



AIDS TO MARKSMANSHIP—A competitor on the 1,100-yard range in the national rifle shoot at Bisley, England, straps his forehead and left knee, using his right knee as a rest.

Five Ways Listed For Drinkers To Stay Permanently On Water Wagon

By ALTON L. BLAKESLEE
Associated Press Science Reporter
NEW YORK—There are five ways to help alcoholics to get and stay on the wagon.
Special drugs that make the drinker sick are one way. The newest of these drugs is Antabuse. By itself, it doesn't do anything to a person. But if he takes a drink afterward, he becomes sick, with nausea, hot flashes, a gripping sensation in the chest, pounding pulse, loss of appetite, weakness and other effects.
Another drug, emetine, causes vomiting. It is given just before the person is given a drink of anything he wants. The sickness is violent. After four to

eight such treatments, most patients for months or years afterward can't stand the taste or sight of a drink, even when they don't receive the drug first.
Neither drug is a cure for alcoholism. No cure is known. The chronic drunkard can reform, but usually can't take even one drink again without starting off on a binge. The drug treatments help, if the drinker sincerely wants to stop. They are dangerous, however, and must be used by trained doctors.
A second approach is psychological. Chronic drinking may be due to some emotional problem or frustration. If this is straightened out, the reason for the com-

pulsion to drink may be removed. So-called sleep drugs may be used to get the patient to talk and remember things he has forgotten about, but which may explain to a doctor or psychiatrist why the person acts as he does.
A third approach is morale-building or spiritual, as typified by Alcoholics Anonymous. Here the drinker gets help and encouragement from people who faced the same problem, and licked it. The co-founder of the organization says about half of its 80,000 members never took another drink. One-fourth fell off the wagon once or twice before succeeding, while the other 25 per cent failed.
Fourth is a new legal approach to get alcoholics treated as sick people instead of tossing them into jails to sober up and then go free. A few states are tackling the chronic drinker as a public health problem, setting up facilities to give them medical care and rehabilitate them.
Fifth are studies of body chemistry and how chronic drinkers may differ from other people in their physiological make-up. Such studies may show why people differ so much in the effects that alcohol produces on them. They lead to ways of telling which people are most susceptible to alcohol, and in danger of developing into drunkards.

IOOF Encampment Will Hold Meet In Eugene
EUGENE, July 25. — (AP) — Wima-whala Encampment No. 6, I. O. O. F., of Eugene, will be host Aug. 6 to the grand encampment officers and encampment of California, Idaho, Washington, British Columbia and Oregon. The meetings will be at an outdoor meeting area in the Coburg hills, known as Beersheba, and all encampment degrees will be conferred there.
The grand patriarch of California will make an official visit to Eugene at this time, and the grand master of California will also be here. The grand encampment officers of Oregon will attend in a body. Teams from Portland, McMinnville and Vallejo, Calif., will confer the degrees.

Explosion Kills Woman, Injures Family Members
SUFFIELD, Conn., July 25. — (AP) — A terrific explosion which literally blew a seven-room dwelling apart, killed a woman, critically injured her husband and injured their two sons here Friday night.
The woman, Mrs. Howard B. Caldwell, 50, died almost instantly, the medical examiner said, when the blast razed the two-story frame dwelling on Bridge street.

Priestly Tibetan Rulers Kick Out Chinese Officials

CANTON, China, July 25. — (AP) — The priestly rulers of Tibet have kicked out Chinese government officials in the latest effort to smash Chinese influence in that remote island at the top of the world, qualified Canton sources reported.
The Chinese Nationalists claim suzerainty (a sort of feudal control not so definite as sovereignty) over Tibet.
A Chinese diplomatic mission, a radio station and school long have been maintained at Lhasa, the remote capital in the Himalaya mountains.
Canton sources said that on July 7 the Tibetan state council — the Lamas who rule in the name of the teen-age Dalai Lama — ordered all Chinese government personnel out of Tibet within two weeks.
The informants said the Chinese departed immediately for India. They hinted that British influence may have caused the Tibetan action. Britain and China long have vied for paramount position in the country.

Melrose

By NETTIE WOODRUFF
Mr. and Mrs. Charles Cring and daughter, Wendy, left Saturday for Seattle, Wash., where they will be the guests of Mr. and Mrs. John Shiach. Tuesday, Wendy will undergo a major operation at Providence hospital.
Vincent and Earl Preshern and T. B. Busenbark spent several days this week fishing at the coast.

