



**THE LINDSELL FAMILY**, pictured above, are among many Roseburg families enjoying their weekends skiing with the Edelweiss Ski Club on Taft Mountain. Left to right: Anne, Sarah, Mary and their parents, Mrs. William C. Lindsell and Mr. Lindsell. The Edelweiss Ski Club, which was organized three years ago, was first endorsed by the Jay-Cees and since that time has received considerable help from the American Legion, both in donations and sponsorship. (Picture by Jay Golden of Photo Lab).



**JACK LYNN** and his young son, Terry, and daughter, Vicki, are among the many enjoying the skiing with the club on Taft Mountain. Youngsters enjoy the sport even more than their elders. (Picture by Jay Golden of Photo Lab).



**PETE WRIGHT** and Mrs. Glen L. Wright and Dr. Glen L. Wright, pictured above, were among those enjoying last weekend with the Edelweiss Ski Club on Taft Mountain. (Picture by Jay Golden of Photo Lab).

**EMBROIDERY CLUB MEETS AT BERGH HOME**

Roseburg Art and Embroidery Club met recently at the home of Mrs. Frank Bergh with Mrs. Glen Cox winning the prize for the best suggestion for club projects for the year.

Refreshments were served to Mesdames: Earl Decker, F. I. Betts, Glen Cox, George Cluck, Martha Erskine, Lucia Ingles, Clarence Miller, Alfred Neal, Carlos Page, Henry Snyder, James Stephenson and Frank Bergh.

The next meeting will be March 24 at 325 W. Mosher St.

**E. J. MACK OF TERNMILE HONORED ON BIRTHDAY**

Mrs. E. J. Mack entertained for her husband at a birthday dinner Sunday. Those present were: Mr. and Mrs. Tom Brack of Garden Valley, Mr. and Mrs. H. D. Mack of Melrose and Mr. and Mrs. E. J. Mack.

**MISS GAIL MOAN TO BE GUEST ARTIST AT WOMAN'S CLUB TUESDAY**

Miss Gail Moan, who was recently chosen musician of the month for Douglas County, will be guest artist at the Roseburg Women's Club "Oregon Literature and Poetry" program meeting Tuesday at 1:30 p.m. at the clubhouse. Miss Moan is a senior in Myrtle Creek High School and has written several compositions for band and small ensembles and plays several instruments.

Miss Muriel Mitchell and Mrs. Edwin G. Young are in charge of the program. Mrs. Floyd Warner will present Miss Moan, who will enter University of Oregon next fall as a music major. Tea hostesses will be group 12 with Mrs. O. R. Peterson and Mrs. Edwin Nolte as chairmen.

**LADIES AID MEETS AT LORENZEN HOME**

St. Paul's Ladies Aid met Thursday evening at the home of Mrs. E. W. Lorenzen with Mrs. Lewis Wilson, vice president, conducting the business session.

It was decided to send a delegate to the Lutheran Women's Missionary League convention in Seattle in April. Mrs. Kenneth Simon presented the topic discussion on "Mindful of Our Sisters in India." The meeting closed with a prayer.

The next meeting will be held April 1 at 8 p.m., at the home of Mrs. John Leonard at South Umpqua Bluffs, with Mrs. W. Miller as co-hostess. The time will be spent in sewing for the gift box project. All members and friends are invited to attend. For transportation call 3-3121.

The hostess served lovely refreshments later in the evening.

**COMFORT CLUB MEETS AT HARGESHEIMER HOME**

Mrs. Fred Hargesheimer entertained the Elgarose Comfort Club Wednesday at her home at a dessert-luncheon. She conducted the business meeting and reported that the sign post, which the club is putting in the neighborhood, will be set soon.

Prizes were won by Mrs. Lee Brown and Mrs. Zelma Sand.

The next meeting will be April 1 at the home of Thelma Sundberg with Mrs. Sand as co-hostess. Flowers, plants and bulbs will be exchanged and election of officers will be held.

