



BLIZZARD HITS NEW ENGLAND—Residents of Portland, Me., walk along Congress Street after a northeast blizzard, worst of the year, had paralyzed all transportation, industry and business. Storm deposited 20 inches of snow. (AP Wirephoto)

Finland Third In Olympics; U.S. Team 2nd

OSLO (AP) — Tiny Finland captured the spotlight in the winter Olympics Saturday with victories in the women's 10-kilometer cross country ski race and the men's 40-kilometer cross country ski race to move into third place, close on the heels of the runner-up United States squad.

Local Man's Charge Attends Court

Possibly the most astounding charge to enter a local court was heard yesterday in Roseburg. The charge, instigated by Mr. Calvin Wolf, was not the first made by this gentleman. He has been making similar astounding low charges since he first opened his upholstery business in the Roseburg area.

The most recent charge was \$22.50 for the reupholstering of a chair that had eaten too much, more commonly known as an overstuffed chair. The court, astounded by the charge was Michael's Auto Court on 3rd Avenue.

Mr. Wolf of the Expert Furniture Cleaners and Upholsterers (Roseburg's finest) says: "Don't let anyone pull your leg — let us do it." (Chair leg, of course.) Our address, please — 2132 Hollis Street, directly behind Richie's Root Beer Drive-In on Highway 99 North, and our phone—3-3191. . . It's an ad.

YOUR BODY

ROSEBURG, OREGON — These health articles are written and paid for by Dr. B. A. SMITH, Chiropractic Physician, 1500 Garden Valley Road, in the interest of public health and to help you understand the body function. Look for these informative articles every Saturday.



Diseases of the digestive system are usually linked directly or indirectly with diet. The various substances with which the body is supplied in the way of food and drink, without question, closely affect health. Indeed, it is a matter of surprise that the body can maintain itself so well under the treatment it receives from many individuals. Often it is a revelation to both the patient and physician when the patient makes an accurate written record and discovers all the various articles he has swallowed within the limits of a single day.

Many persons think that the only things that may influence the digestion are the things of which they partake at the dining table. Many children have their digestive organs ruined by the promiscuous mass of articles they stow away between meals. Remembering that food taken into the stomach may remain there from three to six hours, and listing the things swallowed within that period, will give some idea of the mixture with which the digestive system must cope.

Not only is the variety of food important, but the physical condition in which it reaches the stomach has much to do with its usefulness and nutritive value. In the haste of modern life, with its distractions and diversity of interests, the art of eating and thoroughly masticating food has been too often neglected. Meals are taken hastily, the teeth are not used sufficiently to prepare the food for digestion in the stomach, and hygienic neglect of the teeth may add to the food before its passage through the esophagus some toxic or other deleterious material which will reduce the nutritional value.

would be changed into sugar and the demand upon the organs which continue digestion would be reduced. It is quite probable that starch is not digested by any extent by any enzyme in the stomach. As a result, it remains undigested for a considerable time in the presence of bacteria, warmth, moisture and all the conditions which promote fermentation.

The quantity of food taken within twenty four hours is also important. The average resident of this country eats more than he requires. A casual survey of the general public as they pass a given point will disclose much more obesity and over-weight than of starvation or under-weight. Sometimes this excess weight may be due to improper combinations of food rather than an excess quantity. It is true that not all articles of food that are taken into the digestive tract will give to the body their full caloric value of nutrition. Also the only food affecting the body weight and up-building is that absorbed into the circulation. Roughage foods which promote increased bowel evacuation do not perceptibly add to body weight, nevertheless, the average individual who can get it will eat more food than his body requirements demand.

The temperature of the food and drink taken into the body has an influence upon the digestibility and nutritive value. Foods that are too hot will lower the power of the glands to secrete the digestive fluids and their enzymes and will reduce the motility of the stomach walls, while foods and drinks that are too cold will shock the nerves constrict the blood vessels and reduce the effectiveness of the digestive processes.

The ability to digest the food properly is also effected by the taste of the food, the surroundings under which the food is ingested and the emotions and mental condition of the person while eating. If the food has an agreeable taste and odor, the secretions produced will be richer in enzymes with a corresponding increase in the available nutrition.

U.S. Relations With Indonesia Close To Break

By JOHN M. HIGHTOWER
WASHINGTON (AP) — The United States is in danger of "losing out," as some highly placed diplomats put it, in Indonesia—probably because it overplayed its hand there.