Mr. and Mrs. T. H. Pargeter of Roseburg are planning to start construction of their new home this week. They will build on the property they have purchased from Tence Busenbark.
Mr. and Mrs. Donald Mulder of Los Angeles, Calif., have been visiting at the Wesley Topping home for the past ten days.
Mr. and Mrs. Floyd Simpson and daughters of Doerner district, returned to their home Tuesday from Davenport, Iowa, where they were called by the death of Mrs. Simpson's father.
Mr. and Mrs. D. N. Busenbark left last Saturday for San Francisco to attend the National County Officers convention.
Mrs. Ray Doerner spent last week at the home of her brother and sister-in-law, Mr. and Mrs. Douglas, at Klamath Falls, where she helped care for their new son.
Mr. and Mrs. A. "Red" Eckhart have gone to Aberdeen, Wash., on business for a couple of days.
Mr. and Mrs. Hugh Lackey of Eugene and their son, Gary, are visiting with the formers' mother, Mrs. Paul Kreuger, in Roseburg.

Mr. and Mrs. Joe Matthews spent last Sunday in Ashland, attending to business.
Henry Conn and son, Woodrow, spent several days in eastern Oregon this week looking after business interests.
Mrs. Wade Worthington of Days Creek visited at the home of her parents, Mr. and Mrs. H. P. Conn, last Tuesday.
Mr. and Mrs. Dale Hatfield and sons of Dixonville and Mr. and Mrs. M. C. Doyle and sons enjoyed a wiener roast and picnic at the C. E. Reece home last Friday evening.

Dispute Caused Arrest Following Gun Firing

NEW YORK, July 25. — (AP) — A dispute early today over whether a man should borrow money from a woman had this chain of consequences:
A rifle was fired but no one was hit; a man leaped from a window and was seriously hurt; another man fell into the East River, and later was booked on felonious assault charges.
Police gave this account:
William Sarich, 37-year-old cab driver, approached a party in a second-story restaurant and borrowed \$5 from Martha Kelly Jackson, 40. William Levadas, 31, and another man present, objected, saying a man shouldn't borrow from a woman.
The argument hit a climax when Sarich produced a rifle and fired at Levadas, who, unhurt, leaped from a window to the ground, suffering a possible broken neck.
Police later picked up Sarich, who said he had thrown the rifle in the East river. Taken there to help police search for it, he fell in. Dragged out by police, he was taken to a station house and booked on assault charges.

Elliott's Supporters Launch Defense Plans

PORTLAND, July 25. — (AP) — Supporters of Sheriff M. L. Elliott, whose tenure is under fire in a recall movement, have begun to defend the young democratic official via radio broadcasts.
Elliott is scheduled to speak to his Multnomah county constituents next Friday in a radio address. Radio announcements of the speech have urged electors not to sign the recall petitions until they have heard the sheriff tell his side of the dispute.
The announcements claim the sheriff "has stepped on political



EYE FOR SALE — Paul Richter (above), 46, unemployed painter of Kansas City, Mo., who has offered to sell his left eye for \$5000, covers his right eye and reads a calendar on opposite side of room. He made the offer as a last desperate hope of prolonging his wife's life. Richter hopes that with the money she could spend her remaining days on earth "in peace and comfort." His right eye is slightly impaired because of an accident a few years ago.

Oregon Industrial Accidents Show Decrease

There has been a monthly reduction of approximately 300 industrial accidents in Oregon, during the first five months of 1949 as compared with the first five months of 1948 received by the State Industrial Accident Commission, according to a cumulative report issued by the commission.
This report shows that a total of 16,432 industrial accident claims have been received at Salem covering the period of from January 1 to May 31 as against the 17,868 claims received during the same five months of 1948.
This reduction is reflected in the "all industry" frequency rate of accidents of 47.89 as against the 1948 rate of 56.28. The frequency rate is determined by the number of lost time accidents based on one million man day's work.
During this period there was a reduction of 390 industrial accident claims received from the logging industry in western Oregon and sawmilling in western Oregon showed a reduction of 352 claims.
Eggs of ducks, geese, ostriches, plovers, alligators, crocodiles, turtles, penguins, gulls, albatrosses and pelicans are all important parts of the diets of peoples in some part of the world.
The coyote now has expanded its territory from the west east to Ohio, and north to Alaska.

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