

Your Freezer Can Lend A Hand In Preparing A Holiday Meal

Why not let your freezer help you avoid the Christmas "rush" this holiday season? Here's a tempting and festive menu, planned by a freezer home economist, that means less time for you in the kitchen, and more with the family at Christmas time. All the dishes on the menu are perfectly suited to freezer storage. Prepare the meal in advance and store in your freezer, then all you

have to do on Christmas day is heat and eat.
Here's the menu:
Hors D'Oeuvres
Clear Consomme sprinkled with lime curls
Roast Turkey
Sausage Stuffed Apples
Peas with Sauteed Mushrooms
Sweet Potato Puffs
Holiday Casserole Bread
Steamed Cranberry Pudding with Hard Sauce

HORS D'OEUVRES: Stuffed dates, figs, and prunes are excellent freezer fare, as are any of the following spreads: cheese, anchovy and other fish, meat, avocado, hard-cooked egg yolk, olives, nuts, and pimiento.
If you are using bread for your canapes, prepare as for serving, package carefully. Allow one hour for defrosting from freezer. With crackers as a base, freeze the spreads and make up canapes just before serving.
For an unusual touch on your holiday tray, try this recipe for "Holly Cheese Balls."
4 (3 oz.) pks. cream cheese
2 small jars Cheddar spread
6 oz. blue cheese
2 lb. grated onion
1 tsp. Worcestershire sauce
1/4 cup ground nut meats
1/4 cup minced parsley
Mix cheeses, onion and Worcestershire sauce. (Use a blender if

you have one. Or, if mixing by hand, have ingredients at room temperature before combining.) Add chopped nuts and parsley and blend. Shape mixture into ball and chill for several hours. Shape small balls (about 1 tsp. cheese mix each) from larger ball and roll in additional chopped parsley. Place balls on baking sheet and freeze. When frozen, pop cheese balls into plastic freezer bag or carton and store until 30-30 minutes before serving time. Very festive addition to your hors d'oeuvres or salad plate.

CONSOMME: Homemade soup freezes beautifully. To save space, freeze in concentrated form, adding liquid after soup is defrosted.
Home economists suggest this convenient tip: freeze soup in quick release ice cube trays, store soup cubes in plastic freezer bag, defrost in saucepan over direct, low heat.

TURKEY: As early as four weeks before the holiday dinner you can prepare your turkey and store it in the freezer. Large turkeys (over 18 lbs.) usually sell for eight to ten cents less per pound than small hen turkeys. They are a smart buy for small families too, because left-overs may be safely frozen for later use.
You may freeze your turkey so that it is oven-ready, so you may roast it before freezing. If out of your freezer two or three days before Christmas, allowing about 5 hours per pound for thawing in the refrigerator. Or if you prefer to cook the holiday bird before freezing, just roast as usual, cool the turkey quickly, wrap tightly in freezer foil and freeze. To thaw and reheat, place foil-wrapped frozen turkey in 325 degrees F. oven, and allow 10 minutes per pound for turkey to heat.
If you wish to serve stuffing or dressing with the turkey, freeze and bake in a casserole, separately from the turkey. A medium-sized casserole of prebaked frozen stuffing will require about 1 hour in the same oven with the turkey, if frozen unbaked, allow additional 30 to 45 minutes for baking.

Sweet Potato Puffs
4 cups of cold (cooked) mashed sweet potatoes
2 egg whites
1 tsp. salt
1/4 cup butter, melted
12 Marshmallows
1/2 cup shortening, melted
Combine the cold, mashed sweet potatoes with the egg yolks, salt and 1/4 cup melted butter. Mix thoroughly and divide into 12 portions (each portion will be about 1/3 cup). Flatten each portion and mold into circle, and place a marshmallow in the center of each. Mold the potato batter around the marshmallow, leaving a small opening at the top of the ball. Combine the cereal flakes and the 1/4 cup of melted shortening, then roll the potato balls in the buttered cereal flakes. Package the balls in freezer box preferably, and freeze.
When ready to bake, take the puffs out of the freezer and place on a baking sheet or in a casserole. Bake in 350 degrees F. oven for about 20 minutes. (No need to defrost the balls before

baking.) Serve immediately. For an extra special treat, add 2/3 chopped nuts to the potato to batter before molding into balls.

