

Field Trial For Hounds Scheduled Near Tenmile

A coon hound field trial will be held on Sunday, June 17, at the Tenmile Canyon near Tenmile. The trial will be under the sponsorship of the Douglas County Varmint Hunters Assn. Signs showing the way to the meet will be posted from Tenmile.

A \$100 purse will go to the winner in the finals. Full hounds will take part with the first heat set for 9 a.m. This is a qualified hunt under Oregon houndsman's rules. The public is invited to attend the free show. Lunch will be served on the grounds.

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Roseburg Sophomores Score High In Physical Fitness Test

Two Roseburg High School sophomores have scored in outstanding fashion in a pilot program conducted by 11 Oregon high schools to determine the physical fitness of students.

Likewise, the 100 sophomore boys tested achieved the highest testing on all levels: Highest, high average, average, low average and low. The 100 sophomore girls, low in scores in the first of two tests, improved remarkably in the second scores showed, to a point second highest.

High scorers were Donna Marie Graves and Clarence Selanshanko. Their achievements bested students at Baker, Coos Bay-Marshfield, Eugene, Klamath Falls, Medford, Pendleton, Roosevelt (Portland), North Salem, Springfield, Willamette and Roseburg.

the use of sports to combat juvenile delinquency and raise the physical standards of U.S. youth. According to OAHPER, Oregon is the first state in the nation to respond with definite action. The central physical fitness committee was formed and met for initial action Oct. 28, 1955. The pilot program in the schools was established, and the first test was given Feb. 9, 1956. The second was given May 11, 1956.

(Miss Graves); upper third - second high with 134; average - second high with 111; lower third-85; low - second high with 56. Their showing of a 19 point gain in the low third division won comment in the pilot study report.

Sherwood proudly noted that the lower third was where improvement had been hoped to be made. Pilot school representatives learned the results Tuesday at the University of Oregon.

Sherwood had special commendation for the teachers of the sophomores: Miss Willajean Grimes and Don Severson. He said their instruction helped the students make the impressive showing, yet, neither specifically drilled their youngsters for the tests.

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ROSEBURG ARMORY

Sat. Night

MAIN EVENT

Australian Tag Team ReMatch Ordered by Roseburg Commission. Two referees for the final match!!!

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PFI Composition
The Physical Fitness Index battery consists of four muscular strength tests (right grip, left grip, back lift, leg lift), two muscular endurance tests (chins, dips) and vital capacity (lung strength). The score is derived from dividing the gross score on the several test items by a norm for the individual's weight and age.

Median (average) score is 100. Scores can range from 40 to 160 or more. Young Selanshanko scored a mighty 170. Miss Graves posted 226. As Sherwood pointed out, the national norms based on sex, weight and age were set for secondary schools years ago. Norms for boys are different from those of girls. They were established in 1925 by Dr. Frederick Rand Rogers at Columbia University.

Sherwood believes the impressive showing of the sophomores comes because of the well-rounded physical education program in the Roseburg public schools from grades one through 12.

Objective of the pilot program, first in the nation, was to find the subpar physical fitness index of individuals so more work can be given to them in PE programs. "This is not athletics!" Sherwood specified. "But the regular physical education program scheduled yearly in the schools in the 12 grades in regular class times for all students." Athletics, he says are for the gifted few and taken after school.

Program Initiated
The OAHPER moved quickly to help start a program to counterbalance findings by Dr. Hans Kraus, MD, of the New York University - Bellevue Rehabilitation Center last year. Dr. Kraus' study reports appeared in medical journals, PE publications and newspaper stories. They showed that 58 per cent of U.S. youngsters tested for physical fitness failed one or more of his tests while only 9 per cent of European children failed.

Presented the findings, President Dwight Eisenhower called a meeting of sports celebrities to consider

the use of sports to combat juvenile delinquency and raise the physical standards of U.S. youth. According to OAHPER, Oregon is the first state in the nation to respond with definite action. The central physical fitness committee was formed and met for initial action Oct. 28, 1955. The pilot program in the schools was established, and the first test was given Feb. 9, 1956. The second was given May 11, 1956.