Those attending were the Mesdames: Hugh Fretwell, Mable Backlund Betty Pockrus, Clarice Brown, Connie Showers, Edna Sjogren, Jean McGrady and son, Jimmie Joe, Zelma Sand and the hostess, Mrs. Emille Hargesheimer.

**Hayes-Goodwin Wedding Takes Place March 6th**

Pauline Goodwin and G. Lloyd Hayes, both of Roseburg, were married Saturday, March 6, at 10:30 a.m. at the home of Mr. and Mrs. Carl A. Ruthrauff in Garden Valley. The Rev. W. A. Sylvester, pastor of St. Paul's Lutheran Church, performed the ceremony.

The bride wore a pink suit and hat with a gardenia corsage. Mr. and Mrs. Ruthrauff were attendants. Also present for the ceremony were the bridegroom's daughter and son, Laurie and George Lloyd Hayes Jr. A reception followed with 24 in attendance.

Following a honeymoon in San Francisco, Mr. and Mrs. Hayes will be at home to their friends after March 15 at 1320 Bellows St., Roseburg.

Mrs. Hayes is a registered nurse and is employed by the Roseburg Veterans Hospital. Mr. Hayes is with the Siskiyou Cascade Research Center, U.S. Department of Agriculture, Roseburg.

**Mrs. Richardson Is Honored On Birthday**

Mrs. C. E. Richardson was honored on her birthday Sunday, when her children, grandchildren, and great-grandchildren gathered at her home on East Lane Street to celebrate the occasion.

A potluck dinner was enjoyed by Mrs. Richardson, guest of honor; Mr. and Mrs. Robert Findlay, Mr. and Mrs. Glenn Richardson, Mr. and Mrs. Larry Newport, Mr. and Mrs. Leslie Miller and Dale and Patty; Mr. and Mrs. Dick Gadoway, Mr. and Mrs. Don Starmer and Ardel; Mr. and Mrs. Dick Reece and Debra and Diana; Bob Reece and Nonda and Carole Newport.

**Mrs. Robert Sanders Is Honored At Shower Party**

Mrs. Robert Sanders was honored last Saturday evening at a pink and blue shower given at the home of Mrs. George Castillo. Mrs. Richard Plumlee was the co-hostess.

Yellow daffodils and lighted green and white candles adorned the rooms. The table was centered with a beautiful cake which was iced with green and yellow booties.

Refreshments were served to Mrs. William Hallcraft, Mrs. Ford Plant, Mrs. Edward Kelley, Mrs. Stan Cornutt, Mrs. Helke Hemptenius, Mrs. Merle Pugh and the guest of honor, Mrs. Sanders, by the hostesses, Mrs. Castillo and Mrs. Plumlee. A social hour followed.

Miss Janice Johnson sent a gift but was unable to attend.

**Local Scholarship To Be Given By Unit Here**

Roseburg Unit of Oregon State College Mothers Club members voted to sponsor a local scholarship to a Roseburg Senior High School senior this year as well as to aid the state scholarship loan fund, at a meeting Monday evening at the home of Mrs. O. J. Feldkamp, 947 Chapman St.

Mrs. A. S. Anderson and Mrs. A. W. Dryer were appointed on the committee for the local scholarship. This is the first time a local scholarship has been sponsored by the organization in Roseburg. Members have worked hard this year to make the scholarship possible.

Mrs. Earl Biele and Mrs. Chester Hercher were appointed as the nominating committee for selecting new officers for the coming year and Mrs. W. E. Hercher was appointed to serve on the state committee on resolutions.

Mrs. Paul Irweg, president of the Roseburg unit, will attend the state board meeting to be held at 11 a.m. and followed by a luncheon March 13 in Lebanon.

Mrs. Earl Biele acted as auctioneer for the annual country auction sponsored by the club to raise money for the scholarship funds. The auction was very successful.