This country has sought to persuade the Indonesian government, which acts friendly but talks neutral, to stand up and be counted on the side of the Western Democracies in the struggle against Communism.

It has, according to the best information available here, pressed American aid upon Indonesia with the best of intentions but in such a way as to arouse the suspicions of a newly independent people.

These moves are regarded here as being at the root of the explosion in U.S.-Indonesian relations which occurred Thursday when Foreign Minister Achmed Soebardjo resigned after other Cabinet members and much of the Indonesian Parliament refused to back his first step toward a military aid agreement with the United States.

In an interview Friday former Foreign Minister Soebardjo said the arrangements he had made would cost Indonesia "several million dollars worth" of military equipment.

But he indicated they involved only the strengthening of Indonesia's constabulary and its 250,000 man guerrilla-hunting army for internal security and did not bind the country to any Mutual Defense agreement with the United States.

He said the U.S. had agreed to drop a class in MSA agreements calling on the recipient nation to help "fulfill military obligations" assumed by the United States.

He said the United States also had agreed to replace the reference to using aid to strengthen the "free world" against Communism with the words, "independent and sovereign nations."

Soebardjo said with these amendments the agreement did not "infringe Indonesia's independent position."

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POSTER FOR PRAYER—Patterned after Miller's famous painting, "The Angelus," is the poster proclaiming Friday, Feb. 29, as the 65th annual "World Day of Prayer." The poster was designed by Mrs. Doris K. Montour of Brooklyn, New York City, a native of Canada and an Iroquois Indian. Theme for the 1952 day of prayer, which will be observed in 18,000 communities of the United States and in 104 other countries, is "Christ Our Hope."



RED RIOT IN JAPAN—Japanese police close in on Communist rioters in Tokyo. The rioters, in an apparent coordinated attempt to cause unrest, demonstrated in groups of 400 and 600 in at least five cities. The Reds attacked police stations and railroad depots. (NEA Radio-Telephoto)

Anna T. Kerr Passes Suddenly At Home Here

Anna T. Kerr, 64, resident of N. Stephens St., died very suddenly Friday night, Feb. 22. She was born Nov. 3, 1887, in Germany and came to the United States in 1897. She had lived in Roseburg since 1941 and was preceded in death by her husband, John Thomas Kerr, in 1947.

Surviving are a daughter, Clover Kerr, Roseburg, and a son, Jack Kerr, Portland.

Funeral services will be held in The Chapel of the Roses, Roseburg Funeral Home, Monday, Feb. 25, at 2 p.m. Vault interment will follow in the Masonic Cemetery.

Robin Laree Cooper, Infant Son, Passes

Robin Laree Cooper, infant daughter of Mr. and Mrs. James A. Cooper, Roseburg, died Feb. 22 after a short illness. She was born Oct. 22, 1951, in Roseburg.

Surviving besides her parents are her brother, Kenneth, Roseburg; her grandparents: Mr. and Mrs. L. E. Hogan, Roseburg; Mr. and Mrs. John W. Cooper, Bend, and her great-grandmother, Mrs. W. B. Stinnett, Roseburg.

Funeral services will be held in The Chapel of the Roses, Roseburg Funeral Home, Tuesday, Feb. 26, at 11 a.m. Interment will follow in the Masonic Cemetery.

Phillip Staley Dies

Phillip Hamilton, Staley, 40, Roseburg, died suddenly in Portland-Friday afternoon. He was born April 25, 1911, son of Mr. and Mrs. Norman W. Staley, in Billings, Mont.

Surviving include the widow, Mrs. Helen E. Staley, and his parents.

Funeral services will be held Tuesday at 2 p.m. at the Colonial Mortuary in Portland.

Fountain Pen Tear Gas Gun Routs Stickup Trio

VANCOUVER, Wash. (AP) — Tavern Proprietor Walter Lindstrom put his fountain pen tear gas gun to the test early Thursday and averted a holdup.

He told Sheriff Clarence McKay that he and his wife were leaving their 10-Mile Tavern, east of here on the Evergreen Highway, at 1 a.m.

As they stepped outside, they were confronted by three men. One flashing a gun, said: "This is a stickup." He demanded the tavern receipts Lindstrom was carrying in a cloth bag.

