

Eat Vegetables, Spurn Meat, Farm Leaders Advise

By PAUL W. HARVEY, JR.
SALEM, Ore., Oct. 18.—(P)—Housewives are finding it hard to stretch their family food budgets because of the high prices of meat, dairy and poultry products, but the OSC extension service and the U. S. Department of Agriculture has a solution.

That is, become a vegetarian until prices come down. Large supplies of fruits and vegetables are available at relatively reasonable prices because of the large harvests of many crops. Farm officials predict there will be more consumption of fruits and vegetables until meat, dairy and poultry prices drop.

A record citrus crop is now starting to market. Apple production in the Northwest is above average, and the pear crop is much larger than usual. Prune supplies are large, grapes are above average, and the cranberry harvest will set a new record.

Oregon's pack of canned fruits will set a new record, too, with most of the large supplies going to civilians. Imports of tropical fruits are increasing.

Supplies of potatoes, truck and fresh vegetables will be ample. The onion crop is up 50 per cent. Production of 13 vegetable crops is 3 per cent more than the record established last fall, and 43 per cent above average.

Prices Forced Down
However, production of green peas, carrots, cabbage and possibly tomatoes is below last year, although still above average. All of this means is that prices of fruits and vegetables are being forced down.

The OSC extension service says traders are getting worried about consumer resistance to high prices of dairy products, particularly milk and butter. But the shortage of margarine, cooking fats and oils helps to keep butter prices up above 90 cents a pound.

Butter sales are considerably less than a year ago, indicating housewives are using as little of it as they can.

Prizes Posted for Essays by Green Guards of Oregon

SALEM, Ore., Oct. 28.—Oregon's 22,000 Green Guards, the junior members of the Keep Oregon Green Association, are invited to participate in the annual Green Guard essay contest to compete for cash and other valuable prizes, according to Dean Paul M. Dunn, state chairman of Keep Green.

Forty-two prizes will be offered the boys and girls of Oregon who are members of the youth division of Keep Oregon Green for the best essays on "Why I Am a Green Guard." In order to insure equal competition, Green Guard participants will be classified by age groups: Seniors, over 15 years; Intermediates, 10 to 15 years; and Juniors, under ten years.

First prize winner in the senior group will receive a 15-jewel Bulova wrist watch, second prize will be \$10 in cash, and there will be six third prizes of \$5 each and six fourth prizes of \$3 each. In the intermediate group the first prize will be a bicycle, with second, third and fourth place cash

prizes same as seniors, and the junior group will receive a first prize bicycle with cash prizes identical with the two older classes.

AAA Boards Now Ready for Reports

Farmers who have completed all practices planned under this year's agricultural conservation program may file their performance reports with the county AAA committee at once, according to E. Harvey Miller, chairman of the state PMA committee.

In most counties, farmers are asked to bring their reports to the county office or to a meeting called for that purpose in their community, Miller said. Field inspections generally will be made only for those practices involving earthmoving or other construction work.

Evidence as to amount and quality is required in connection with practices involving seeding, application of lime, phosphate and sulfur, and use of chemical weed killer. Purchase receipts, invoices and analysis tags are acceptable for that purpose. Cost statements may be required in connection with certain practices.

Miller asked cooperators to file their reports promptly when all conservation practices have been completed. All reports must be approved by the community committees for the community in which the farm is located before an application for payment can be submitted.

On the average Americans consumed 100 pounds of sugar per capita annually before World War II, compared with 29 pounds for the world as a whole.

Lure of Oregon Pointed Out by Visiting Editor

The population of the entire midwest seems to be bent upon moving to the Pacific Northwest reports H. B. Perrine, publisher of the Shum Springs (Arkansas) Herald, who visited in Roseburg briefly Thursday.

"Everywhere I went in my own state of Arkansas and in neighboring states, I found the people talking about Oregon, Washington and California," Perrine said. "I decided to come out and learn what had created this determined shift in population. After looking things over, I've about decided I'll be here to greet my friends when they arrive."

