# Gaining, Losing Weight Business Matter With Tester Of Equipment



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supervisor.

Three or four times a year I put on as much weight as I can, and then take it off with massage rollers.

put on as much weight as I can, and then take it off with massage rollers.

"We have machines for every place you want to reduce—calves, hips, arms, back, waists or thighs, I test each machine by taking weight off myself."

She keeps an elaborate chart during the whole process—snowing the changes in her own measurements as she builds her weight up, then takes it off.

We went into the gym, which was full of strange instruments and resembled a medieval torture chamber. There were two fat lady customers present. One was bent over a machine that kept thumping her in the stomach mildly with a series of wooden rollers.

The second fat lady was harnessed in a gadget that kept rolling several tightly clamped elastice wire springs up and down ner thighs. "Does it tickle?" I asked.

"Does it tickle?" I asked.
"No, no, indeed," she said, "It feels rather good."

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I took her word for it.

Both plump ladies looked with a sigh of envy at shapely Miss Suskind, whose weight is now in the downward cycle. She explained that the most she had ever got her weight up to was 126 pounds, but that now she was down to 108—and still losing. "I can put on as much as 12

down to 108—and still losing.
"I can put on as much as 12
pounds in four weeks by eating candy and starchy things like spaghetti, noodles and mashed potatoes," she said. "When I'm gaining I always go to bed with a full stomach and get lots of sleep."

This system is harder on her husband than it is on her.
"He really doesn't like me to gain—he wants me to stay slim," and he doesn't suffer from it. He's underweight himself. He gets everything fattening to eat

"Entreme of slim her can Association for the Advancement of Science. He is the friend of many scientists and of the late thomas Edison.

He insists, however, he is still just a country kind pursuing a hobby." His book has been praised both for its accuracy and its

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"And he doesn't suffer from it. He's underweight himself. He gets everything fattening to eat and has beer at every meal—and still he doesn't put on an ounce."

One aspect of Fay's job might make it attractive to many women. She finds it necessary to maintain two complete wardrobes —one for the upsurge, one for the downbeat.

"The advantage of mechanical massage," she said, "is that it enables women to remove fat from any part of the body they desire. It gives them control over their psysical contours."

The trouble with having to test different reducing machines, however, is that sometimes Fay

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Jack Fensler and Herbert Kirby pulled John Kittle away from
the flames, but were unable to
approach the wreckage to rescue
the other two because of the intense heat. They said they heard
one of the doomed occupants
screaming for help.

Mrs. Valmont Kittle told newsmen her husband and his brother had planned to hunt near
Klamath Falis with Ted Lawson,
one of the fliers on the famed
Doollittle raid on Tokyo in the

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Tues., Oct. 25, 1949-The Naws-Review, Roseburg, Ore.

PORTLAND, Ore. Oct. 24—An ex-Portland pilot and one of two California brothers he was flying to Klamath Falls on a duck hunting trip died Saturday in the crash of a plane on a ranch near Tulciake, Cal.

Dead were Claude Stephens Tulelake, Cal.

Dead were Claude Stephens, 25, Klamath Falls, for two years an instructor at the Sportsmen's Air Park in Portland, and Valmont Kittle, 49, Los Angeles, Kittle's brother, John Harvey Kittle, 34, proprietor of a sporting goods store at San Gabriel, was thrown clear of the plane when it fell on the Clark Fensler ranch two miles west of Tulelake, It overturned and burst into flames 150 yards from the ranch house.

early days of World War II and author of "Thirty Seconds Over Tokyo." Lawson was reported to be en route from Scattle to Klamath Falls when the crash occurred.

The starfish attaches itself to an oyster, secretes a fluid which narcotizes its victim and then feeds on the oyster meat by in serting its stomach between the shells.

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