



**ATTENDING** a Teacher-Inservice Program meeting held in January were several Roseburg people. Among those shown in the picture are Mr. and Mrs. Ralph Scudder, Ralph Arensmeier, Henry Barnek, M. V. Montgomery, M. C. Bowker, Miss Naomi Dietz, Mrs. Ellen Schrimp, Mrs. Esther Richmond and Mrs. Andrew Broadus. Below is a picture taken in the social science class of Mr. Scudder.



**AT A SOCIAL** meeting of Benson PTA the above picture was taken of Mrs. Leslie Stark, V. J. Micelli, Mrs. Albert Meyer, Harold Kelley, Harold Hoyt, N. D. Johnson, Superintendent of Schools Mike Deller and Benson Principal Bob McKee. Below is a picture taken in one of the rooms at Riversdale School.



## Edward Renkens Honored On Wedding Anniversary

Mr. and Mrs. Edward Renken were pleasantly surprised and honored on their wedding anniversary and the former's birthday, last Friday, at their home on Landers Lane, where a group of friends and neighbors called on them.

The evening was spent in visiting and the opening of the many lovely gifts presented to the honored couple.

A beautifully decorated cake with other refreshments were served to Mr. and Mrs. Don Nichols and Marsha and Rhonda of Winston; Mr. and Mrs. Ralph Antone of Green; Mr. and Mrs. William Edwards and Carl and Larry; Mr. and Mrs. Russell Betts and Judy and Johnny; Mr. and Mrs. Merle McGinnis and Mike; and Mr. and Mrs. Al Mortensen of Newton Creek Road.

### MRS. ADA HANNA HOSTS FOUR AND TEN CLUB

Four and Ten Club met at the home of Mrs. Ada Hanna Wednesday for a 1 o'clock luncheon.

Visiting and games were enjoyed during the afternoon. Mrs. Carl Nickens was honored on her birthday anniversary with a lovely gift from the group.

Covers were placed for: Mesdames Nora Lewis, LaVerne Nickens, Thelma Ruchabor, Nona Thompson, Fay Jensen, Ollie Kreuger, Elizabeth Winn, Nina Jones, Kay Simmons and Ada Hanna.

A revelation party at the home of Mrs. Eunice Beck in Sutherlin is planned for May 26.

### MRS. FRED HARGIS ENTERTAINS AT DESSERT

Mrs. Fred Hargis entertained the Twelve and Won Club at a dessert supper, on Tuesday evening. Forming the centerpiece were yellow candles and a delicious cake which was later cut by Mrs. N. E. Richardson and Miss Bernadine Prince whose birthdays were being celebrated that evening. Small baskets of flowers were lovely spring favors.

Covers were set for: Mrs. N. E. Richardson, Mrs. Elvera Recla, Mrs. John Johnson, Mrs. Fred Ritzman, Mrs. Besse Lounsbury, Mrs. E. Prince, Miss Bernadine Prince, Mrs. Thelma Webber and hostess, Mrs. Fred Hargis.

A short business meeting was conducted by the president, Mrs. Fred Ritzman. Games were enjoyed during the evening. The guessing contest prize was won by Mrs. Besse Lounsbury; high prize by Mrs. Fred Ritzman, and second high by Mrs. Elvera Recla. Lovely gifts were also presented to Mrs. N. E. Richardson, and Miss Bernadine Prince.



**NATIONAL** leader Miss Helen G. Irwin of Des Moines, Ia., president of the National Federation of Business and Professional Women's Clubs, Inc., above, will attend the Oregon state federation convention to be held in Portland May 14-15-16.

A member of the Business and Professional Women's organization for 27 years, Miss Irwin has served continuously in an official capacity in local club and state federation since that time, including two terms as state president. In 1948 she was elected the first honorary president of the Iowa federation. After serving from 1950-52 as first vice president, she was elected president at the 11th biennial convention held in Boston in July 1952.

For the past 12 years Miss Irwin has been a member of the Iowa Council for Better Education, and is also a member of the legislative Policy, National Association of Adult Education Association. Other affiliations are the Des Moines Federation of Women's Club council of the National Civil Service League, board of Women's Medical College of Philadelphia, Committee for a National Trade Policy, National Association of Insurance Women, and Iowa Council of Republican Women.