Following the auction, the hostesses served delicious refreshments from a lace-covered table centered with an arrangement of beautiful daffodils.

Miss Velna Werth was a guest of the evening and members present were: Mrs. A. S. Anderson, Mrs. Earl Biele, Mrs. Fred Burks, Mrs. Foster Butner, Mrs. M. C. Deller, Mrs. Paul Helweg, Mrs. W. E. Hercher, Mrs. Chester Hercher, Mrs. A. W. Dryer, Mrs. H. N. Jacobson, Mrs. Harl Kelley, Mrs. A. M. Knudtson, Mrs. Willard Laurence, Mrs. M. J. Newland, Mrs. Berdette Peterson, Mrs. Genee Rocke, Mrs. Hugh Ritchie and Mrs. O. J. Feldkamp.

The next meeting will be at 2 p.m. April 12 at the home of Mrs. Willard Laurence in Dillard.

**Piano Recital Enjoyed At Gladys Strong Home**

On last Tuesday evening, a very interesting piano recital was given by young pupils of Miss Gladys Strong. A number played for the first time in recital but all played well and showed a very high average of talent.

The recital was given at Miss Strong's residence studio. Friends and relatives of the children who played were invited to the recital and enjoyed a social hour following the program.

The following played: Lois Horton, Lynne Culbertson, Marilyn Fisher, Jo Ane Wesley, Donna Sims, Jim Webster, Frank Webster, Dallas Horn, Jeanette Rinehart, Donna Metzger, Mary Lynne Pearson, Bonnie Sue Holcomb, Paula Geddes and Gay Geddes.

**Inter-Se Club Dinner Planned For March 27**

Mrs. W. M. Campbell entertained the Inter-Se Study Club members at a lovely one-fifteen o'clock luncheon at her attractive home on South Main Street Tuesday, at which time plans were made for a dinner party for all club members, associate members and their husbands to be held at 6:45 p.m. March 27 at the home of Dr. and Mrs. E. E. Lindell, 430 Claire St. Those attending are asked to bring their table service and those not contacted are asked to call Mrs. John Ulrich at 3-4648.

Forsythia and jonquills formed the attractive decorations. Covers were placed for Mrs. John Ulrich, who acted as chairman of the day; Mrs. Earl Wiley, Mrs. Paul Geddes, Mrs. E. S. Hall, Mrs. G. M. Stark, Mrs. Earl Ulrich, Mrs. Theo Bond and the hostess, Mrs. Campbell.

Mrs. Hall had charge of the interesting program on Verdi's "Il Trovatore."

The next meeting will be March 23 at 1:15 p.m. luncheon at the home of Mrs. Bruce Mellis, 206 Glen St., with Mrs. John Ulrich Jr., in charge of the program.

**MRS. HEATON GIVEN PINK AND BLUE SHOWER**

A surprise pink and blue shower was given in honor of Mrs. Leslie Heaton Friday evening at the auxiliary room in the Legion Hall at Oakland.

Hostesses were Mrs. John Edwards, Mrs. Paul Schulze and Mrs. Howard McFetridge.

Gifts were arranged under a pink and blue umbrella with a stork arrangement. Hyacinths, forsythia and flowering peach were used in bouquets about the room.

Pinochle was enjoyed with prizes going to Mrs. Wen Trull, Mrs. Cordelia Slane, Mrs. Paul Schulze and Mrs. James Runge. Thirty ladies were present.

**DILLARD PTA MEET ANNOUNCED FOR MONDAY**

Dillard PTA will be held Monday at 8 p.m. Teachers will be in their rooms from 7:30 to 8 p.m. for all those parents wishing to visit them.

Frank von Borstel, 4-H county leader, will be the guest speaker, and election of the nominating committee will be held.

Primary grades will present a rhythm band number, and first grade mothers will serve refreshments.



