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CHARLES V. STANTON Editor and Manager
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CITIZEN POLICEMEN

Charles V. Stanton

Is Mr. Average Citizen doing his part to stop the toll of traffic deaths? Would it be possible to lower the highway death and accident rate if the public gave better cooperation to law enforcement?

The answer obviously is in the affirmative. Aside from needed improvement in driving habits, the public has it within its power to help police our highways. Several Oregon newspapers recently have been urging "citizen" arrests, formation of vigilance committees, and other public steps to stop reckless driving and law violations.

Captain Walter Lansing, coordinator of the state traffic safety division of the State Police, recently voiced a criticism of traffic court juries.

Stating that traffic law violators often escape punishment commensurate with their violations, Captain Lansing said that the fault does not rest entirely with the courts, "but with the average citizen who does not realize that traffic violators are potential killers and, therefore, goes easy on violators when serving on a jury or in giving testimony against drivers they have seen operating unsafely or who were involved in accidents."

The average person arrested by State Police and convicted of reckless driving last year was fined \$45.75 and given a 5.2-day jail sentence, Lansing reported. Frequently, he said, fines and jail sentences are suspended.

Tougher On Drunk Drivers

Drunken drivers fared worse than reckless drivers, Lansing reports. The average fine was \$180.37 and the average jail sentence 16.8 days.

The police officer holds the theory that drivers must be made to realize that "violation of traffic laws is a serious offense against fellow citizens."

Captain Lansing doubtless has placed his finger on one factor of the traffic law enforcement problem. Another is that of public apathy in general.

Great emphasis is being placed upon various types of programs designed to produce safer operation of motor vehicles. While some progress is being made through education, accidents are all too numerous.

The public is not cooperative, either in personal acceptance of cautious driving practices, or enforcement of traffic laws.

One editor recently urged that every citizen become a policeman. Any citizen has the right to make an arrest if he sees a law violation. Unquestionably "citizen" arrests could be very effective in curbing traffic law violations. We question, however, if many citizens would take it upon themselves to act as policemen.

Violations Underrated

We have two kinds of laws. We have moral laws and regulatory laws. The public demands strict enforcement of moral laws and will give the utmost cooperation. But too many of us feel no compunction in breaking regulatory law. We feel no remorse if we travel at excessive and dangerous speeds, run through a traffic light, pass without clearance, catch more fish than the legal limit, shoot more ducks than the law allows, or otherwise violate codes and regulations. In fact, we're often inclined to brag about how we outsmarted the law.

If we could realize that reckless and drunken driving are akin to murder and mayhem, we probably would have a greater degree of public sentiment behind enforcement of traffic laws. Courts doubtless would be more stern in penalties.

But so long as we continue to treat traffic rules and regulations lightly, feeling, as some people do, that the only crime is in getting caught, we will continue to have many unnecessary traffic accidents.

Hal Boyle

NEW YORK (AP) — The medical profession has come up with another tremendous drug.

Don't yawn. This wonder drug is really wonderful. It works miracles.

It gets rid of "that tired feeling" millions of sluggish Americans complain of. It makes you feel better. It adds zest, pep and variety to your life.

Properly used, this miracle cure for what ails you can also benefit people of nearly all ages, sizes, sexes and weights. It leaves no billious after taste. It can be taken at home or away from home. And it doesn't cost a mint of money. It's absolutely free.

What do they call this vital miracle medicine? Well, frankly, maybe that's what's wrong with it. The name has a bad sound. It is called "let's face it — exercise!"

"I know it. I know it," says the average man, setting back grumpily into his easy chair. "Just a trick. Exercise is for children. Maybe it's for women now, too, since they don't have enough to do around the house. But I don't need it. Even the thought of exercise bores me."

But it isn't a trick. Modern physicians are seeing the wisdom of a health hint written more than 2,000 years ago by Cicero, the Roman sage, who wrote, "exercise and temperance can preserve something of our early strength even in old age."

A panel of 24 medical scientists here last week concluded that perhaps 20th century medicine, swamped by new magic cures, had been overlooking the value of exercise in the prevention of some diseases and the treatment of others.

Take coronary heart disease, for example. It and cancer are probably the two diseases the average man fears.