Helen Irwin headed the United States delegation to the Sixth Congress of the International Federation of Business and Professional Women held in Stockholm, Sweden, in July, 1953. In October of that same year, she was honored by being presented the Cross of the Commander of the Order of Merit. This was awarded because of services of the National BPW federation to German women, as part of the exchange of persons program of the Women's Bureau of the U. S. Department of Labor. In November, 1953, she was appointed by President Eisenhower as member of the Public Advisory Board, Foreign Operations Administration.

Miss Irwin is now connected with the Equitable Life Insurance Company of Iowa and has been a member of its beneficiary section since 1926. On Jan. 28, 1954 she was promoted to the new office of librarian, involving transfer to the planning and personnel section of the home office organization and management of the company and field libraries.

### JUNIOR HIGH PTA ENJOYS FINE PROGRAM

The Junior High PTA met in the beautiful new cafeteria of the Joseph Lane school, Monday.

A delightful program, uniting the songs and dances of many lands, was presented to the assembly by the music and physical education departments. Miss Georgene Shanklin, music instructor, directed her choral groups in a medley of songs of Ukrainian, Hungarian, Slovenian, Negro spiritual, Latin American, Italian and Mexican origin. Specialties were handled well by a group of "Lonesome Cowboys" from Mexico with American Folk tunes, complete with covered wagon and ukelele.

Mrs. Eda Cate, physical education instructor, presented colorfully costumed groups in a variety of dances: Scandinavian Schottische, Spanish Circle, Mexican Hat Dance, Italian Dance, Dutch Waltz (with wooden shoes) and a Grand Finale of American Square Dances. The announcer for this event of the year was Douglas Neilson.

R. R. Brand, principal of Joseph Lane, introduced the speaker for the evening, M. C. Deller, superintendent of schools, who elaborated on this year's school budget. He stated that it is imperative that each parent become familiar with the contents of the budget. He also invited all parents to attend the public hearing on the budget which will be held May 12 in the school board room of the Central Junior High. This hearing will give everyone an opportunity to receive answers to questions concerning the budget.

Deller said that the budget committee consists of 5 board members and 5 lay citizens who have visited all of the schools in the district and have spent many hours in gathering the necessary information for compiling the budget. The greater per cent of the budget, Deller stated, comprises the salary of the teaching staff, the textbooks and instruction materials for the 5,000 pupils and 1200 adults who will be taught next year. The remainder of the funds allotted, he continued, pays for transportation of the students and the upkeep of the schools, with construction of new schools as needed by the growth of the area.

Deller concluded by saying that



**THE SECOND ANNIVERSARY** of the Rainbow Garden Club was celebrated at a party Tuesday at the home of Mrs. Albin Nelson. Left to right in the above picture are: Rosa Heinbach, Connie Nelson, president; Myrtle McAl-

pine, Lulu Post, Velma Albertus, Eleanor Shigley, Dorothy Emar, Blanche Tipton, Mayme Manske, Neva Conrad and Jeanne Carls. (Picture by Winston Studio).

## Mrs. Nina Pietzold Honored On Birthday

Mrs. Ted Ross was a gracious hostess at a lovely surprise birthday party at her home recently, honoring her mother, Mrs. Nina Pietzold.

A delicious turkey buffet dinner was served to fourteen guests. A lace cloth covered the dining table which was centered by a beautiful bouquet of yellow and pink carnations in a large oval mirror.

The Easter motif was carried out in the place cards.

A large cake decorated in yellow and pink was served to: Mr. and Mrs. Ted Nimmo, Mr. and Mrs. Henry Ford, Mr. and Mrs. Oscar Hoverson, Mr. and Mrs. Gordon Harry, Mr. and Mrs. Pete Gill, Mrs. Mildred Ritter, the pink carnations in a large oval mirror placed on a large oval mirror.

## Farewell Party Is Given For Mrs. Davis

Mrs. L. L. Davis was honored recently by her neighbors in Wilbur at a farewell handkerchief shower and potluck luncheon. Mrs. Dan McLellan and Mrs. Charles Clark were hostesses for the affair.

Those present were the guest of honor, Mrs. Dale Sweet and son

Rusty; Mrs. Victor Rosemeyer, Mrs. Wilmer Maddox, Mrs. Pete Trento and son Paul; Mrs. Everett Foss, Mrs. Milburn Joiner, Mrs. Ed Russell, Mrs. Jim Noehols and son Ricky; Mrs. Frank Gruboe, Mrs. William Ryder, Sharon Lynn McLellan and the hostesses.

## Country Club Guest-Day Affair To Be May 13th

Women of the Roseburg Country Club will sponsor their annual spring guest-day party at a 12:30 o'clock noon bridge-luncheon at the clubhouse May 13. Members are requested to make reservations for themselves and their guests by calling Mrs. C. D. Albright, 3-7031.

