

Reader Opinions

Sen. Neuberger Claims Error In Press Article

I have read your recent editorial stating that I was the author of the message to the Legislature by Governor Holmes concerning industrial development in Oregon.

Your inference and claim are 100 per cent wrong.

I did not see one word or line of Governor Holmes' message until I read it in the Oregon papers, which arrive in my office approximately four days after their publication.

I still fervently hope that the editor of the Roseburg News Review will at some time take advantage of these fundamental journalistic precepts.

Richard L. Neuberger
United States Senator
Washington, D. C.

Is Service In Army Alternate To Jail Term?

I was enjoying the News-Review until I read an article entitled "Youth's Sentence Delayed By Judge."

Having enlisted and served with the Army Air Force during World War II, I did not know that service in the armed forces was the equivalent of a jail sentence or a parole.

I considered it a honor to serve and believe it is wrong to offer enlistment as an alternative.

I wonder how many veterans consider time in the armed services equivalent to a jail term?

T. G. Haven Jr.
833 SE Stephens
Roseburg, Ore.

PRIVATE BIZ BAN

AUSTIN, Tex. — State Sen. George Parrigouze of Dallas has introduced a resolution calling for an amendment to the U. S. Constitution which would prohibit the Federal government engaging in private business.

CONSTIPATED? new laxative discovery un-locks bowel blocks without gag, bloat or gripe

Constipation is caused by what doctors call a "thrifty" colon. A "thrifty" colon is one that, instead of retaining moisture as it should, does the opposite: robs the colon of so much moisture that its contents become dehydrated, so dry that they block the bowel; so shrunken that they fail to excite or stimulate the urge to purge that propels and expels waste from your body.

TO REGAIN NORMAL REGULARITY two things are necessary. First, the dry, shrunken contents of your colon which now block your bowel must be re-moistened. Second, bulk must be brought to your colon to S-T-R-E-T-C-H and STIMULATE it and so, excite its muscles to action; to a normal urge to purge.

AND, OF ALL LAXATIVES, only COLONOID, the amazing new laxative discovery possesses COLONOID's great-moistening capacity plus COLONOID's stretch-stimulating bulk that

activates normal colonic reflexes. So effective that it relieves even chronic constipation overnight, COLONOID is so smooth, so gentle it has been proved safe even for women in the most critical stages of pregnancy.

SUPERIOR TO OLD STYLE bulk, salt or drug laxatives, COLONOID neither gags, bloats nor grips; does not interfere with your absorption of vitamins and other valuable food nutrients; and in clinical tests, did not cause rash or other side reactions.

IT'S A PHYSIOLOGICAL FACT: Exercise tones your body! And COLONOID exercises your colon to tone it against constipation, overnight! Whether occasional, frequent or chronic, whatever your degree of constipation, get COLONOID, in easy-to-take tablet form! At any drug counter, today! The price, only 98¢ for the economical 60 tablet package, brings you positive relief at less than 2¢ per tablet.

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Oregon Getting Unsavory Publicity From Senate's Probe Of Vice And Rackets

By A. ROBERT SMITH
News-Review Correspondent

WASHINGTON — One thing is already certain about the effect of the current investigation by the Senate into racketeering — in the past two weeks it has put Oregon on the map in a most unsavory way.

Virtually all of the nation's major newspapers, including the staid New York Times, are giving the tale of vice front page treatment. Editorial writers and cartoonists are having a field day depicting the senators as men in Sherlock Holmes garb burrowing into the nests of the nefarious.

The nation's most widely read magazines, especially the picture and news weekly magazines, are relishing over the sordid disclosures the committee is making about tieups between racketeers, Oregon law enforcement officials and certain Teamster leaders.

Over the weekend, the largest newspaper in the nation's capital, the Washington Post and Times Herald, asked editorially: Why does Oregon appear to be so little concerned?

"The McClellan committee is doing an admirable job of probing into the sordid mess in Portland, and it has ample reason for doing so because of the eminent part the Teamsters Union has played in the drama," the Post said.

"Should the Oregon legislature should have a more basic interest in these goings-on than any committee of Congress. Are the authorities at Salem afraid of what they might find? That conclusion is likely to be drawn by an increasing number of people unless Oregon shows a great deal more vigor than it has displayed to date in cleaning up its own house."

Headlines Scream News
On the front page of Saturday's edition of the Post was a big, bold black headline streaming across the top of the page: "Mayor Told of 25 'Joints'." The day before the other big newspaper in the capital, the Evening Star, had put a hold banner headline on the fact that a Portland night club operator, Nate Zusman, had flunked a secret test on the issue of whether he had been in cahoots with a madam who kicked back 20 per cent of the take from customers he referred to her high-brow "call house." And the tabloid

Tax Supervisors For Every County Has Little Favor

SALEM — A bill that would create tax supervision and conservation commissions in all Oregon counties met scant enthusiasm of city and county officials at a House Tax Committee airing Monday.

Multnomah is the only county in the state that has such a commission.

State Tax Commissioner Sam Stewart described the legislation as a heart by the state to give local governments more authority over their budgets.

But representatives of the League of Oregon Cities and the Oregon Assessors' Assn. replied they wanted none of the proposal.

Robert Duff, mayor of Medford and the league's legislative spokesman, said Medford and Jackson County were satisfied with present conditions. He said a county-wide commission might lack city representation because all members would be appointed by the governor.

Spokesmen for the assessors said they feared the commissions would be swamped trying to review budgets of many school districts in addition to those of counties and communities.

They said that if such a proposal is seriously considered, they would suggest a commission pattern, "but not like that in Multnomah County."

Rep. Vernon Cook (D), Portland, said the bill isn't in keeping with Gov. Holmes' recommendations for fewer boards and commissions.

"This looks like more boards and commissions on a county level and about as bad as the situation on the state level," he commented.

Search Of Planes After 'Warning' Reveals No Bomb

NEW YORK — An anonymous telephone call that a bomb was on board a Trans World Airlines plane touched off a search of all of the line's planes at New York's LaGuardia Field and International Airport Tuesday.

Several of the line's planes that had taken off shortly before the call also were notified by radio and were to be searched at their first stops.

The telephone warning was received at Trans World's downtown reservations office. A youthful, male voice said "You've better get off before your plane takes off."

Then the caller hung up. The caller was reported to have said that a bomb was to go off in Trans World's "next flight out of LaGuardia Field."

The next plane scheduled to leave LaGuardia was a four-engine Constellation due to leave at 1:45 p.m., for Pittsburgh.

Its 22 passengers got out a n d police made a thorough search of the aircraft and its baggage. Nothing was found and the plane took off 42 minutes late.

Nothing was turned up in first searches of TWA planes putting down at other fields.

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