Dr. Ernst Simonson of the University of Minnesota told the panel of the "protective effect" of exercise against coronary heart disease. He said a study of 2,500,000 British workers showed that those who did heavy work, such as mining and farming, had a far lower death rate from this ail-

ment than those who did light tasks, such as desk workers, hairdressers, or employees in factory jobs requiring little physical effort.

The reason would seem to be obvious. Man is a sweating animal full of animal energy, and working up a real physical sweat helps keep him relaxed and healthy.

Isn't it a simple fact of our civilization that too many people, both at work and play, spend too many hours in fixed sitting or standing postures? The barber who stands all day in one spot goes home and sits all evening hunched over a television set watching professional boxers or baseball players get the exercise he himself needs.

The tensions build up in our white collar and light job workers. They complain of being always tired. But they are really more bored than tired. It is the lack of real exercise, the bottled up real energy that turns into frustration and attacks their own minds, that bores them into a feeling of weary sickness.

The other day I asked a doctor I know, whose waiting room is always thronged:

"Couldn't half the people who come to see you cure themselves of what is really wrong with them if they spent an hour walking in the open air every day, and got one more hour of sleep every night?"

"Probably," he said. Then, since he likes to point out how doctors are killing themselves through overwork, I asked:

"Wouldn't it cure everything that is wrong with you, too?"

"It probably would," he admitted.



Peter Edson

The defenders of democracy naturally focus on free discussion as a prime element in our system. To be able to say what you think and feel is one of the highest privileges of liberty. It is also an absolute necessity.

Obviously, in a system where the ultimate power resides in the people, a premium is put on their having the information needed to make wise decisions. Free debate on the merits of issues and policies is vital to the process of informing the public.

You cannot hedge this freedom about with any major restriction and still have it. There is no way — in law — to guarantee that you shall have no bad discussion, but only good discussion.

To preserve the opportunity for honest and sincere discussion, the barriers must be kept low.

We must accord men the privilege of being wrong, accidentally or deliberately. We must allow a flood of propaganda, of epithets and exaggerations.

We draw the line only at libel and slander, and language deliberately calculated to incite men to riot.

Our history shows we have always had a good mixing-in of bad discussion with the good. It is to be expected.

The only real restraint we can exercise is the moral force of a

Reader Opinions

Story Of Resurrection Given Commendation

ROSEBURG — (To The Editor) I was surprised and delighted to read the whole story of The Resurrection in Saturday's News-Review. Other patients here also commented on it. This seemed to me such a display of courage that I felt that you should be commended.

What difference does it make that the headlines scream of murder, violence, treachery, and war? If these were common and daily occurrences they would cease to be headline material. Against man's weaknesses of today and for two thousand years shines the story with its everlasting, steadfast, untouchable and undiminished beauty!

For myself, and for the many others who, I am sure, feel the same sense of gratitude to you for bringing us this wonderful story, I want to say a hearty "Thank you!"

ELSA HUNTER
Mersey Hospital

ted. "But I can't find the time. I'm simply too busy."

Does this make sense? People tensed up from lack of physical exercise go for treatment to a doctor, tensed up himself for the same reason! Both patient and physician look for an answer in a new kind of magic pill or pill. Who can win on this fashionable merry-go-round?

The next time you feel vaguely tired and cross and go to your doctor, and find him looking a bit pale around the gills, too, why not remind him of old Cicero and say:

"Cut out the capsules, Doc. Let's you and me just do 25 deep knee bends together and a few pushups from the floor. Then let's the both of us walk all the way home."

You'll both sleep like children that night, and the doc maybe won't even charge you for an office visit. I said maybe.

Remember what happened to the old Romans after they started sneering at Cicero and became so lazy that the only exercise they got was ordering slaves to peel them grapes? They lost an empire.

public opinion that may finally discredit men who falsely issues or malign (without libeling) individuals.

Lately, however, in our democracy and others, the danger has grown that bad discussion may become dominant. "Free discussion" is interpreted by too many men as the competition of propaganda.

In the words of a French commentator, when pushed to its extremes democratic debate can become a mere "rivalry of lies."

The democratic air today is more heavily laden than ever before with the strident shouting of men to whom facts are incidental and sometimes annoying encumbrances. Many politicians deal from fixed positions, and warp all information to fit their rigid outlook.

As we have seen, we cannot legislate bad discussion away. We can rely only on the power of the people, the people who must decide the great issues.

