

Social Calendar

Sunday—February 14

Valentine dinner by Job's Daughters Bethel No. 42, Oakland, at Oakland Masonic Temple at 6:30 p.m. Special entertainment. Reservations by ticket only. Tickets may be secured from any member of the Bethel.

Daughters of Ste. Anne members, their husbands and invited guests asked to attend valentine party at 7 p.m. at home of Mrs. Deming Bronson, Waffle Ridge, Charter Oaks addition. Potluck supper.

Monday—February 15

Ladies Oriental Shrine Club at 7:30 at home of Mrs. Lawrence Knudson, 16 Almond Ave., Hucres. Members are to bring sandwiches, a gift and one dollar for the traveling basket and any sewing that they have completed. For information, call 3-5313 afternoons.

Duplicate bridge play at Elks Temple will have master point play on the third instead of the fourth Monday of the month on account of the regional play in Portland Feb. 18-22. Prizes will be given as well as master points given. Bridge players asked to meet at Elks at 7:30 p.m.

Roseburg Woman's Club Valentine benefit card party 1 p.m. at clubhouse. Public invited. Those desiring to attend dessert - luncheon without playing cards are also invited. Those playing bridge or canasta are asked to bring their own cards. Prizes, Mrs. O. C. Sloan, general chairman. For reservations call Mrs. J. M. Boyles, Mrs. Harrie W. Booth or Mrs. E. S. Young.

Oakland PTA in new high school auditorium. Mrs. Bernice Smith, county health nurse, and Dr. H. W. King, Roseburg, will have charge of program. Films of hearing tests will be shown. Refreshments will be served by fourth grade mothers with Mrs. D. M. Breedlove and Mrs. Everett Brown chairmen.

U. of O. Mothers Club dessert-supper at 7:30 at the home of Mrs. W. H. Carter, 1585 Harvard Ave. Mrs. F. L. Crittenden, Mrs. O. F. Richman and Mrs. Roland West will assist. Special speaker will be Mrs. J. Alan Wickham, associate director of student affairs at the U. of O. Program chairman, Mrs. Charles A. Briggs. Georgeanne Shanklin, Glennis Buchanan, Jessie Robbins will present a musical program. All eligible mothers are invited.

Green School Dad's Club at 8 p.m. in school gym. Sheriff Call Baird will discuss the possibility of opening Green district to slow traffic near school.

Roseburg Choral Society rehearsals at 7:30 p.m. in junior high music room under direction of Bob Robins.

Theta Rho Girls Club practice at 4 p.m. at IOOF Hall.

Keynote of First Methodist Church dessert-supper at 7:30 at the home of Mrs. Lester Horton, 423 South St., with Mrs. Phil Todd co-hostess. All members and friends urged to attend.

Tuesday—February 16

Riversdale HEU at 10 a.m. Potluck luncheon at noon. Miss Helen Chandler in charge of demonstration on yeast bread and rolls.

Lookingglass HEU at 10:30 at the home of Mrs. Neal Meyer. Care of walls will be the project presented by Mrs. Meyer and Mrs. Albert Stingley. Potluck luncheon at noon. Those attending are asked to bring table service and wear wash dresses in order to participate in the demonstration.

Roseburg Woman's Club at clubhouse. Program "Oregon Crafts." Mrs. Esther Gilliland and Mrs. Kenneth Ford, chairmen. Tea hostesses, group ten. There will be special music.

Eden Ladies Aid at 1 p.m. at the home of Mrs. Elsa Hunter. All friends and members invited.

Thalia Community Players at 8 p.m. at Senior High School Social Arts Building, Room 8.

Associated Volunteers card party in recreation hall at VA Hospital from 7:30 to 9:30 p.m. Refreshments. Ann Storrs, chairman.

Lady Eagles Auxiliary No. 1497 at 8 p.m. at hall.

American Legion Auxiliary sponsored square dance at VA hospital recreation hall at 2:15 p.m. Neil Ulrich, representative. Curley Reynolds, caller and instructor. Women invited to assist.