**HONEYMOON IN HONOLULU** — Mr. and Mrs. Gordon Chester Jr., of 2355 Jones St., San Francisco, spent their honeymoon in the Hawaiian Islands and while in Honolulu enjoyed a tour of the famous Dole Hawaiian Pineapple Co. Mrs. Chester, the former Jeri Elizabeth Johnson, daughter of Mr. and Mrs. J. E. Johnson of Roseburg, is home economist for Kelvinator and Mr. Chester is assistant engineer for the California Division of highways. They are pictured in the Dole reception room being served the traditional welcome cup of pineapple juice by hostess, Mrs. Becky Conchee.

**WINSTON-DILLARD HAS SPEECH CONTEST**

Winston - Dillard Toastmistress Club held its Club Level Speech Contest Wednesday evening at the new Douglas High School in the speech room. There were 19 members, 8 guests and 4 guest judges present. Invocation was given by Jo Leshner.

Mona Hull acted as Toastmistress of the evening, giving many timely remarks and introduced the following contestants: Daisy Fox, whose main speech was, "The Land I Love" and impromptu speech was, "Drifting With the Current." Vivian Laurance, main speech, "An Earthbound Angel," impromptu, "Up In the Hills." Eleanor Richter, main speech, "My Challenge," impromptu, "The Open Gate." Fran Holtean, main speech, "Don't Take It For Granted," impromptu, "Keeping Time." Virginia Laurance, main speech, "The Greatest Show On Earth," impromptu, "Danger Signals."

Timekeepers were Wilma Albertus and Margaret McCord.

Judges for the evening were John Fleck, Charles Lynn, Miss Doris Walker and Mrs. Katherine Corey.

Tellers were Mrs. Helen Buell, Mrs. Zilpha McAllister and Mrs. Donelda Trobaugh.

Guests were Willard Laurance, Mrs. Charles Lynn, Mrs. John Fleck, Mrs. Jean Nichols, Mrs. Rosa Heinbach, Pat Callahan, Mrs. Wilma Harty and Mrs. Marion Krebs.

First place winner was Daisy Fox, who will compete at Council Level in Coquille, Sunday, March 14. Second place winner

**FUTURE PLANS MADE BY GENEVA GUILD**

The Geneva Guild of the First Presbyterian Church met March 2 at the home of Mrs. Bob Beardsley on Hazel St.

The president, Mrs. Harold Glover, called the meeting to order with thirty members and these guests present: Mesdames: John Morgan, Gale Wegener, Ted Wirak, P. W. Buss, Win Boyles, Bob Wilhite, Charles Dondero and Clark Hadfield.

Devotions were presented by Mrs. Donald Naden.

Arrangements were made for the Presbyterian which is to be held here March 25 and 26. Mrs. Glover reported that baby sitters will be provided for Thursday afternoon in the church nursery.

Mrs. Bill Green gave a report on material available in the church library.

The theme of programs for the year is "Older and Contemporary Religions." Mrs. Cliff Norris presented an excellent program on Mohammed, a s.m.

Delicious refreshments were served by the hostess, Mrs. Beardsley and co-hostesses Mrs. Bill Green, Mrs. Cecil Sherwood and Mrs. Harry Anderson.

The next meeting will be held in the social room of the church April 6. Mrs. Art McMullin will be the guest speaker for the program. Mrs. McMullin will speak on Hinduism, the native religious social system of India.

**SURPRISE SHOWER HELD FOR COREEN JOHNSTON**

Friday, Feb. 26, a large group of friends surprised Coreen Johnston bringing many lovely bridal gifts at the home of her parents, Mr. and Mrs. George Johnston.

Appropriate games were played followed by the opening of the gifts. Refreshments were served to: Coreen Johnston, Lucille Wilkerson, Annie Nielsen, Dorothy Cherryholmes, Myrtle Trammell, Leone Frasier, Jane Wingfield, Mrs. Wingfield, Lexa Lynn Gilman, Audrey Nielsen, Leona Payne, Evelyn Brown, Barbara Wampler, Reva Gilman, Lucille Reich, Phyllis Gilman, Hilah Crawford, Lourea Brown, Norma Wingfield, Lorna Todd, Viola Waman, Georgina Bennett, Margaret Trent, Doris Pittam, Rose Marie Steinhauer, Jewell Anderson, Brois Johnston and Mrs. E. E. Thorpe.