They can enforce a better balance between good and bad discussion when they are sufficiently stirred to communicate their views to their representatives, and to cast into the discard those politicians who practice the rivalry of lies.

They can enforce a better balance between good and bad discussion when they are sufficiently stirred to communicate their views to their representatives, and to cast into the discard those politicians who practice the rivalry of lies.

Quart of buttermilk and skim milk each will drop one cent—buttermilk to 19 and skim milk to 17.

The other seven counties affected are Clackamas, Polk, Hood River, Wasco, Columbia, Washington and Yamhill.

Khrushchev Is Man To Watch As Contender For Top Spot Among Rulers Of Russia

Editors note: Thomas P. Whitney, expert on Soviet affairs, spent several years in Moscow as Associated Press correspondent. In the following article he analyzes the meaning of the unusual attention given to the 60th birthday of Nikita Khrushchev, Soviet Communist party chief and a strong contender for No. 1 spot in the Kremlin.

By THOMAS P. WHITNEY

NEW YORK (AP) — Russia's highest public honors and a rousing burst of praise in the Moscow press marked the 60th birthday today of Soviet Communist party chief Nikita Khrushchev.

Khrushchev, white thatched and blunt-talking, is the man to watch. His fortunes have risen steadily, especially since the death of Stalin a year ago. His words are carrying increasing weight in the high Soviet councils.

Moscow dispatches reported the press accolades for Khrushchev were particularly enthusiastic. Soviet big-wigs always get special attention on their decade birthdays—30th, 40th, 50th. Similar praise greeted the 50th birthday of now Prime Minister Georgi Malenkov in 1952 when his star was just beginning to be seen over the horizon.

The same went for Foreign Minister V. M. Molotov when he was 60 in 1950 and for Lazar Kaganovich, first deputy prime minister, when he was 60 last year.

A large portrait of Khrushchev was spread across two columns on the front page of Pravda, organ of the Soviet Communist party, and other newspapers in the Soviet capital. Beneath the pictures was a warm, congratulatory message from the Soviet government and the Communist party.

Then followed the text of a decree awarding him the highest Soviet civilian decoration—the Order of Lenin.

On top of these things—to which the other top men also had been treated on their decade birthdays—Khrushchev received a little bit more.

He was pronounced a "hero of Soviet labor" and awarded the "Hammer and Sickle Gold Medal." Khrushchev has become a key man in Soviet public affairs as administrator of the vast machinery of the Communist party in the U. S. S. R. and as boss of the drive to raise food production and industrialize agriculture throughout the sprawling nation.

Ever since last September, when Khrushchev was given the formal

Milk And Cream Prices Cut In 8 Oregon Counties

PORTLAND (AP) — A reduction in milk and cream prices Monday was ordered by the State Milk Marketing Administration, effective May 16, for Multnomah, Marion and seven other Northern Oregon counties.

The retail milk cut will be a half cent on a quart for 3.8 per cent milk, now listed by the administration as priced at 22 cents, a full cent on a half gallon now listed at 43 cents, and 4 cents on a gallon, now listed at 88 cents.

A quart of 4.3 milk will drop a half cent and 5 per cent will be lowered one cent.

Cream will take the biggest drop. Pints of 10 per cent were ordered reduced one cent from the listed price of 23 cents and quarts of 10 per cent 3 cents from 39.

Half pints of 20 per cent cream, now listed at 24 cents, will be cut 4 cents. Pints will drop 6 cents.

Half pints of 32 per cent cream will sell at 26 cents, a reduction of 6 cents. Pints will drop 8 cents to 47 cents and quarts 16 cents to an 84-cent price.

Quart of buttermilk and skim milk each will drop one cent—buttermilk to 19 and skim milk to 17.

The other seven counties affected are Clackamas, Polk, Hood River, Wasco, Columbia, Washington and Yamhill.

PEERY MEDICALS

BY W.K. PEERY

Editor's note: "Eagle" is the ninth of this series of Umpqua legends.

A long, long time ago, Tamananous created all the wild birds. For many moons they lived happily together. They did not have anything to do. Life was easy. Then, like men people who are idle, they started to fight. They fought until snow came.

The heart of the Great Tamananous was sad. "Out of the sun will come a bird. He is a bird you will all hate and fear," Tamananous told those birds that.

Bluejay cawed and cawed. He put on to be a great fighter. He said, "I am not afraid of any person. No bird can hurt me."