Daughters of Ste. Anne of Episcopal Church at 8 p.m. at the home of Mrs. Del McKay, 475 S. Main. Co-hostesses, Mrs. Donald Tom and Mrs. O. A. Kennerly.

Wednesday—February 17

Roseburg Art and Embroidery Club at 2 p.m. at home of Mrs. Alfred Neal, 205 Broadway St.

Credit Women's Breakfast Club at 7 a.m. at Hotel Umpqua civic room with Miss Loretta Johnson of the Douglas Community Hospital as guest speaker.

Roseburg Writers Club at 8 p.m. at the home of Dr. George Houck. Program chairman, Josephine Strang with topic "Writing Pulp and Action Fiction." Anyone interested in writing invited. Meeting time has been changed from the fourth Wednesday to the third Wednesday of the month.

Mu Chapter, Beta Sigma Phi, at the home of Mrs. H. A. Johnson at 8 p.m. All members and guests urged to attend.

Willing Workers of Elktion Church of Christ at church at 1 p.m. Edna Burke of Eugene, guest speaker.

Beta Iota, ESA, valentine party at 8 p.m. at home of Mrs. Fred Stora Jr., 357 Alameda.

Woman's Home League craft classes at Salvation Army building, 1005 Winchester St., from 1 p.m. to 4 p.m. Women invited.

Oregon Chapter OES, Canyonville, a 6 p.m. dinner at Masonic Temple honoring Mrs. Louise Irving, assistant grand matron of Madras. School of instruction at 8 p.m.

Ham dinner at Green School gym from 5:30 to 8 p.m. sponsored by Mothers Club.

Xi Omicron Chapter, BS, smorgasbord dinner at 7 p.m. at the home of Mrs. Meredith Wil-

son, 1247 Harrison. Mrs. Ed Radigan will have charge of the program.

Council of Republican Women at 1:30 p.m. at the Roseburg Woman's clubhouse with state president, Mrs. H. D. Peterson, and the state vice president, Mrs. George T. Gerlinger, both of Portland, as guest speakers. Precinct committee women and the executive council of the Douglas County Republican Women as well as all interested republican women invited.

Thursday—February 18

Garden Valley Women's Club at 2 p.m. at clubhouse with Shirley Toman as hostess.

Sutherland Rebekah Lodge in evening at lodge hall in Sutherland.

Sutherland Garden Club at 1:30 p.m. at home of Mrs. C. A. Petherick with Mrs. F. R. Osterhout assisting. Mrs. F. L. Thompson and Mrs. Wesley Thompson will present reports. Mrs. Bud Holm will discuss tuberous begonias and exhibits will be presented by Mrs. Osterhout.

Mary Martha Circle of First Christian Church at home of Mrs. Howard Stacey, 1405 Umpqua Ave. at 1 p.m. This is for the west side of the Christian Church.

Mid-Week Bible Class of St. Paul's Lutheran Church at 2 p.m. at home of Mrs. Herman Hargrave, Glengary District. Transportation may be secured by calling 3-7212.

Riversdale HEU at 10 a.m. Helene Chandler will demonstrate making of yeast bread and rolls. Those attending are to bring table service for potluck luncheon and some home baked bread and rolls if they have baked.

Three Links Club of Elktion at 7:30 p.m. at home of Gladys Stewart.

Women of Country Club 12:30 luncheon. Progressive or four-some bridge at 1 p.m.

Roseburg Chapter No. 8, OES, at 8 p.m. at Masonic Temple with Mr. and Mrs. Ray B. Hampton, worthy matron and worthy patron presiding. "Sisters' night" to be observed. Members and visiting members invited.

Friday—February 19

Dillard PTA in evening at school for Founders Day program with Mrs. Bert Laramie, a parent and also a teacher, in charge. Second grade room mothers in charge of refreshments.

Riversdale Grange at 8 p.m. William T. Evans will speak and serve Peruvian souvenirs. Refreshment committee, Mr. and Mrs. E. J. H. Vehringer, Mr. and Mrs. Ralph Russell, Mr. and Mrs. Henry Hall and Mr. and Mrs. Herman Madison.