Holiday Casserole Bread:
2/3 cup hot water
1/4 cup sugar
1/4 tsp. salt
1/4 cup shortening
1/2 cup lukewarm water
2 pkg. dry or compressed yeast
1 egg, beaten
3/4 cups sifted flour
1 cup raisins
1/2 cup mixed crystallized fruits, chopped
1/2 cup chopped nuts
Combine the 2/3 cup hot water with sugar, salt and shortening. Cool to lukewarm. Dissolve yeast in 1/2 cup lukewarm water; stir into first mixture and beat well. Add beaten egg, flour, raisins, fruit and nuts. Stir until well blended, about 2 minutes. Let rise in warm place, free from draft, about 1 hour or until more than doubled in bulk. Stir down. Beat vigorously about 1/2 minute. Turn into greased 1 1/2 quart casserole. Bake uncovered in hot oven at 400 degrees F. for about 45 minutes. When bread is cool, combine 1 cup sifted confectioner's sugar with 1 tsp. milk and 1/4 tsp. vanilla. Frost bread and decorate with additional nuts and fruit.

Steamed Cranberry Pudding:
2 cups sifted flour
2 tsp. baking powder
2 tsp. soda
1/2 tsp. salt
1/4 cup brown sugar
1/4 cup hot water
1/4 cup melted shortening
1 1/2 cups chopped cranberries
2 tsp. grated orange rind
1/4 cup white raisins
1/2 cup finely chopped citron
1/2 cup chopped nuts
Sift together 1 1/2 cups flour, baking powder, soda and salt. Blend brown sugar, hot water and shortening with dry ingredients. Mix well. Dredge cranberries, raisins, citron and nuts with remaining 1/4 cup flour. Fold into batter. Turn pudding into well-greased 2 qt. pudding mold or two No. 1 coffee cans. Cover closely and steam for 1 1/2 hours. When pudding is cool, freeze it right in the sealed molds or coffee can — no other wrap needed. To serve, steam 1 hour and accompany with your favorite sauce.

A-Energy As Electric Power Base Predicted
WASHINGTON (AP) — A private consultant says atomic energy will be providing 45 per cent of the nation's electric power by the year 2000.
H. Dewayne Kreager, who was executive officer of the Office of Defense Mobilization until mid-1953, surveyed the A-power possibilities in a study prepared for the use of investor groups. He said his information came from non-secret government and private industry sources.
He predicted that atomic-powered generators will become economically competitive with coal and oil fueled plants by 1965, and that by 1975 they will be producing between 30 and 45 million kilowatts of the 300 million that will be required by that time.
From 1975 to 2000, he forecast,

Elgarose Club Plans Supper

By THELMA HANSON
The Elgarose Comfort Club will hold a New Year's party Dec. 31 at the Elgarose School. A potluck supper will be served at 6:30 p.m. The public is invited to attend.

Returns To Elgarose
Donald Sundberg has returned to his home in Elgarose after spending the summer in Anchorage, Alaska.
Ronnie Johnson, son of Mr. and Mrs. Ralph Johnson, injured his foot with a pitchfork last week. He is reported to be recovering satisfactorily.

Mr. and Mrs. Gerald Wimer of Coquille visited over last weekend with the latter's parents, Mr. and Mrs. Carl E. Johnson. Mr. and Mrs. Arnold Severson and children, Kathy and Robert, of Roseburg were also Sunday guests.

Mr. and Mrs. A. M. Holman of Portland were visitors Thursday of Mr. and Mrs. C. R. Holquist.

Mr. and Mrs. Rudy Nelson and family of Oakland were Sunday visitors of Mr. and Mrs. Henry Nelson.

Mr. and Mrs. C. R. Holquist were recently in Portland, and on the way home stopped in Salem to visit Mr. and Mrs. Ray Webber and Mr. and Mrs. Robert Holquist and family in Eugene.

JAP TEAM TO TOUR
TOKYO (AP) — An 18-man Japanese team leaves Jan. 10 on a 71 day tour of South Pacific Islands to recover remains of Japanese war dead, Kyodo News Service said Saturday.

The delegation also will erect memorials on battlefield sites and hold services at sea.

80 per cent of the new generating capacity installed will be A-powered, but that using coal and oil also will continue to grow.

Many Frenchmen Still In Prison Camps Of Reds

PARIS (AP) — The government says the fate of 20,861 French Union troops who fought in the Indochina War has not been determined definitely. Some are believed still held as prisoners of the Communist-led Vietminh, in defiance of the Geneva armistice terms.

The figure was announced to the National Assembly by Jacques Chevalier, secretary of state for war. Some of the soldiers, he said, may have been deserters; many probably were killed in battle and their deaths not registered. Others may have died in prison camps.

"No doubt a small number is still living and is held in camps of the Vietminh," Chevalier declared. Under the armistice agreement, all prisoners were supposed to have been returned.

The secretary said France has returned 59,700 Vietnamese and 8,000 war prisoners to the Vietminh. In return, the French got back 19,181 prisoners, including 710 civilians.

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