First Test Rank
Here's how RHS sophomore boys ranked in the first test: High score - first with 153 (Selanshanko); upper third - high with 114; average - third high with 102; low third - high with 92; low score - second high with 57.

A different picture appeared in the second test: High score - high with 170 (Selanshanko); upper third - high with 130; average - high with 120; low third - high with 107; low - high tie - 77.

The findings for OAHPER were compiled by H. Harrison Clarke, research professor at the University of Oregon.

The report commented on the "remarkable performance for school E" (Roseburg, noting only 10 per cent of the 100 boys tested were below 100). The findings showed Roseburg youth had made a gain of up to 18 points for the boys between the two tests.

During the Feb. 9 test sophomore girls ranked as follows: High score - second high with 184 (Miss Graves); upper third - tie for low with 105; average - low with 85; low third - low with 66; low score - third from low with 36.

Sophomore girls at RHS had tied for the low in the state during the first test. Sherwood says the primary reason for the poor scoring came because they'd been studying health and spent little preparation time on the test. He commended them for a "terrific gain."

Carve Special Niche
May 11 the 100 carved a special niche for themselves. They did the impossible and marched happily to second place among the schools. These were the scores: High - 226

DONNA GRAVES
... physically fit

Sideliner

By BROWNIE VALDEZ

They can talk about the long home run wallops hit by Mickey Mantle, Dale Long, Gus Bell, Ted Kluszewski or what have you, but we can recall one four base smash hit by Roy Helsner, present manager of the Drain Black Sox, that we would stack against the longest of them all.

The game was played in 1940, if our memory serves us right, at McGinnis Field in Silverton. We fall to remember the name of the pitcher on the mound for the Red Sox at that time, but you can bet he has never forgotten.

The right field wall in that park was close to the 400 mark with the power poles set just inside the outfield barrier, some 80 feet in the air.

Helsner, who was pitching for the Salem Senators at that time, caught hold of a fast ball and drove it completely over the top-most power line, and the ball at our last glimpse was still climbing as it sailed toward the distant lights of Marcum, a community four miles to the east.

SATURDAY, the Glide baseball team will make its second appearance in as many years for the championship of the class B prep toga.

Echo defeated the Wildcat diamond crew 3-1 last year on a single hit, but a combination of nine walks and a hit batter led to their downfall. Eugene Polley and Dick Smith combined pitching talents in last years finale for a 1-hitter.

Coach Jack Forsythe has nominated his hard-throwing right-hander, Dick Smith, to start on the mound. Smith has been defeated once, that in his freshman year, while toeing the rubber for the Glide team.

Dick Smith, Danny Kinnie and Eugene Polley are the big stickers for the high flying nine, each clubbing well above the 300 mark.

THE ROSEBURG ROAD Runners, a local motorcycle club, have a brand spanking new race track, thanks to the generosity of Darrel Wade, owner and operator of the Roseburg Speedway.

Wade donated the land for the racing oval along with doing all the grading.

The initial cycle races for the new track will be staged Sunday, when riders from several southern Oregon towns invade the home arena in quest for top racing laurels.

Clyde Akey, principal and assistant coach at Camas Valley High School, plans on attending summer school at Stanford University June 25 to August 16.

He will be working towards his masters degree as a doctor of education.

THREE OUTSTANDING athletes at Douglas High have been voted into top positions in the student body council. Bob Harty has been named president, Fred Newton, vice president and Pete Amorde, business manager.

Four members of the Camas Valley baseball team finished the season hitting well above the 300 mark in the final batting column statistics. Bob McClellan led the team rapping out 15-31 for a terrific .484, followed by Byron Baker with 11-28 and .393, Jim Bartley with 4-11 and .364 and Gerry Spencer with 7-29 and a .350 mark.

Juadale Duncan led the RBIs parade, sending 14 mates across the plate. Charlie Brown with 9, Jerry Bartley with 9 and Bob Thrush with 8 followed.

Two home runs were swatted out during the season, Baker collected one and Spencer hit the other.

Opponents scored 65 runs while 51 Hornets dented the plate.

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