Instead of handing over the money, Lindstrom whipped out the tear gas gun he wore clipped to his coat pocket and fired it into the gunman's face. The three men fled in an automobile, he said.

Fire Damages Mill

Fire damaged the boiler room of A. F. Saar, Inc., pencil mill on Rifle Range road at 9:30 p.m. last night. Firemen fought the blaze nearly an hour, and were able to keep it confined to the boiler room.

Result: A tire blew out. He caught a cold while changing it. He had to pay \$5 for a cold shot. He missed a day's pay—\$15.84. He had to pay \$37.76 for damage to his car.

Brown sued the city Tuesday for \$74.60.

Hole In Street Starts Suit Against City

LOS ANGELES (AP) — The way George Brown tells it, he was driving down a street last Jan. 7 when his car hit a hole in the street.

Result: A tire blew out. He caught a cold while changing it. He had to pay \$5 for a cold shot. He missed a day's pay—\$15.84. He had to pay \$37.76 for damage to his car.

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Work Treatment Benefits Mental Patients At Oregon State Hospital

By PAUL W. HARVEY
SALEM (AP) — A new method of treating mentally ill patients by giving them work is the Oregon State Hospital's "operation shoestring."

This program of occupational therapy has been going on for three months, literally on a shoestring. But the results are so encouraging that the hospital will ask the legislature to finance it adequately.

Occupational therapy means any activity prescribed by a physician that is supervised by a trained therapist to aid recovery.

Similar work has been done by the hospital for a couple of years. But it was only three months ago that a trained therapist, young and pretty Miss Flora Fisher, came to make a real department out of it.

Miss Fisher comes from Vancouver, B. C., and was graduated last year from San Jose State College in California. It is one of the four Pacific Coast colleges which train occupational therapists.

She conducts classes in weaving, making belts, manufacture of bracelets, copper tooling, and leather work. She also supervises a limited amount of carpentry work.

No money is provided for the work, but the hospital is scraping a little together here and there to put on this limited program. Miss Fisher says seven or eight trained therapists are needed to carry on the program as it should be done.

Incurables Excluded
The main value of the work is that it keeps the patients' minds out of their delusions and gets them back to reality. The therapy isn't given to incurables.

Here's a typical example. There is a 33-year-old patient who is preoccupied by body complaints. She couldn't think straight. Her psychiatrist prescribed stimulative creative projects.

Miss Fisher had this woman make a photograph album and do copper tooling. Then the woman took an inventory of the shop. She soon forgot her supposed body ills and got her mind back on the right beam.

These patients make beautiful articles. They are sold by the hospital, and the money goes into the patients' betterment fund.

Three attendants help Miss Fisher. Ladies from the Salem Council of Churches do volunteer work. These church women each work a couple of afternoons a month. This means there are a couple of the church women on hand at a time to help Miss Fisher get materials ready.

Miss Fisher is enthusiastic about her job, asserting she has learned more in her three months on this job than she ever did before.

But, she adds, "it's an awfully big job for one person."

When the weather gets nice, she'll start art classes on the hospital lawn.

She believes, and the hospital doctors agree, that if the legislature allows an adequate therapy program, many patients will be helped.

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Local News

At Mellis Home — Malcolm Mellis, Boeing employee in Seattle, is visiting his parents, Mr. and Mrs. Bruce Mellis, on Glenn Street.

Arrives For Visit — Mrs. E. W. Schmeer of Portland arrived in Roseburg Friday evening to visit at the home of her son and daughter-in-law, Mr. and Mrs. Harold E. Schmeer, in Laurelwood.

Home From Honolulu — Mr. and Mrs. A. F. Micelli are back at their home in Roseburg, following several weeks vacationing in Honolulu, where they visited their daughter, Miss Eleanor, who makes her home there.

Home From Hospital — A. J. Young, former Roseburg mayor, is reported convalescing satisfactorily at his home on Flint Street, following his discharge from Mercy Hospital, where he underwent medical treatment for pneumonia.

W. Van Horn Receives AF ROTC Promotion

Bill J. Van Horn, Roseburg, was one of 47 AF ROTC cadets at Willamette University to receive promotions, according to an announcement made by Maj. Norman W. Campion, head of the department of air science and tactics. Van Horn was promoted to the rank of cadet first sergeant.

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