

The News-Review

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SMOKING EFFECT ON HEART

Grants Pass Courier

Four physicians have joined in a declaration, appearing in the February 12 issue of the Journal of the American Medical Association, that new laboratory tests have shown that cigarette smoking has a definite effect on the heart in both normal persons and those with heart disease.

Significant increases in heart rate and blood pressure followed smoking of regular cigarettes by 65 persons tested, including both normal persons and those with coronary disease, according to Drs. Henry I. Russek and Virgil J. Dorset, Staten Island, and Dr. Burton L. Zohnman, Brooklyn, all of the U. S. Public Health Service.

Another series of tests on 400 normal persons resulted in abnormal changes among 10 per cent, rising from 5 per cent in the 20-30 year age group to 15 per cent in the 30-40 year group. Dr. Isidore E. Buff, Charleston, W. Va., who made these tests, recommended that disease-free persons whose heart tests show abnormal results following smoking should quit. He could not say whether heart disease eventually would develop in these persons. But he said he felt that evidence so far makes it "highly desirable that these patients stop using tobacco in any form."

The New York physicians said denicotinized cigarettes caused the same disturbances among heart disease patients as regular cigarettes. However, denicotinized cigarettes caused less abnormality in patients without disease who had unexplained symptoms similar to those in heart trouble, such as sweating, dizziness, headache, and irregular heartbeat. The presence of such symptoms is termed "tobacco heart," and can be confused with heart disease unless proper tests are made. In such patients tested, symptoms disappeared when smoking was stopped entirely.

The physicians tested 28 normal persons, all habitual smokers, ranging in age from 21 to 60 years. Nine of them had sought medical aid because of "heart" discomfort, and the other 19 reported they had noticed some symptoms after smoking. There were 37 patients from 42 to 70 years old with coronary disease. Of these, six were non-smokers, 10 smoked occasionally, and 21 were heavy smokers.

After a two-hour nonsmoking period, the subjects smoked a cigarette and then were tested by an electrocardiograph and a ballistocardiograph, which measures the impact on the body of the heart's thrust as it pumps blood. After smoking, 25 of the 28 apparently healthy subjects showed increased heart rate and two a decrease, while 20 showed increased blood pressure and five a decrease.

Among the 37 heart disease patients, 30 showed increased heart rate and four showed a decrease, while 34 had increases in blood pressure.

The physicians said there seems to be a difference in the mechanism of abnormal changes in heart disease patients, normal persons, and those with "tobacco heart."

In heart disease patients, the disturbance seems to result from weakness in the heart muscle which smoking brings to light by constricting blood vessels throughout the body. In "tobacco heart" patients, the changes apparently reflect a poisonous effect of nicotine on the heart muscle or nerve cells. The amount of nicotine in the cigarette makes a difference only in this type of patient. The physicians also debunked the notion that whiskey counteracts the effect of tobacco on the heart, but said it has a slight effect on circulation only. They said the "protection" afforded the heart by whiskey during smoking is "purely an illusion."

Their evidence does not prove that smoking presents a "direct danger" to coronary disease patients through constriction of the heart arteries, they said. Nevertheless, smoking is bad for them because of other undesirable effects, such as increases in heart rate and blood pressure, heart spasm, irregular heartbeat, nose and throat irritation with "troublesome hacking and coughing," stomach trouble, and lowered vital capacity. They called it "unsound medically" to allow use of tobacco by patients already below par in heart and breathing efficiency and conditioning for activity.

"Smoking has long been known to reduce physical fitness for exertion even in normal persons, a fact responsible for its prohibition among athletes," they said. "Since this is so, every patient with coronary disease who is a smoker may make a valuable contribution to his own rehabilitation by total abstinence. Peak physical fitness at a safe level of activity should be as much the objective of the patient with coronary disease as the athlete."

Hal Boyle

NEW YORK (AP) — It's a wonderful world, and here are a few things in it to wonder about:

Why are women afraid of mice, when the average mouse can run at a speed of only about four miles an hour?

Since most men today prefer rubber heels, why do manufacturers still go on turning out so many shoes with leather heels?

Does everybody have a secret yearning to hold up a bank? If not, why do you (yes, you!) always have a guilty feeling that the bank guard is keeping a careful eye on you as you slide up to the teller's window to cash your paycheck?

What makes an otherwise sensible, middle-aged dog lift up his nose and howl at a full moon? Is he bugling from an inner hurt, crying for a lost time in the past when dogs had a more important place in the universe?

Who can explain the odd fact that, as a man's hair begins to thin on his scalp, he often grows more hair on his chest? Is he just the victim of a bunch of crazy, mixed-up follicles?

How come when you go to a guy's funeral you so seldom see his doctor present among the mourners?