Those sending gifts were: Mary Sue Frasier, Mrs. John Hilbert, Kate Chamberline, Marvel Van Horn, Pat Thomas and Lura Goar.

**ELKTON FARM BUREAU HAS GUEST SPEAKER**

The Elkton Farm Bureau met Wednesday evening at the lodge hall with 30 members and guests present for a potluck supper at 7:00 p.m. Frank von Borstal, County 4-H Club Agent at Roseburg, was the guest speaker. He also showed an interesting movie on "Meat Production." Gay McDonald and Donna Compton gave an interesting 4-H demonstration. The next meeting will be April 7 at a potluck supper at the lodge hall 7 p.m.

# FOOT FACTS

## DIABETES AND THE FOOT

**MOST COMMON SYMPTOMS OF DIABETES**

- (1) Rapid loss of weight by obese (fat) individuals.
- (2) Increased thirst.
- (3) Frequent urination.
- (4) Pain and neuritis in the extremities.

Although these, and other signs, do not pertain to the disease of diabetes alone, a urine analysis and blood sugar test will quickly tell if the condition is present.

**THE DIABETIC'S FOOT PROBLEM**

Due to the diabetic's inability to burn (utilize) carbohydrates (sugar) properly, the tissues are less resistant to irritation than those of a normal individual. Frequently hardening of the arteries (arteriosclerosis) is associated with diabetes. This lowered recuperative power plus poor blood supply places the foot, of all the body structures, at a definite disadvantage.

**CAUSES AND EFFECTS OF NEGLECT**

Irritating friction and pressure due to improper shoes or foot imbalance is of grave importance to the diabetic. Careless home treatment of corns, callouses and nails can be the beginning of a serious foot problem. Neglect of a simple blister, a minor injury or the use of so-called "corn and callous cures" are of great concern. Unless meticulous foot hygiene is practiced severe infection, ulceration and possible gangrene may result.

**THE PATIENT WITH DIABETES**

REMEMBER, if you are a diabetic be sure to inform your chiropodist, IMMEDIATELY.

Published in the interest of good foot health and education by your local chiropodist.

**Dr. E. W. Carter, Chiropodist, 217 North Main Street, Roseburg, Dial 3-7066**  
APPROVED BY NATIONAL AND STATES ASSOCIATIONS OF CHIROPODISTS

upon presentation for treatment—FOR YOUR PROTECTION. Despite an adequate insulin regime and proper diet, many diabetics can not keep their blood sugar level under control. The diabetic needs, and is entitled to, all the skill and knowledge of his chiropodist to avert disastrous complications. A well functioning, bluish-free foot will add years to the life of a diabetic.

**THE PATIENT WITH POSSIBLE DIABETES**

Often, seemingly normal individuals present cuts, chronic corns, ulcerations, etc., that do not heal in a normal span of time. These patients will be referred to a medical laboratory for urine and blood tests to RULE OUT diabetes. Pain in the calf of the legs or thighs, that show no mechanical problem, should at least have a urine analysis to determine if sugar is present. Itchy feet and legs could be due to diabetes. There are many signs and symptoms which might prompt your chiropodist to order laboratory work in order to arrive at a correct diagnosis of your foot problem.

**THE CHIROPODIST AND THE DIABETIC**

Your chiropodist cooperates with the medical profession for your foot health. In hospitals and clinics where a chiropodial diabetic department is in existence statistics have proven that leg amputations due to diabetic gangrene have been reduced considerably. In private practice your chiropodist will consult with the family physician to assist the diabetic and aid in detecting suspected cases.