



== NOW IT'S FUN TO REDUCE ==

CANADA'S NEW, EASIER WAY TAKES OFF UGLY FAT

**EAT WHAT
FOOD YOU WANT**
Even Reduced Portions of
Foods Once Thought Fattening
See Pounds, Inches Go

**No Strenuous Exercise
No Laxative — No Massage
No Baths — No Drugs**

**This Original
Canadian Mynex
Reducing Success**

FIRST TIME IN AMERICA

Yes, now for the first time you can try sensational new MYNEX plan . . . do as they do in Canada! Lose pounds and inches of bulgy fat without strenuous exercise or drastic diets that leave you sick and weak. If your excessive fat is not due to glandular trouble, try MYNEX today!



**Fat Is
Unightly
On
Neck
Chin
Arms
Bust
Waist
Abdomen
Hips
Thighs
Legs
Calves
Ankles**

**STARTS
REDUCING FAT
VERY FIRST DAY**

YET EAT FOODS YOU WANT - As Fat Goes You Feel Refreshed, Have More Pep



Amazing Canadian success, MYNEX, often restores more youthful figure in a few quick days. Intended for overweight women and men who want to lose fat but who just can't leave the table hungry. If over-eating is your trouble you should lose 3 to 5 pounds in a few days without missing a single meal. Above all, MYNEX wards off tired, weak, rundown feeling that often comes with taking off fat too fast.



***CANADIAN MOTHER
LOSES 40 POUNDS**

"Imagine, now my boys say: 'Mom, you look like a movie queen!' I went from a size 42 to 16 in only 28 days using MYNEX. I have lots more energy and even housework doesn't get me down."
Mrs. R. A. W., Montreal.

*Posed by Professional Model.

Naturally, we don't guarantee your results will be better or worse but do guarantee satisfaction or money back.

**IF YOU ARE
TOO FAT
BUY AND TRY
MYNEX**

**3-5 Pounds Disappear Safely First Few Days
16-23-35 Pounds and Even More in Few Weeks
MYNEX Plan Safe . . . REDUCES, YET EAT WHAT FOOD YOU WANT**

TORONTO, ONTARIO: Up in Canada, you don't see many fat women any more and here's why. A few months ago an amazing new reducer called MYNEX was introduced in Canada. This approved simple and easy reducing success took Canada by storm. Thousands upon thousands of overweight Canadians lost bulging excess pounds and inches, and they lost this fat without suffering one excessively hungry moment . . . without taking dangerous drugs, without exercising!

**Accepted for Advertising
by Canadian Authorities**

This sensational reducing plan called MYNEX is so safe it has been approved for advertising by Canadian authorities . . . and is now being offered in the United States on a trial offer so fair it calls for immediate ac-



ceptance. With MYNEX comes full dietary directions that say EAT PLENTY, even reduced portions of food you once thought fattening . . . yet fat goes fast.

**WORKS WONDERS
FOR FAT FOLKS**

If you want to lose that 3 to 5 pounds excess fat you picked up overeating and do it safely and easily in a few days without drugs and without one excessively hungry moment, try the amazing new MYNEX plan. It's simple to use and makes reducing easier than you dreamed possible. You eat three meals a day and never suffer a too hungry moment. Fat goes from chin, neck, bust, stomach, arms, thighs, legs, ankles, etc. . . yes, fat goes fast . . . as much as a pound a day. So don't be fat when it's fun to reduce the Canadian way with MYNEX Plan.



**EAT MYNEX CONCENTRATED VITAMIN
MINERAL TABLETS**



Canadian overeaters who found usual reducing methods too hard, too tiring and too nerve-wracking, by the thousands acclaimed new MYNEX as the greatest reducing plan they have had in 25 years! MYNEX tablets are tiny, completely safe, containing identical vitamins and minerals doctors often recommend to fight off tired, weak, run-down feeling due to vitamin and mineral deficiencies when fat comes off too fast.

DON'T BE FAT

Your doctor's recommendation and approval of the NEW MYNEX PLAN is invited. If you are in good health and want to stop getting fat and take off 3 to 5 pounds the first few days, or if you want to lose up to 35 lbs. or even more, get your MYNEX tablets today. It's not too late to take off those ugly pounds.



**Weight Chart
HERE'S WHAT
YOU SHOULD WEIGH**
Insurance Co. Figures

WOMEN

Weight in pounds
(as ordinarily dressed)

Age	30 and over	HEIGHT (with shoes on)
20-29		
115	119	4'11"
117	121	5'0"
119	123	5'1"
122	125	5'2"
125	128	5'3"
128	132	5'4"
131	136	5'5"
135	140	5'6"
139	144	5'7"
143	148	5'8"
147	152	5'9"
151	155	5'10"
155	158	5'11"
159	162	6'0"

**ASK FOR
MYNEX**
Box of 63 Tablets \$3⁰⁰

Fred Meyer
For Thrifty Buyers

112 N. Jackson

**SOLD ON
MONEY BACK
GUARANTEE**

SAFE 2-WAY METHOD

MYNEX brings you (1) an accepted reducing regimen (2) tablets that fortify system with necessary nutritional elements to help avoid deficiencies while reducing.