What makes most men feel so vaguely depressed when they see their reflection in a three-way mirror in a clothing store? Is it because they are startled to find out how they really look to other people all the time?

Do porcupines actually find each other attractive, or do they marry in self-defense, realizing that nothing else on earth would put up with a porcupine except another porcupine? Would it work out if a porcu-

pine and a skunk fell in love?

How long has it been since you heard a street cleaner singing at his work? Or a banker?

What is the life expectancy of a mothball? And what happens to them anyway? Do they wear out, or just fade away? Is there any market in second-hand mothballs? Can you trade in old ones on new ones?

Why is it so many people want the rose named as America's national flower? Doesn't the simple homespun dandelion, the children's delight, have any supporters?

Freelance And Films
Where do some girls get the foolish idea that freckles aren't a feminine asset? How many conversationally dull women have husbands today merely because the guy of their choice was so preoccupied with counting their freckles during their dates that he never really heard the nonsense they were talking, and which might have frightened him away?

If science can solve the problem of filtering radioactive wastes from atom power plants, isn't there some hope it will also be able in time to separate those old movies from our television screens?

And while we're brooding on the prospects for a better world, why doesn't Congress help the common man by inventing a self-paying tax?

Wouldn't there be fewer crowd-

"Okay, Men, Put Your Guns, if Any, on the Table!"



Bruce Bissat

WASHINGTON (NEA) — As is proper for a lady, Oveta Culp Hobby, Secretary of Health, Education and Welfare, has done a better job of keeping her foot out of her mouth than any other member of the Eisenhower Cabinet.

Mrs. Hobby has achieved this distinction by violating Rule Number One almost constantly, but by

never, oh never violating Rule Number Two.

Rule Number One—as every government bureaucrat should know is, "Never take yourself too damn seriously." Mrs. Hobby always takes herself very seriously.

Rule Number Two is "Never say anything unless you know absolutely for sure what you're talking about."

As the exact opposite of the anonymous, giddy creature who first said, "How do I know what I think till I've said it?" Mrs. Hobby has made it a rule to say nothing till she knows what she thinks, or until somebody has told her—the facts.

BY STEADFASTLY KEEPING her mouth shut on most public occasions, there has of course been less chance of getting her foot caught in it.

Though a newspaperwoman herself, Mrs. Hobby has granted no exclusive interviews at all. The waiting list for such interviews is long. It took months to get her to talk to the National Press Club. She has held only six press conferences in two years.

These press conferences are something unique in Washington and the world. They are held in the big DHEW conference room, which is dominated by a huge mural painting of a load of hay going down a level valley in front of high white mountains.

Before this scenery stands Madam Secretary, perfectly scrubbed and groomed as always. She reads from a prepared statement, copies of which have been given to the reporters in advance.

THIS IS ALWAYS a great help to reporters, to have long hair, wavy and read to them. When their lips aren't chapped from the cold and their fingers aren't too calloused from pounding their typewriters, they can mouth the words and follow the lines. Left to their own wits, they don't read too well, obviously. And when the stuff is read at them, there is no chance for slips of the tongue or misquotations.

At either side of Secretary Hobby's rostrum are seated her staff, bureau chiefs, department heads, lawyers, technicians and experts by the dozen. Sometimes they give presentations. Asst. Sec. Roswell Perkins explained the social security changes last year. Commissioner of Education Samuel Brownell explained the school aid plan this year.

These explanations are done with charts. More charts than have been seen since the days when Chester Bowles was Price Administrator. The Bowles charts were usually black and white. Mrs. Hobby goes in strictly for technicolor productions that look like Dail dreams.

BY THIS TECHNIQUE and by never staying behind or outside of what's in the President's messages or proposals, smart Mrs. Hobby has kept herself above criticism and controversy.

With the President's health and education programs now before Congress, this is going to be Mrs. Hobby's big year. Last year, of course, the social security system was made over.

There are those who say that former Undersecretary Nelson A. Rockefeller masterminded all this. But he's a modest, quiet, behind-the-scenes spade worker. To Boss Lady Hobby will go the credit. She's doing a job.

DAV Chapter Praised For Enrollment Gain

The Roseburg Chapter of the Disabled American Veterans has gained national recognition within the ranks of disabled veterans this month by surpassing its membership enrollment of last year.

A report shows a total of 76 members had been enrolled as of Feb. 1.

This achievement brought a special message to local chapter officials today from Judge Alfred L. English, national commander of the DAV. "Your chapter is to be commended for this fine achievement," English said.