The budget is necessary and fair to provide for the youth of Roseburg.

It was brought out that those who are planning to hire high school students and wish to know their qualifications should contact the principal of senior high, Mr. Jacoby, or the Deans of boys and girls at the high school.

Bill Unrath, president of the PTA, presided over a short business meeting in which the organization decided to divide the proceeds from the 7th and 8th grade dances between the two junior highs.

The slate of nominees for officer at the Central Junior High PTA was read by Cliff Norris and those nominated were: Mrs. Les Frisk, president; Mrs. Bud Cowin, vice president; Mrs. Norman John, secretary; Mrs. Elvira Yow, treasurer. Unrath announced that election of officers and installation will be held at the May meeting.

### ROSEBURG ART AND EMBROIDERY CLUB

The Roseburg Art and Embroidery Club met Wednesday afternoon at the home of Mrs. Clarence Miller at Winchester. Fourteen were present. A list show was enjoyed with Mrs. Carlos Page winning the first prize.

Lovely refreshments were served at the tea hour. The next meeting will be the afternoon of May 5 at the home of Mrs. Henry Worthington 523 E. Lane St.



CLOSED MONDAYS

### REGULAR SHOP

Permanent

\$5.00

and up  
Shampoos and Waves  
1.75 and Up

Z's Beauty Parlor

Emma Glines — Zelma Davis  
Call 3-6300 — 99 Parrott

## FOOT FACTS

THE NEED FOR FOOT X-RAY

The cardinal rule of physicians is DIAGNOSIS before treatment. A chiropodist, who is a physician of the foot, often requests a group of foot X-Rays to insure a complete understanding of the problem presented.

### IMPORTANT AID IN DIAGNOSIS

Each foot is made up of 26 bones—one-fourth of ALL the body bones are in your feet! Almost any disease or condition that might affect the bone system elsewhere could also occur in the foot. Other structures as tendons, ligaments, blood vessels, etc., must also be considered. These, plus severe mechanical strain of locomotion could all affect the various foot structures. In order to find the CAUSE of many foot complaints an X-Ray study is of extreme importance.

### FOOT INJURIES AND X-RAY

There is not such a thing as "a minor foot injury". Many times if bones are not broken they are "cracked" or "chipped" from seemingly minor accidents. A sprained ankle is not treated by an inexpensive ankle support. An X-Ray will reveal if the structures supporting the joint have been torn allowing the bones to slip out of place. By knowing immediately, the chiropodist can treat effectively and limit the pain and swelling that sometimes lasts for months.

### BONY GROWTHS OF THE FOOT

Hidden by the shoe are a host of "humps" and "bumps" of the feet. The most obvious and deforming is a bunion. All heel complaints should have the benefit of picture studies as X-Ray is the only method to prove the presence or absence of spur formations. Growths under the nails are also common. Sometimes nature has formed accessory (extra) bones

which become painful from irritation. An X-Ray diagnosis is essential for effective treatment of these and many other foot conditions.

### ARTHRITIS AND X-RAY

No other test is as important as X-Ray to either "rule out" or tell the kind of arthritis present. There are two major types of arthritis. Nowhere in the body is as much "wear and tear" (arthritis) seen as in the joints of the feet. "The Crippler" (rheumatoid) is most often seen in the toes and fingers first. Complete X-Ray studies by the chiropodist are necessary for all patients complaining of painful feet.

### FOOT SURGERY AND X-RAY

The modern Doctor of Surgical Chiropody (D.S.C.) performs foot surgery with the exception of amputations. Plus bone abnormalities such conditions as cysts, masses as tumors, sinuses, shortened tendons causing hammer toes, etc., should all have the benefit of X-Ray prior to the corrective procedure.

### THE CHILD AND FOOT X-RAY

Fortunately today we see very little undevelopment of bone in children. Yet when such is even remotely suspected, picture studies should be made. The bones of the feet are not completely ossified (formed) until 18-20 years of age. Therefore night leg cramps, pigeon toes, knockknees, frequent falling and sprained ankles, rolling to the inner or outer side of the foot or shoes and many other signs may all be due to a mechanically faulty child's foot. Promiscuous use of "arch supports" or "orthopedic shoes" are not the answer to these and other foot problems. X-Ray films should be studied AND THEN the proper treatment instituted.

Published in the interest of good foot health and education by your local chiropodists.  
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