Saturday—February 20

Zonta Club to sponsor rummage sale all-day at Episcopal Parish House on East Cass Street. Starts at 8 a.m.

Wagon Wheels Square Dance Club in evening at American Legion Hall in Sutherland with Mrs. Lena Houshelt as hostess.

Camas Valley Grange No. 521 dance at hall. Sponsored by HEC. Public is invited.

Mrs. J. K. Wilson COMPLETED AT LUNCHEON ON BIRTHDAY

Mrs. W. H. Carter entertained the Merry-Go-Round Club at a charming one o'clock luncheon Wednesday at her beautiful home on Harvard Ave., in compliment to her mother, Mrs. J. R. Wilson, on her birthday. Jasmine, heather and flowering quince formed a pretty motif for the occasion.

Covers were placed for Mrs. Wilson, guest of honor, and Mrs. Howard Carnes, Mrs. M. B. Green, Mrs. D. H. Lenox, Mrs. George Sothman, Mrs. Harry Winston, Mrs. George Johnson, Mrs. Mable P. Taylor, Mrs. J. K. Masters, Mrs. J. Harold Nichols, Mrs. F. H. Vehringer, Mrs. L. J. Fuller, Mrs. J. Earl Pickens, Mrs. Marion Kobs and Mrs. E. A. McCormack, guests, and the hostess, Mrs. Carter.

Birthday games were enjoyed with prizes given Mrs. Taylor and Mrs. Nichols. The next meeting will be Feb. 23 at 1:30 p.m. dessert-luncheon at the home of Mrs. Vehringer, 124 S. Chadwick St.

MRS. ETHEL DIES ENTERTAINS KNITTING CLUB AT DESSERT-LUNCHEON

Wednesday Mrs. Ethel Dies, entertained her knitting club at her home west of Sutherland at a one-thirty o'clock dessert-luncheon. Early spring flowers made pretty bouquets for the occasion.

Covers were placed for: Mesdames Helen Hill, Laura Larson, Jennie Beaudrie, Evelyn Frotscher, Patricia Coleman, Mary Reisenweber and the hostess, Mrs. Dies.

Everyone enjoyed the afternoon knitting and visiting.

The next meeting of the club will be at the home of Mrs. Marion Weaver Wednesday, Feb. 17.

BRIDAL SHOWER GIVEN FOR WILMA MELTON

A shower was given Friday evening for Wilma Melton who will become the bride of Richard Hamilton Feb. 14. Hostesses were Miss Gloria Gaston and Miss Virginia Woodley for the affair which was held at the Gaston home.

Prizes for games were won by Mrs. Al Devore and Mrs. Calvin Baird.

Refreshments were served to: Mrs. Wilma Melton, Mrs. Cora Smith, Mrs. Al Devore, Mrs. Eva Gaston, Mrs. Belle Crenshaw, Mrs. Jessie Moore, Mrs. Calvin Baird and the guest of honor, Wilma Melton.

ROSEBURG COUPLE MARRIED IN RENO

C. M. Saar and Mrs. Dorothy Dent were married in Reno Saturday, Feb. 6, at the First Methodist Church.

Monday and Tuesday they were guests of Mr. Saar's mother, Mrs. May Saar and his sister and brother-in-law, Mr. and Mrs. R. M. Lutz, of Placerville, Calif.

They are now residing at 377 Alameda.



OFFICERS INSTALLED—New officers installed by Glendale Chapter No. 71, order of Eastern Star, Saturday evening at the IOOF Hall in Glendale are pictured above. Front row, left to right: Philippa McGrath, Adah; Betty Reed, Electa; Judy LaPrath, chaplain; E. Mae Basye, worthy matron; Wendell Hopper Jr., worthy patron; Gere Halstead, Ruth. Second row: Effie Reid, warder; Flo Cox, organist; Mattie Heller, secretary; Sylvia Flory, treasurer; Ed J. Harris, associate patron. Back row: Ray Cox, sentinel; Elsie Meissner, marshal; Thelma Larson, Martha; Velma Edson, conductress; Mary Ruth Thompson, Esther; Jean Gaedecke, associate conductress, and Lucile Harris, associate matron. (Picture by Aircraft Camera Shop, Grants Pass).

