

A Safeway Chuck Roast provides generous portions of tender, delicious meat... so your meat money goes farther. It's got the same good meat flavor as a rib roast, eats tender as a T-Bone. Just you taste and see!



# CHUCK ROAST from SAFEWAY

Cut from the same sides of beef as Safeway's finest steaks and roasts—guaranteed tender, juicy, delicious, or money back.

PER LB.  
**55c**

**Yes!**  
CHUCK ROASTS, too, are cut "WASTE-FREE" at SAFEWAY

For example: all excessive fat and protruding bone is cut away—before weighing, mind you—so that you don't have to pay for waste parts you can't use. This waste-free trimming of meat applies to other roasts and to chops, steaks and other cuts, too. That's why Safeway Meat prices represent real value, every time!



### Other Waste-free Meat Values

- Standing Rib Roast**  
Safeway Guaranteed Lb. **65c**  
Beef. Trimmed Waste-free
- T-Bone STEAKS**  
As tender as you could wish Lb. **79c**
- Pork Roast**  
Meaty Shoulder Cut Lb. **49c**
- Pork Loin Chops**  
Just the lean center cuts Lb. **69c**

**BACON**  
By the piece  
Buy it in the slab and save Lb. **69c**

Swift's Boneless  
**VEAL ROASTS**  
Lb. **59c**

- Link Sausage**  
Nice and Meaty—Won't fry away to nothing. Lb. **59c**
- Skinless Wieners**  
An economical dinner Lb. **49c**
- FRYERS**  
Eviscerated—disjointed Ready for the pan Lb. **75c**
- ROASTERS**  
Ready for the oven Lb. **75c**
- Fricassee Fowl**  
No waste—Ready for the pan—Fine stews, too Lb. **65c**

### BEEF POT ROAST

- 4 lbs. beef chuck
- 3 tbsps. lard
- Clove of garlic
- 1 cup water
- (if desired)
- 1/2 tsp. Worcestershire sauce
- 3 tps. salt
- 1/4 cup chili sauce
- 1/4 tsp. pepper

Rub meat thoroughly with bruised clove of garlic. Add salt and pepper. Brown pot roast slowly on all sides in hot lard melted in heavy kettle with tight-fitting lid. Add water, Worcestershire sauce and chili sauce. Cover and simmer gently until meat is tender, about 3 1/2 hours. Turn meat occasionally. Add more water, if necessary, a little at a time. Make gravy by thickening liquid with flour smoothed in water (1 tbs. flour to each 1 cup of liquid). Serve 4, with leftovers.



### Do You Know About Our WASTE-FREE Sea Foods

Yes, Safeway offers you finest quality Sea Foods—Ready for the pan. No Waste. No mess and a wide variety from which to select. Uniform high quality—your satisfaction guaranteed.



- SALMON STEAKS**  
Waste-free. Ready for the pan. Delicious flavor—every bite tasty. Lb. **69c**
- HALIBUT STEAKS**  
Waste-free. Ready for the pan. Cooks white and flaky. Fine flavor. Lb. **59c**
- FILLET OF SOLE**  
Boneless—No waste (just broil or fry). Fleeshy, delicious white meat. Lb. **48c**
- Smoked Cod Fillets** ... lb. **53c**
- Salt Codfish** ... 1-lb. pkg. **53c**
- Kipperd Salmon** ... per lb. **73c**

## Be sure... shop SAFEWAY

**Cream Corn**  
Country Home Yellow, sweet fancy corn No. 2 can **17c**

**Peach Slices**  
Slices O' Gold brand Freestone Peaches No. 2 1/2 can **29c**

### Fruit and Juice Values

- Apricot Halves Petite—Usp. 2 1/2 can **27c**
- Kadota Figs Reedley No. 2 1/2 can **25c**
- Oregon Peaches Jersey-Sliced 2 1/2 can **29c**
- Apricot Nectar Heart Delight 12-oz. can **11c**
- Peach Nectar Highway 12-oz. can **11c**
- Tomato Juice Sunny Downs No. 2 can **10c**

### Packaged Foods

- Figs White 2-lb. pkg. **39c** Black 2-lb. **29c**
- White Rice Pearl 5-lb. **79c** 3-lb. **49c**
- Small White Beans 2-lb. pkg. **43c**
- Lima Beans California—Large 2-lb. pkg. **65c**
- Red Beans Idaho 2-lb. **39c** 5-lb. **89c**

### Spreads—Etc.

- Jelly Tea Garden, Straw-Apple 12-oz. **31c**
- Apricot Preserves Duke Ranch 1-lb. jar **27c**
- Loganberry Preserves Shady Oak 1-lb. **29c**
- Raspberry Preserves Shady Oak 1-lb. jar **35c**
- Strawberry Preserves S. Oak 1-lb. jar **39c**
- Orange Marmalade King Kelly 2-lb. jar **39c**
- Peanut Butter Beverly 1-lb. jar **37c**
- Strained Honey Desert Bloom 5-lb. **\$1.29**
- Sleepy Hollow Syrup 12-oz. bottle **24c**



Let's talk about Some **LOW** Cost-of-Living **VALUES!**

Let's see how we can make living costs lower. These values are only a few of the attractions you will find at Safeway.