Dillard Couple Seeks Uranium

By ROSA HEINBACH

Mr. and Mrs. Arthur Alexander have left Dillard for an extended trip to Southern California and Mesa, Ariz. They are traveling in their new trailer house and are going equipped for prospecting for uranium. Mr. and Mrs. Alexander and family spent many years living on Kent Creek, Dillard.

Mrs. Hunt Ill
Mrs. Jim Hunt has been ill with a severe attack of tonsillitis the past week at their home in Ford's addition of Dillard.

Mr. and Mrs. Stanford Buell left Friday for Tucson, Ariz., to visit the former's mother, Mrs. Mercy Buell, and his brother-in-law and sister, Mr. and Mrs. Bert Laurance, who have been spending the winter there. They plan to bring Mrs. Buell home with them.

Albert Haines and Tom Bissonette, who have been employed at the Paul B. Hull Lumber mill, left this week for Corvallis to work in a sawmill there.

William C. Heinbach was taken to the Portland Veterans Hospital Sunday for medical treatment for lingering paralytic condition.

Mrs. John Lander Sr. is convalescing at her home on C. V. route from a broken right hand. She fell Friday morning in the kitchen of her home.

Mrs. Calvin Person of Dillard is reported to be recovering satisfactorily from surgery which she had Monday at Community Hospital.

Mrs. Susan Winston, an old-timer of Roberts Creek underwent a leg amputation at Mercy Hospital Sunday. Mrs. Winston, 84, had been suffering from a complication of disease that made the operation necessary. She is reported to be doing as well as can be expected.

Kenneth Hull, 16-year-old son of Mr. and Mrs. C. E. Hull, is now recuperating at home from the operation he had at Community Hospital last week on his broken hand. He returned to the Douglas High School Monday with his hand still in the cast.

Mr. and Mrs. Leo Manske left early Tuesday for Washington where they were called by the death of the former's nephew.

Mr. and Mrs. C. E. Britain spent the past weekend in Eugene as the guests of old friends, Mr. and Mrs. A. C. Leonard.

Mr. and Mrs. A. W. McGuire spent the past weekend at Coos Bay visiting at the home of Mr. and Mrs. L. J. Broadword. The two families were former neighbors in Eugene several years ago.

'Plant A Rose' Month Designation For March

March has been designated as "plant a rose" month in Roseburg. The month is sponsored by the Junior and Senior Chambers of Commerce. It is an annual affair, according to chairman Charlie Blanks.

Blanks said the sponsoring organizations suggest that residents plant roses for the beautification of their own homes and the community.

Cards telling of the promotion will be placed in local store windows. Announcements concerning the month will be made in the local newspaper and over radio stations.

The rose is the first flower ever brought under cultivation by man, Blanks said. More than 2,000 species are grown today, he added, but relatively few are used for gardening purposes.

U. S. Army Signal Corps' New Chief Nominated

WASHINGTON (AP) — President Eisenhower Monday nominated Maj. Gen. James D. O'Connell to be chief of the Army Signal Corps. The President asked the Senate to promote O'Connell to the permanent rank of major general. His present permanent grade is brigadier general.

O'Connell would succeed Maj. Gen. George I. Back, whose term as signal corps chief expires April 30.

Grants Pass Man Buys Glendale Firm

By MRS. G. B. FOX

Pat Faye of Grants Pass has purchased Creston McNeil's garbage disposal business in Glendale. The new owner will take over the business on March 1. There will be no change in rates, and the present schedule of pickups will be continued.

Women Visit
Mrs. Opal McKeown and Mrs. Elsie Meisner of Glendale visited with the Virgil McCollums near Quines Creek a few days ago.

Mrs. Gerald Fox of Glendale spent a day and a half at the Forest Glen Hospital for X-rays and observation.

Dr. J. K. Howard, the Rev. Wayne Wattman, William Wunsch, and Carl Koehler of Glendale and Azalea were delegates to the Western Area Conference of Presbyterians Men which met at the Senator Hotel in Sacramento earlier this month.

Mrs. Koehler and Gary went to Merced and visited with friends and traveled through Yosemite National Park during the conference.

The Glendale band and chorus will sing and play April 2, at the Agricultural Building on the fair grounds for the annual Grants Pass spring opening.

Drain Service Couple Parents

By MAUD DEEVER

Mrs. Alice Seaton left Sunday aboard the Shasta Daylight for Parks Air Force Base, Calif., to see her new granddaughter, Becky Lynn, who was born Feb. 17, to Mr. and Mrs. John T. Edwards, at Parks Air Base hospital. Mrs. Edwards is the former Chari Seaton of Drain.

From Eugene
Spending Monday night and Tuesday with Mrs. Grace Kirtley were her son and daughter-in-law, Mr. and Mrs. Melvin Kirtley, of Eugene.