Glendale Chapter 71 Order of the Eastern Star, held installation of officers Saturday evening in the IOOF Hall in Glendale. The meeting was called to order with Esther Kafer, worthy matron, and Henry La Prath, worthy patron, presiding. The altar attendants, Kay Edson, niece of the worthy matron-elect, carrying the Bible and Jeanie Patterson carrying a large white candle, centered and placed the Bible upon the altar.

Courtesy girls entered and after a march were seated. The flag was placed in the East by W. Poole, past patron and Catherine Harbor, past matron, after which the Pledge of Allegiance was given, followed by the audience singing the Star Spangled Banner.

The Marshall escorted the installing officers into the chapter room where they were introduced and seated. Installing officers for the evening were: Elsie Meissner, installing past matron, assisted by past matron, Bess Hopper; installing past patron, Robert S. Patterson; Thelma D. Reynolds, past matron, installing marshal; Mary La Prath, past matron, installing chaplain; Eunice Payne, past matron, installing organist.

The 1954 officers, all wearing blue dresses alike, escorted by the marshal were seated in a semicircle back of the altar. Mrs. Basye's dress was pale blue with rainbow shades of pastel pink and orchid. She carried a white Bible with an orchid from the worthy patron-elect. The worthy matron-elect was installed and while kneeling at the altar, the Lord's Prayer was sung by Wayne Wattman. After installation of the worthy patron, a violin solo by Mildred Sether accompanied by Eunice Payne was played. Installation of the appointive officers was followed by "Star of the East," sung by Esther Kafer, junior past matron.

Under Good of the Order, Wendell Hopper, worthy patron, presented E. Mae Basye, worthy matron with a beautiful plastic gavel with a silver band with her name and name of chapter on it. Also blue flowers were in each end of the gavel which is color of the first office held by the worthy matron after she became a member and also the color which she is carrying out this year.

A very impressive addenda was given by the past matrons in which they welcomed the junior past matron, Esther Kafer, into their club. She was also presented with past matron's pin and Henry La Prath with past patron's pin. A humorous addenda was given by the 1953 officers presenting the

ROSEBURG LADY LIONS HOLD DINNER MEETING

Roseburg Lady Lions met Monday at a 6:45 p.m. dinner at Carl's Haven. A valentine tree and individual small favors formed the table decorations.

Guests were: Mrs. Herbert Lindner, Mrs. Walker and Mrs. Merle Norman.

Mrs. Bruce Elliott reported on plans for the state convention to be held in Coos Bay June 13-14-15.

The spring board meeting will be held in Klamath Falls April 13. Hostesses for the next meeting will be Mrs. L. K. Wade and Mrs. A. G. McLean. The date of the meeting will be announced later.

The valentine dance for all Lions and their ladies will be held tonight at the Roseburg Country Club.

Mrs. George Foster demonstrated how to fit a pattern, cut and sew the material and press the finished garment. The sewing machine was donated for the same demonstration by courtesy of the Singer Sewing Center.

Hostesses for the evening were Mrs. Walter Welker and Mrs. Claude Baker.

WEDDING ANNIVERSARY IS INCENTIVE FOR FAMILY DINNER

Mr. and Mrs. Vern Holgate were host and hostess at a delicious turkey dinner Sunday at their home on East Third Avenue honoring Mrs. Holgate's parents, Mr. and Mrs. Lloyd Pinkston, on their forty-sixth wedding anniversary. Spring flowers formed a pretty centerpiece for the table.

Covers were placed for: Mr. and Mrs. Lloyd Pinkston, honored guests; and Mrs. Richard Riggs and daughter, Leon; Mr. and Mrs. Homer Trusty of Grants Pass; Miss Joanne Wilson, Gordon Holgate, Mrs. Lloyd Holgate and the host and hostess, Mr. and Mrs. Vern Holgate.

The afternoon was spent in visiting.