One day the sun was high and big. Out of that sun came a bird, screaming and flapping his wings. The man-people and the animal-people were all afraid. Straight as came. Bluejay tried to get away. Eagle caught him by the head. He pulled the skin up and Bluejay flew away with an aching skull. Soon feathers grew on that bump, and Bluejay had a topknot. That did not change Bluejay's heart. To this time he is boastful, but he always runs away.

Eagle stayed all summer. He feasted on the little birds and animals. Then he went back to the sun.

Bluejay said, "See what I have done. I chased that Eagle off!"

People laughed. They knew Bluejay had not chased Eagle. Before Eagle left he ate Turtle Dove's mate. Turtle dove still mourns and cannot keep out of trouble. When the first cry of the dove comes in the Spring an In-dian will turn his back to the sound. The bird means trouble and the Indian leaves trouble behind him.

Eagle left and was gone all the big snow. When the green grew on the trees, Eagle came back. He brought a wife with him. All the big and little earth-people were scared. Then one day, Eagle carried away a man baby.

The little people held a war council. They told Coon he was smart. He was asked to be their leader and do away with that Eagle. Those birds would build a tepee and would hatch more eagles and no person would be safe.

Coon said, "Oh, I know what I will do. I will climb that tree and eat the eggs of Eagle. Then Eagle's wife will lay some more eggs and I will eat them. I will not have to work. I will eat eggs all the time."

Coon was happy. "I am smart," Coon said.

Coon climbed the tree and looked in Eagle's nest. "Oh, just two eggs. I wish lots of eagles come."

Coon ate Eagle's eggs and then he climbed down the tree. Eagle's wife came. She saw Coon. "Old Woman Eagle screamed. 'You ate my eggs. Now I will eat you.'"

Coon was scared. He ran fast that Coon. He did not know what to do. He came to Skunk's house and ran inside.

Skunk said, "What made you come to my house?"

Coon said, "Eagle is after me. Coon stayed with Skunk awhile. He was dirty and lazy. He made Skunk cook for him. One day Skunk got mad. He threw musk on Coon. Coon ran to the water because the smell made him sick. He washed and washed. All the food he ate smelled like the musk Skunk threw on him. He had to wash the smell from his food. To this time Coon washes his food.

After that time Eagle watched his nest. They ate more of the little animals.

The little people held another council. They called on Beaver.

Beaver said, "I cannot do anything to Eagle. I live in the water. Eagle lives in the air."

Beaver's wife heard what her man said. She was like all squaws.

Gen. Twining Says U. S. Force Ahead Of Soviet's

WASHINGTON (AP) — Gen. Nathan F. Twining, Air Force chief of staff, has advised Congress that Russia is expanding and improving an air force against which it is virtually impossible to build an airtight defense.

But at the same time he declared that the U. S. Air Force has the power to deliver nuclear weapons on short notice to any place, at any time — as an offensive force stronger than Russia's "by a good margin."

Twining took issue with what he called "recent statements on the part" that the Air Force's long-range striking arm, the Strategic Air Command, is not strong enough to do its job.

"The Strategic Air Command is the best trained and finest equipped long-range striking force in the world," Twining said.

CARPENTERS SET SESSION

NEWPORT, Ore. (AP) — Some 150 delegates and members of their families are expected for the three-day annual meeting of the Oregon State Council of AFL Carpenters and Joiners which opens here Thursday.

"One boy admitted taking eight dynamite sticks from a cabin on the Twisp River and hauling them to school on a school bus," the sheriff said.

"The dynamite had been manufactured in 1936 and was dried out and in a highly unstable condition. If it had exploded on the bus or in the classroom where he put the dynamite in his desk, we would have had a horrible tragedy."

Jones said the boys were going to make home-made bombs with the explosives.

Three weeks ago, two Wenatchee youths admitted shooting a .30-06 rifle in the area of a commercial powder house, containing eight tons of dynamite, which exploded. The teenagers and two young girl companions escaped serious injury, although the car they were driving was pierced by armor plate fragments from the exploding storage.

HELD FOR HEARING

James Arthur Williams, 40, Myrtle Creek, was bound over for a preliminary hearing Monday after he appeared before Canyonville Justice of the Peace Nina Pietzold on a charge of threatening commission of a felony. Williams was arrested by Deputy Sheriff Sunday after his wife alleged he threatened her.

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