Mr. and Mrs. Harry Cool Sr. left Monday for Portland to attend the Marshall-Wells Congress being held there this week. They were accompanied to Sweet Home by Mrs. Cool's sister, Mrs. A. Wampole, who remained there for a visit with her son and daughter-in-law, Mr. and Mrs. Roy Wampole.

Visiting Mr. and Mrs. Jack Roach Sunday were their son-in-law and daughter, Mr. and Mrs. Fred Vogler of Cottage Grove, and Mrs. Roach's brother-in-law and sister, Mr. and Mrs. William Wise, of Eugene.

Mrs. Myrtle Miller left Sunday for a visit with relatives in Myrtle Creek.

Visit Father
Mrs. D. W. Brookhart and sister, Mrs. Romie Glover, of Springfield were in Roseburg last week for a visit with their father, Henry Brookhart, in a Roseburg rest home.

Roy Spalding underwent a delicate eye operation in the Sacred Heart hospital, Eugene, last week and was seriously ill for a time but is now reported to be convalescing satisfactorily. Mrs. Spalding's sister, Mrs. Robert Kirtley, of Gardiner, is staying with her.

Mr. and Mrs. Sherman Chapman and son, Brady, in company with Mrs. Chapman's brother-in-law and sister, Mr. and Mrs. Bradford Fox, of Port Angeles, Wash. left last week on the Cascade Limited for Los Angeles, Calif. From there they planned to take the southern route trip across the country with a stop in New Orleans, La., for the five day annual Mardi Gras Festival. Enroute home they planned to go to Flint, Mich., where the Chalmers will pick up a new car to drive home.

Increased Traffic Noted On Highways Of Oregon

Oregon highways carried close to 20 per cent more traffic last month, according to volume data from automatic recorders compiled by the state highway department.

The recorders, permanently installed at key points along rural highways, clocked sizeable traffic increases at almost every location as compared with the counts for last year at the same time.

Heaviest rural traffic was recorded south of Woodburn on highway 99E where the January volume averaged 7,537 vehicles a day up 25 per cent from January of 1953. The sharpest increase was a 64 per cent gain on the Columbia river highway near Troutdale.

Urban traffic in Portland and Salem also gained eight and one half per cent during the month, recorders showed.

While traffic was heavier, Oregon drivers managed to hold fatal accidents at the same level of the preceding January. Secretary of State Earl T. Newby reported. Fatalities totaled 22, exactly even with the 22 deaths charged to traffic at the same time a year ago.

Between A.D. 1200 and 1800, world population increased from about 300 million to 900 million and today it is 2,400,000,000.

BIRTHS

Mercy Hospital
ALLEN — To Mr. and Mrs. Richard Allen, Box 84, Sutherlin, Feb. 23, a son, Craig Harold; weight six pounds three ounces.

HARRIS — To Mr. and Mrs. Joseph Harris, Idealy Park, Feb. 25, a son, Grant William; weight six pounds fifteen ounces.

Douglas Community Hospital
HICKAM — To Mr. and Mrs. Chester Hickam, Updegrave Camp, Glide, Feb. 22, a son, Marvin Dewayne; weight seven pounds one ounce.

PEARMAN — To Mr. and Mrs. Donald Pearman, Rt. 3, Box 781, Roseburg, Feb. 23, a daughter, Bernice Ellen; weight seven pounds.

KOBEL — To Mr. and Mrs. Kenneth Kobel, Sutherlin Housing Project, Sutherlin, Feb. 24, a daughter, Laura Lee; weight seven pounds five and three-fourths ounces.

KEINTZMAN — To Mr. and Mrs. Eugene Keintzman, Box 217, Idley Road, Roseburg, Feb. 24, a son, Bradley Eugene; weight seven pounds fourteen ounces.

HANSEN — To Mr. and Mrs. Frank Perle, 727 Strong St., Roseburg, Feb. 24, a daughter, Jimmie Lynn; weight eight pounds two ounces.

HURLBURT — To Mr. and Mrs. Keith Hurlburt, 420 W. 1st St., Sutherlin, Feb. 25, a son, Robert Paul; weight seven pounds eight ounces.

HANSEN — To Mr. and Mrs. Neils Hansen, 831 W. Lane St., Roseburg, Feb. 25, a daughter, Raylene Denise; weight seven pounds eleven ounces.

TRIXIE FRIGANZA DIES
PASADENA, Calif. — Trixie Friganza, 85, a headliner in musical comedy and vaudeville in grandfather's day, died Sunday night at a quiet Catholic retreat where she had lived for 16 years.

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Bill Permits Ending Of Union High Districts

SALEM (AP) — The House passed and sent to the governor Monday a bill to let boundary boards abolish union high school districts.



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