DINNER ENJOYABLE OCCASION SUNDAY

Zora Guthrie and her niece, Joan Williams, were hostesses to the following dinner guests Sunday at their lovely home in Garden Valley. The Rev. Milo Chapman, who is a teacher at Pacific Bible College in Portland; the Rev. and Mrs. H. A. Schlatter of Roseburg and Mr. and Mrs. A. D. Hulbert, also of Roseburg.



EVERY THREE MONTHS a reception is given at the VA Hospital honoring new employees. A reception was held from three to five o'clock Tuesday in the rumpus room of the Nurses Home with Miss Georgie Moss, chief nurse, as general chairman. This was the first of a series of receptions to be held. Left to right in the above picture are: Dr. Alexis Gottlieb, Peggy LaRaut, Vega Burns, Audrey Paulsen, Lottie Ford and Dr. James Terry.



PRESIDING AT THE TEA TABLE are Mrs. Abbott Simons, left, and Mrs. Sam Beantstock, right. Standing behind the tea table are Robert P. Kidder, Jean Chard, Georgie Moss, Nina Voorhies and Harold King.



AMONG THOSE ENJOYING the reception at the VA Hospital Tuesday are pictured above. Left to right: Harriet Lee, Alice Carter, Mrs. Jack Gamet, Jack Gamet, Floyd Powell and Mrs. Floyd Powell.

Elizabeth Joan Lang Now Mrs. Raymond King

A very pretty wedding took place at the Sutherland Christian Church when Elizabeth Joan Lang, became the bride of Raymond King at 8:00 o'clock Thursday evening, Jan. 28. Large baskets of pink carnations and sprays of heather were used for the altar decorations.

Roy Bullock, pastor of the Sutherland Christian Church, performed the impressive ceremony in the presence of seventy-five relatives and friends.

Mrs. Cliff Watson who played the wedding marches, also accompanied Mrs. Vern Holgate, as she sang "Because," and "I Love You Truly," preceding the ceremony.

The bride, given in marriage by her father, William Lang, was beautiful in a white satin wedding gown fashioned with a train. The only trimming was a Peter Pan collar, with a close design in satin braid, and satin covered buttons on the long sleeves and down the front of the waist. She wore a finger-tip veil which was held by a pearl tiara which was given to her for a wedding present by Mrs. Newell Morgan of Eugene.

Her bouquet was a nosegay of pink and white carnations. For something old she was the fifth bride to carry a handkerchief which was made by the great-grandmother of Mrs. Cliff Watson for her own wedding and which was edged with wide hand-knitted lace.

The matron of honor was Mrs. Tom Sanders, of Glendale. Miss

Ruth Fickes and Miss Eddie Carter were bridesmaids. The three wore pastel colored frocks and their flowers were carnations.

Flower girls who carried tiny nosegays were Nancy Moore and Susan Mayo. They both wore green floor-length dresses.

The bridegroom's attendants who also lighted the candles and were escorts of Mrs. Land and Mrs. King were Eugene Schreiner and Raymond Green, cousins of the bridegroom.

Ushers were Royal and Ronald Lang, twin brothers of the bride, and Michael Seiler and Danner Turner.

At the close of the ceremony, the couple knelt while Roy Bullock, accompanied by Mrs. Watson, sang "The Lord's Prayer." Mrs. King, is the daughter of Mr. and Mrs. William Lang, of Sutherland and Mr. King is the son of Mr. and Mrs. Lansford King of Glendale.

Mrs. Lang wore a dark gray suit and Mrs. King's suit was a light gray. Both wore white carnation corsages.

A reception was held in the social room of the Church, following the ceremony.

The bride's table was covered with a peach colored damask cloth, and was centered with the beautiful wedding cake, made in the form of a cross and topped with the traditional bride and bridegroom. The cake was flanked by white tapers in crystal candelabra adorned with tiny white flowers and pink ribbon nosegays.

They left immediately for a short honeymoon. Pvt. King left Friday, Feb. 5, for his army post at Ft. Ord, Calif., where he has been stationed since entering the army last fall.

Mrs. King will continue to make her home in Sutherland with her parents, and continue her position in the office of Dr. John J. Grabow.