Men returning from military service have been extolling the Pacific Northwest where they were in training, Perrine said. "They have been telling us of your marvelous, mild climate, your great resources, and particularly of your hunting and fishing," said the Arkansas publisher, who heads a weekly newspaper with nearly 40,000 circulation. "Being an ardent fisherman myself, I have been easily sold on Oregon."

Perrine expressed surprise that net fishing for salmon was permitted in coastal streams and stated his opinion that Oregon residents should take action to protect their wildlife resource in prospect of the great influx of new population definitely trek-

A new system of block-section signals fitted with powerful electric lights and controls installed on British railways enables trains to run closer together at higher speeds with increased safety, and eliminates fog dangers.

The oldest existing printed book is a Buddhist sacred text dated 868 A. D.

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Since metal supplies are still limited, there may be occasional shortages of Hills Bros. Coffee in cans in your neighborhood.



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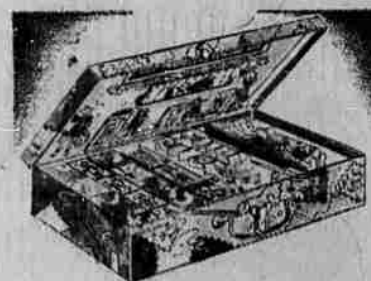
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Little Mother's Sewing Set Only 98c

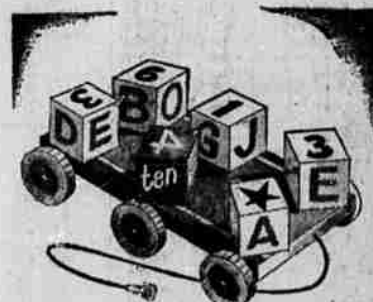
To keep little fingers busy here's a big sewing kit with complete equipment! Includes a 6 1/2-in. domestic doll with movable arms, pieces colored material, patterns, thimble, needle, thread, etc.

Parker Brothers Monopoly

350 Buy on Wards Layaway Plan

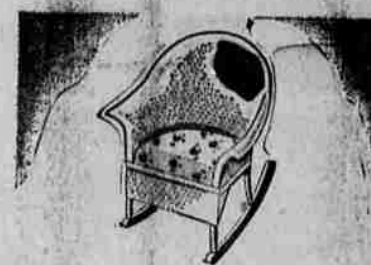
America's most popular board game!

Yes, Monopoly is still the most exciting board game! It's the thrill of dabbling in the real-estate market and handling thousands of "dollars." Lots of fun and action for adults and teen-agers. For 2 to 10 players. Game includes buildings, deeds, "money," dice. Board 19 1/4 in. sq.



Clever Whirling Blox Pull Toy 189

An ideal gift for the toddler! The six hollow plastic blocks whirl as wagon is pulled along! Blocks are removable and may be used separately. Colors are harmless; blocks can be cleaned. 9 inches long.



A Fiber Rocker for Youngsters 675

A comfortable rocker like the big folks have! Has solid back and arms and a removable padded cushion covered with cretonne. Sturdily built with steel brace on front. Rolled 24" high.



The Playskool Nod-Out Bench 150

A toy that will fascinate children... teaches hand and eye coordination! Hammer in one peg another pops out from the end. Wood bench is 10" long. Colorful wood pegs and smooth wood mallet!



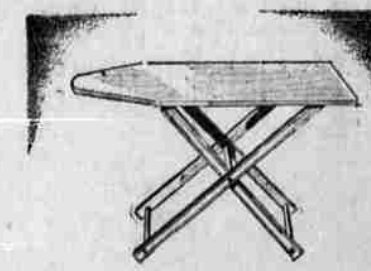
Washable, Lovable Soft Animals each 219

Be sure to see others in this fine assortment of audibly animals! Daytime playmates and bedtime favorites of little boys and girls. Large, colorful and superbly made. Wipe clean with a damp cloth.



Assortment of Books 25c to 150

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