- Salad Dressing Cascade Pint **21c**
- Corned Beef Hash Libby No. 2 can **29c**
- Baby Lima Beans 2-lb. pkg. **35c**
- Tomatoes Gardenside No. 2 can **19c**
- Sliced Beets Highway No. 2 can **10c**
- Marmalade Fall's—Orange 1-lb. jar **15c**
- Fancy Spinach Emerald Bay No. 2 1/2 can **17c**
- Tomato Sauce Gardenside can **5c**
- Airway Coffee Fresh Whole Bean 1-lb. bag **43c**
- Nob Hill Coffee 1-lb. bag **45c**
- White Magic Bleach Quart **11c** 1/2-gallon **19c**

### Coffee Values

- Edwards Coffee lb. **50c** 2-lb. **99c**
- Nob Hill Coffee 2-lb. bag **89c**
- Airway Coffee 1-lb. bag **\$1.28**
- Hills and M.J.B. Coffee 1-lb. can **53c**
- Maxwell House Coffee 1-lb. can **53c**
- Golden West Coffee 1-lb. can **53c**
- Chase & Sanborn Coffee 1-lb. can **53c**
- Sanka Drip Coffee 1-lb. can **59c**
- Sanka Instant Coffee 2-oz. jar **45c**
- Borden Instant Coffee 2-oz. jar **39c**

### Miscellaneous Values

- Pabst-ett Cheese 4 1/2-oz. pkg. **29c**
- Goudas Cheese Maybud—baby 11-oz. **59c**
- American Cheese Dutch Mill 2-lb. **\$1.09**
- Ripe Olives Monterey Inn No. 1 can **12c**
- Ripe Olives Ebony—Medium 4 1/2-oz. **15c**
- Tomato Ketchup Heinz 14-oz. bottle **25c**
- Chili Sauce Manana 1 1/2-oz. bottle **23c**
- Mayonnaise Piedmont Quart **85c**
- Salad Oil Mazola Pint **47c**
- Cider Vinegar Heinz Quart bottle **21c**
- Sno-White Salt 4-lb. pkg. **13c** 24-oz. **5c**
- Cat Food Fuss N' Boots 8-oz. can **8c**
- Cigarettes Popular brands Carton **\$1.39**

**Sunnybank Margarine**  
The margarine with the sweet, fresh flavor Lb. **39c**

**Fancy Pitted Dates**  
Sair brand 1-lb. cellophane pkg. **29c**

### Soft Drinks—Candies

- Sno-Cola Cola Beverage 2 quarts **27c**
- Root Beer Cream 2 quarts **27c**
- Orange Soda Golden Bubble 2 quarts **27c**
- Lemon Drops Ultra Fine 4-oz. pkg. **10c**
- Hard Candy Ultra Fine 1-lb. pkg. **19c**
- Candy Bars Solo Cub each **4c**

### Soaps and Bleach

- Toilet Soap Sierra Pine Bar **11c**
- Toilet Soap Cashmere Bouquet 2 bars **25c**
- Swan Soap Regular size bar **12c**
- Su-purb Soap Granulated 24-oz. **37c**



EAT MORE Fresh FRUITS and VEGETABLES and help LOWER THE COST OF LIVING In Your Family!



## APPLES!

For cooking or eating—Safeway has the apple for your purpose. Buy now during the Grower-Consumer Campaign

- Winesaps Extra fancy and fancy lb. **3/25c** Box **2.98**
- Red Delicious Extra fancy and fancy lb. **3/25c** Box **2.98**
- Red Beauties Extra fancy and fancy lb. **12c** Box **3.89**

- AVOCADOS Famous Calavos, Ripened! lb. **39c**
- TABLE GRAPES Crispy—Red Emperors, lb. **12 1/2c**
- BROCCOLI Garden fresh, bright green lb. **15c**
- CARROTS Smooth uniform sizes—No tops lb. **12c**
- CAULIFLOWER White heads solidly formed lb. **13c**
- PARSNIPS Full flavor—Fresh and firm lb. **9 1/2c**
- SWEET POTATOES Always welcome lb. **13 1/2c**
- SOUTHERN YAMS Try them candied lb. **12 1/2c**

## Grapefruit

Inexpensive and at their best. Serve them often.

- TEXAS PINKS lb. **8c** Half Box **2.50** Full Box **4.95**
- DESERT WHITES, lb. **5 1/2c** Half Box **1.39** Full Box **2.69**

## LEMONS

Very fine quality—Thin skins. Keep some on hand.

Lb. **13c**