CAMPBELLS HOSTS AT FAMILY DINNER

Mr. and Mrs. C. G. Campbell of Buckhorn Road were host and hostess to a lovely family dinner Friday evening honoring Mrs. Campbell's mother, Mrs. May Rose, on her 57th birthday.

Guests were Mrs. Jasper Ingram and Jim; Charley Rose and Mr. and Mrs. Campbell. Mrs. Rose received gifts and cards and was presented with a beautifully decorated birthday cake.

JOBS DAUGHTERS ADMIT NEW MEMBERS TUESDAY

Roseburg Bethel No. 8, Jobs Daughters, met at the Masonic Temple Tuesday with Carolyn Pattison presiding.

Now members admitted to the order are: Charlene West, Myrta Magness, Claudette Taylor and Mary Lou Radford.

The next meeting will be Junior Bethel Night Feb. 16 at 7:30 p.m.

Mrs. Royal Abene Sr., cut the cake; Mrs. D. T. Mayo, presided at the punch bowl, and Mrs. Carl Moore served the coffee.

Mrs. Charles Enyart and Miss Marilyn Wright were in charge of the gift table.

Mrs. King's going-away suit was gray with metallic trim. Her stole was lined with the same cloth as the suit trim. For her corsage she wore the center from her bride bouquet.

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FOOT FACTS

BALANCE AND IMBALANCE OF THE FEET

Every upright structure, whether alive or not, must have **balance** to remain erect properly without stress or strain. The base, or foundation of the upright human body are the feet.

WHAT IS FOOT BALANCE?

Foot balance might be described as the ability to alter one's position so that the body weight is carried through the foot in a normal manner with a minimum of effort. This normal, effortless foot balance enables the walker to move about with complete comfort.

WHAT IS FOOT IMBALANCE?

Imbalance is a condition involving the entire foot. Its many parts are not in their proper position to support and carry the body weight without undue stress and strain. This abnormal, strained foot imbalance often is the reason for occupational inefficiency (fatigue), leisure discomforts and even restless sleep.

THE CAUSES OF FOOT IMBALANCE

The causes are many and varied, such as: contracted toes, improper position or length of one or more bones of the foot, weak or rotating ankles, muscle strain, poor body posture, overweight, arthritis, injuries and of course improper fitted or shaped shoes.

THE EFFECTS OF FOOT IMBALANCE

Improper relationship between part, or parts, of the foot will cause strain and eventual foot aches and pains. Modern research has shown that so-called "fallen arches" and "dropped metatarsal" do not exist, despite commercial advertising to the contrary, but that these symptoms are definitely due to imbalance of the entire foot. Corns and especially callouses

are most always due to imbalance. Elsewhere weak ankles, leg cramps, painful knees, pulling in the thighs, low back pain and even headache might all be directly due to foot imbalance. Thus the statement, "When your feet hurt you hurt all over."

WHAT TO DO ABOUT FOOT IMBALANCE

First your chiropodist must make a diagnosis. A complete foot examination, which may include X-Ray, is essential. General body posture should be considered along with occupational and a medical history. After gathering all this information a regime of treatment will be outlined. The goal of this restoration period is to produce the best possible pain-free walking surface that can be had for each abnormal foot. Treatment will terminate with either proper balanced shoe padding or "balance inlays" depending on the findings and foot adaptation. This final phase is employed to keep the foot in its new balanced position.

WHAT ARE BALANCE INLAYS?

Since each foot is distinctly different in numerous ways from any other foot your "balance inlays" are constructed over plaster casts of your feet. From these models, the original finding, your adaptation to balance therapy treatments, etc., a foot mould, of light construction, will be made. In effect, these inlays, to be placed inside the shoes, are to give you a new balanced walking foundation.

Balanced inlays are not arch supports. At best, the commercial arch support temporarily relieves those suffering from simple foot strain. Your chiropodist is qualified to suggest the correct method to balance your feet properly.

Published in the interest of good foot health and education by your local chiropodists.

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APPROVED BY NATIONAL AND STATES ASSOCIATIONS OF CHIROPODISTS