

Juvenile Delinquency, Advertising, Diamonds Topics At Toastmasters

Roseburg Toastmasters were given a full schedule of speakers at their regular meeting at Hotel Umpqua Monday night, with six members addressing the group and a seventh participating in a locally-produced radio forum.

"One Solution to Juvenile Delinquency," dealing with famed Boys Town, Neb., was given by Mike Dilley. He explained how the boys, "most of them present or prospective delinquents," were given a complete education and vocational training under the guidance of interested and competent adult supervisors. Such a program is one outstanding example of how delinquency is combated, he said, stressing the value of such physical, mental and moral guidance.

Jim Turk, speaking on the subject, "What if no Advertising?" emphasized the great part advertising plays in this nation's economy and high standard of living. He cited examples of newspaper strikes and other delays which have pointed out to the general public, as well as the manufacturer and retailer, the value of advertising.

Al Knudsen illustrated his talk on "Colored Diamonds" by refer-

ence to a chart which listed various points relating to what he termed "these very rare and very costly" phenomena of nature. He explained that diamonds occur in every color imaginable and that 11 such colored diamond types are much more valuable than the colorless or white diamonds we most frequently see. Their rarity was illustrated by a drawing of a six-foot-square box representing all the diamonds known, to another container the size of a cigar box which represented the number of colored diamonds discovered.

A quick "Trip to Cairo" was offered by Morris Corderman, who sketched a few of the incidents experienced while stationed near Tunis during the war. Explaining that none of the soldiers who made the trip expected to stay more than five days, Corderman said their money was all gone at the end of



(NEA Telephone)
SUB KILLER—Winging its way along the California Coast near San Francisco is one of the new Lockheed P2V-4s, first of a series of sub-killer aircraft delivered to the Navy. The Neptune, sister ship of the famed Truculent Turtle, is equipped to track down the once radar-proof "snorkel-type" submarine developed by the German Navy during the latter part of World War II. It can cover wide areas on patrol without refueling.

that period. Orders unexpectedly came through confining these GIs to Cairo because an Egyptian narcotics investigation had canceled all outgoing transportation.

Dr. S. L. DeLapp concluded the talk by relating several anecdotes in accent and dialect, thus providing fellow Toastmasters with "familiarity with jokes suitable for public speaking."

A talk by Ross Newcomb, resident fish and game biologist, and participation in a radio forum by Robert Allen, Roseburg Veterans hospital staff man, have been reported elsewhere in this paper. David Moore was elected to membership in the local organization, to become the 25th active member of Roseburg Toastmasters.

Toastmaster for the evening was Tom Coates and Norman Toelle was in charge of table topics. Evaluator Will Ragland had as his critics Bob Bergis, Walt Berker, Charles Slabaugh, Al Kuykendall, Jack Towt, Bob Harvie and Phil Harth.

A discussion of the coming area speech contest, to be held at North Bend, concluded the meeting.

Vary Flavor Of Morning Oatmeal

By GAYNOR MADDOX
NEA Staff Writer

A good breakfast is vitally important to a child's health. If your child just isn't interested in eating a normal breakfast of fruit, cereal, bread and butter or fortified margarine, and milk, don't nag, instead try making the morning cereal more interesting.

We asked the dietitians at two Chicago orphanages to experiment for us on how to get youngsters to eat their cereal. Variations: Oatmeal was chosen for the experiment because of its high protein value, vitamin B1 and iron and its cost economy. They report that within two weeks most of the poor eaters were asking for seconds.

The dietitians make these suggestions: Prepare the breakfast oatmeal the way the children like it best. For flaky oatmeal, have the water boiling before adding the rolled oats, then cook two to five minutes, stirring occasionally. Turn off the heat and let stand for five minutes.

Creamy oatmeal can be prepared quickly without long cooking by adding the rolled oats to cold water, then bring to a boil and cook as usual. Don't forget the salt—it brings out the best flavor.

Vary this cereal. Variations: 1. Serve brown sugar as the sweetener. Children love the butter scotch flavor. 2. Number one favorite at the orphanage was Raisin Spice Oatmeal. Stir 1 teaspoon cinnamon, 1/4 teaspoon nutmeg and 1/2 cup raisins into the boiling salted water before adding the cereal and cooking as usual. The raisins add iron and calcium.

3. Dried fruits also add flavor. Fold 1/2 cup chopped dates or cooked prunes into four servings of the cooked oatmeal just before bringing it to the table.

4. Serve an egg nog topping instead of the usual milk or cream. Combine 1 beaten egg, 2 teaspoons sugar, 1 cup top milk and 1/4 teaspoon vanilla and serve it over hot cereal.

5. Chocolate bits are a party breakfast treat when served with oatmeal. Fold them in just before serving or sprinkle them over the top of each dish.

Remember the child's capacity for food. Serve small portions and let them come back for more. Too large a portion is discouraging to anyone, and particularly to youngsters.

The first movie actors to receive "Oscars" were Emil Jannings and Janet Haynor "for the best acting in pictures released in Los Angeles, Calif., between August 1, 1927, and July 31, 1928."

Pork Economical, Serve Spareribs

By GAYNOR MADDOX
NEA Service Writer

With pork prices slanted budget-wise, how about collecting a few delicious recipes on the subject?

From the cooking experts of the Bureau of Human Nutrition and Home Economics come these—

Sweet-Sour Spareribs Chinese Style
(Serves 4)

Two pounds spareribs, 1 1/2 cups water, 1/4 cup raisins, 1/2 teaspoon salt, 2 green peppers, cut in 6 pieces each, 1 1/2 tablespoons cornstarch, 1/4 cup sugar, 1/4 cup vinegar, soy sauce.

Cut spareribs into serving portions and brown in a frying pan over moderate heat about 5 minutes on each side. Add 1/2 cup of the water, the raisins and salt. Cover pan tightly and cook over very low heat for 20 minutes. Add green peppers.

Stir in cornstarch blended with sugar, vinegar and 1 cup of water. Cover and continue cooking over low heat for 30 minutes. Stir occasionally and add more water as needed to prevent drying. Before serving add soy sauce to taste.

Baked Spareribs
Bake in moderate oven (325 degrees F.) until the meat is tender—about 1 1/2 hours. Baste several times with a barbecue sauce. Still on the budget subject, they

Roseburg Moose Lodge Sets Sunday Initiation

The Loyal Order of Moose, Roseburg lodge 1037, will hold an initiation Sunday, March 19, at 1:30 p.m. Ceremonies will take place at the lodge hall on south Stephens street. A class of 80 candidates is anticipated and the local ritual team will conduct the initiation. Members are urged to remind their candidates to be present. At 4 p.m., following the initiation, refreshments will be served, at which time the ladies are invited to join their husbands.

Ghost towns in the west sometimes come to life through new ore discoveries, tourist trade or winter sports.

give this leftover recipe:

Meat and Macaroni Salad
(Serves 5-6)

Two to three cups cooked macaroni, 1 tablespoon chopped onion, 1 cup chopped celery, and leaves, 1 cup chopped cooked ham or beef, salad dressing, salt and pepper to taste. Cut the cold macaroni into small pieces. Mix lightly with the other ingredients. Chill and serve on crisp lettuce.

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Thur., Mar. 16, 1950—The News-Review, Roseburg, Ore.

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